City and state in lockdown mode
Emergency actions taken to control coronavirus
By Ken Smith

Swiping measures were taken in the city of Boston and throughout the state to constrain the coronavirus (Co-
v1d-19), guided by the Massachusetts Department of Public Health (DPH) and the federal Centers for Disease Control
and Prevention (CDC).

On March 10, Gov. Charlie Baker declared a state of emergency. What fol-
lowed were a series of swiping measures that have put the state in lockdown mode.

The governor announced a three-week suspension of all public and private schools in the Commonwealth, which began March 17 and will con-
inue until Monday, April 6. Mayor Marty Walsh went a step further, announcing that all Boston public schools would be closed for six weeks, through April 27.

“Our administration is taking these rapid steps to protect the health and safety of our residents to mitigate the spread of Covid-19,” said Gov. Baker at one of several press conferences held in the last week. “We know that a lot of the measures we are putting into place, in-
cluding mandatory school closures and prohibiting gatherings of 25 people or more, will cause disruption in people’s day to day lives. With the steps we are taking today, we can ensure residents can still access key state services while taking necessary precautions to limit the spread of Covid-19.”

Colleges heeded the recommendation of the Department of Higher Educa-
tion and DPH, closing in-person classes, and shifting to remote teaching. Most on-campus housing units are empty of residents now, except those students who stayed because they could not safely return home.

The governor also issued an emergency order limiting gatherings to 25 individuals and prohibiting restaurants and bars from serving patrons food or drink, which began March 17 and will remain effective until April 6; however, restaurants are allowed to offer take-out food service.

 Hospitals are no longer conducting non-essential elective procedures, and
See page 2, Emergency Action.

Advocates call for complete participation for 2020 Census
By Jingfei Cui

Community activists and elected officials urged all residents to partici-
pate in the 2020 Census during a forum at the Metropolitan community room.

March 9. Census guidelines were pro-
vided by advocates, who stressed the importance of getting everyone counted in the census, which is conducted every
10 years.

“There’s so much at stake,” said Carolyn Chou, executive director of the Asian American Resource Workshop. She said over the next 10 years, Mass-
achusetts could get as much as $600 million in federal funding for health education, housing care, transportation, and more, but the funding amount is based on the number of people counted in the census.

The resources depend on participation in the Census.

Everyone counts, regardless of their immigration status, age, whether they have disability or not, or where they live,” said Boston City Councillor Ed Flynn. Flynn represents District 2, which includes Chinatown.

Flynn cited the federal Supplemental Nutrition Assistance Program (SNAP, formerly food stamps) that provides food for children and families in need.

“If we don’t get an accurate count, we lose 10 years of opportunities,” Chou said.

See page 2, 2020 Census.
that’s the type of program, unfortunatel y, will be cut,” he said.

Residents can complete the census online as well as over the phone, or through paper forms, though online is recommended, said Sebasti an Zapata, deputy director of state relations and Boston Census liaison. The Census count will take place from March 12 to July 31, with Census Day on April 1. Starting mid-May, the Census Bureau will contact households that have yet to respond. Residents can start responding to the Census this Thursday, Zapata said. Every household needs to fill out one form.

Chinese Progressive Association Executive Director Karen Chen said there are eight Census questions, but there will be no question about an individual’s citizenship, and the question regarding ethnicity is optional. All people and children born before April 1 are counted, as long as they live at the address. All information in Census responses remain confidential.

Census information is protected under Title 13. “We cannot provide any identifying data to any government entity, including Immigration and Customs Enforcement,” said Tom Olson, U.S. Census Bureau associate director for field operations. “This is the strongest law on the books for confidentiality.”

Assistance will also be available in a number of community centers, and, for the first time, the Census will be provided in 13 languages, including Cantonese and Mandarin Chinese, Spanish, English. The Census Bureau is hiring bilingual Census workers, with salaries starting at $27.50 an hour, said Jeff Behler, director of the New York Regional Census Center.

Ling-Mei Wong contributed to this article.

2020 Census
Continued from page 1

Elders learn about cardiac health

Kimberly Monette (speaker) and Bass Lin (translator) participated in a workshop "Cardiac Health for Women" at the Hong Lok House Senior Center on March 6. (Photo by Anji Zhang)

By Anji Zhang

Located at a meeting room at the Hong Lok House Senior Center, around 40 elders joined a workshop “Cardiac Health for Women,” organized by the Chinese Women’s Association of New England at its March 6 meeting.

Two speakers attended the workshop, both employees of Anette Rahub, a rehabilitation center based in Salem serving older adults.

To the audience, Kimberly Monette, Massachusetts Clinical Supervisor, talked about cardiac disease and ways to prevent it, and Nancy Van-Benschoten, Director of Business Development, offered information about a heart test.

To take care of elders from China-town who are not fluent in English, Bess Lin, Program Director of Greater Boston Chinese Golden Age Center, served as the translator. During the Q&A session, the audience actively raised their hands to ask questions.

"By the time that we were 80 years old, our hearts has beaten 3 billion times, which means it works really hard during our lifetime,” Monette said.

Even if people do all the things right, she added, the deterioration of the heart is inevitable, so people have increasingly higher risk of getting heart disease as time goes by.

Patients with other health ailments have a higher risk of getting cardiac disease, she said. For example, 70 percent of first-time heart attack victims have hypertension, Monette said.

Diabetes is another huge cause of cardiac disease. Monette posed a question to the audience, “What percentage of people do you think with diabetes end up dying of heart disease? Twenty per cent? Fifteen percent? Sixty percent or 80 per cent?” One audience member said “Almost” triggering a burst of laughter. She is close, said Monette. The answer is 65 percent, she answered.

China is the country with the highest number of diabetics worldwide, with around 116 million suffering from the disease, according to statistics published by John Effien.

Some of the general causes of heart disease like age and genetics are internal, meaning we have little control over these. However, external causes are something we can control by being proactive to prevent heart disease. Monette suggested the concept of “Life’s Simple Seven” to not only take care of one’s heart but their whole body.

She recommended doing these seven things: People should get active and do more exercise; people who smoke can try to quit; maintain a healthy diet; losing weight is suggested for those with obesity; managing blood pressure, lowering cholesterol, and reducing blood sugar can all lower the risk of getting heart disease.

Following Monette’s speech, Van-Benschoten offered some specific tips for keeping a healthy diet. She pointed out that controlling the input of white rice is especially important for people with high blood sugar.

“I love sticky rice. I love it,” Van-Benschoten admitted. However, she suggested to try not to eat too many carbohydrates for breakfast, and to cut out rice for dinner and increase the amount of vegetables.

Van-Benschoten recommended fatty fish as healthy anti-inflammation food, which can also promote the body’s internal system to run more smoothly and prevent heart disease, diabetes, etc.

“Remember, it’s everything in moderation,” Van-Benschoten said. If you crave for dessert, you can eat it as long as it’s small, she said.

The City of Everett is seeking a qualified professional to serve as the Chief Diversity and Inclusion Officer. The role is the principal advisor to the Mayor on issues of diversity, inclusion, and equitable practices throughout the city of Everett. This position provides city-wide direction/support/communication in the areas of diversity, inclusion and related compliance matters. The Director has a lead role in facilitating the development of strategies, policies and guidelines that advance understanding of diversity and inclusion issues across the workforce and the community. This position provides leadership and expertise as a channel for numerous divisions, a resource for the school department, and staff programs and activities to promote inclusive excellence and welcoming environments for all. Master’s degree preferred in organizational development, counseling, human resources or related field, and seven to 10 years of progressively responsible related experience, two of which were in managerial capacity. Bilingual strongly preferred.

Please email cover letter and resume to HB@everett.ma.us or mail to Lara Ammouri, Human Resources Department, 484 Broadway, Everett, MA 02149.

March 20, 2020

Sampan

Emergency Action
Continued from page 1

licensed pharmacies have begun creat- ing and selling hand sanitizers over the counter.

The Registry of Motor Vehicles (RMV) will extend the renewal timeline of certain credentials to reduce the need for customers to visit an RMV center in person.

The MBTA and commuter rail are operating a reduced schedule, and building projects in Boston have been halted.

For those who cannot work due to the impact of Covid-19, the governor filed emergency legislation that will al- low new claims to be paid more quickly for unemployment benefits.

The administration also announced economic support for small businesses with a $20 million loan fund to provide financial relief to those that have been affected by Covid-19. The $10 million Small Business Recovery Loan Fund will provide emergency capital up to $75,000 to Massachusetts-based busi- nesses impacted with under 50 full and part-time employees, including nonprofits.

All sporting events have been can- celled for the foreseeable future, and the governor joined Mayor Walsh in filing legislation to push back the date of the Boston Marathon from April 20 to Sep- tember 14, designating the rescheduled day a legal holiday.

By waiving the one week waiting period, the governor filed emergency legislation that will al- low new claims to be paid more quickly for unemployment benefits.

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Event Calendar

Due to the coronavirus, some of these events might be cancelled. Please contact event host for more information.

The following city of Boston meetings connected to Chinatown, Downtown and Leather District have been cancelled until further notice.

- Connect Downtown Open House Series - 3/11/2020
- 2020 Housing Expo - 3/14/2020
- Connect Downtown Open House Series - 3/14/2020
- 2020 Youth Job and Resource Fair - 3/28/2020
- Happy Families program March 6 to May 29
- March 20, 2020 Sampan

Free meditation classes will take place Sundays and Thursdays (7 a.m. to 8:30 a.m. and 10:30 a.m. to 12:30 p.m.) at Boston Bodhi Meditation. People with limited mobility are welcome to join. For more information, call (781) 874-1023.

Advanced English for jobs Monday, March 23 and 30 (every Monday) 8:30 a.m. to 11 a.m. 87 Tyler Street Boston, MA 02111 The Asian American Civic Association’s Career Advancement for Professionals program is for people with a degree from their native country who needs more English and job readiness skills to attain a job related to their field of study.

Free information clinic Mondays 10 a.m. to 3 p.m. 275 Hancock Street 2F North Quincy, MA 02170 Chinese American Citizen Right Alliance will help clients at Quincy Asian Resources Inc. to provide information and referral services to Chinese Americans. For more information, call QARI at (617) 472-2200.

Free legal clinic Mondays 1:30 p.m. to 4:30 p.m. 28 Ash Street Boston, MA 02111 Greater Boston Legal Services offers free legal clinics at Chinese Progressive Association by appointment; call (617) 357-4499 for Cantonese and Mandarin speakers. Representatives are in Malden and Dorchester on select days.

Chinese Progressive Association 28 Ash Street, Boston Every Monday 1:30pm – 4:30pm By appointments only: 617-357-4499 (Cantonese & Mandarin)

Malden Senior Center 7 Washington Street Malden 2nd and 3rd Fridays of each month 9:00am – 11:45am (Mandarin)

South Cove Community Health Center 277 Commercial Street, Malden (temporary location) Every Tuesday 10:00am – 12:00pm (Cantonese & Mandarin)

VietAID 42 Charles Street, Dorchester Every Tuesday 2:00 pm – 4:00 pm (Vietnamese)

Dance with Parkinson’s classes Every Tuesday 10:30am – 11:30am 1180 Washington Street Boston, MA 02118 Free dance class designed for those living with Parkinson’s Disease at Urbanity Dance.

Water drop tea house Tuesday to Saturday 11 a.m. to 3 p.m. 711 Concord Avenue Cambridge, MA 02118 Water Drop Teahouse offers light vegetarian dishes, coffee and tea at the Fo Guang Budhist Temple.

Tech Goes Home Every Tuesday (March 3 to March 31) 2 p.m. to 5 p.m. 1458 Hancock St Unit 306 Quincy, MA 02169

Free computer course for 15 hours for Quincy residents at BCNC Quincy. Upon completion, participants are eligible to purchase a $50 Chromebook. Register at dental.tufts.edu/cheapdental or by calling (617) 635-5129 x 1020, a $50 Chromebook. Register online at https://forms.gle/hf7edEY2bnC2JTj87.

Free evening meals Every Tuesday to Friday 5:30 p.m. to 6:30 p.m. 493 Main Street Malden, MA 02148 Beer of Life offers free evening meals for low-income families and individuals in the metro North area. Evening meals are served Tuesday, Wednesday, Thursday, Friday and First Baptist Church. For more information, call (781) 397-0404.

Free health care service Every Tuesday 6 p.m. to 8 p.m. First Church in Malden 184 Pleasant Street Malden, MA 02148 The Sharewood Project offers free, unscheduled health care to the medically underserved populations of the greater Boston area. For more information please call (781) 324-8991 or e-mail sharewood.director@gmail.com.

Chinese chat group Tuesdays 6:30 pm to 9 pm 677 Huntington Avenue Boston, MA 02115 A Mandarin conversation group will meet at the Harvard T.H. Chan School of Public Health, Kresge 201 on 2F. RSVP at www.meetup.com/bostonchina/

Due to the coronavirus, some of these events might be cancelled. Please contact event host for more information.

Financial aid assistance

- Wednesdays 9 a.m. to 5 p.m. 77 Tyler Street Boston, MA 02111
- Get free assistance on college planning and applying for financial aid towards higher education.
- Service offered in Mandarin, Cantonese and English. To make an appointment, call (617) 426-9492 x 0.

Free social service clinic

- Thursdays 9 a.m. to noon 244 Harrison Street Boston, MA 02111
- Enhance Asian Community on Health will help people at American Chinese Christian Educational & Social Services with health insurance and benefits. For appointments, call EACH at (857) 472-3224.
- Give Kids a Smile Saturday, March 21 9 a.m. to 3 p.m. 1 Kneeland Street Boston, MA 02111
- Get free dental care for children ages 0-13 at Tufts University School of Dental Medicine. Register at dental.tufts.edu/gkas.
**WAKEFIELD AFFORDABLE HOUSING**

642 Main Street, Wakefield

One 1 Bedroom Condominium

Sale Price: $222,000

**Application Deadline**
April 9, 2020

For Info and Application Availability:

Pick Up: Wakefield Town Hall - Town Administration Office, Public Library

Phone: (978) 456-8388

Email: lotteryinfo@mc housingservices.com

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**BURLENT ADEFFRABLE RENTALS**

Residences at Simonds Park

160 Cambridge Street, Burlington

1 One Bedroom and 1 Two Bedroom Apartment

Rent: One/$1,631 and Two/$1,813

**Application Deadline**
April 18, 2020

For Info and Application Availability:

Pick Up: Burlington Town Hall - Selectmen’s Office, Public Library & Leasing Office

Phone: (978) 456-8388

TTY/TDD: 711, when asked 978-456-8388

Email: lotteryinfo@mc housingservices.com

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**LITLE POND PLACE**

Funding provided by the Massachusetts Department of Housing and Community Development, MassHousing Affordable Housing Trust, CEDAC, Barnstable County HOME Program, Town of Falmouth and Falmouth Affordable Housing Fund.

Public Information Sessions

Wednesday, April 22, 2020 @ 7PM &
Saturday, May 9, 2020 @ 2 PM

704 Main Street, Falmouth, MA

Community Room

ADA Accessible

Rent Includes Utilities

Not Included: Cable, Internet and Telephone

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**Affordable Housing Opportunity**

41 Spring Bars Road

Falmouth, MA 02540

Little Pond Place is a newly constructed 40 unit housing development. Rental Lottery to be held on July 10, 2020 @ 2pm

Falmouth Town Hall - Selectmen’s Meeting Room

Anticipated Move-in Date: August 15, 2020

Use and Occupancy Restrictions Apply LEP Services available

For more information or reasonable accommodations, call

Falmouth Housing Corporation 508-540-4009

TTY/TDD 800-439-2370

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**Application AVAILABLE ONLINE AT:** www.mcohousingservices.com

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**Maximum Allowable Income**

<table>
<thead>
<tr>
<th>Income</th>
<th>1 Bedroom</th>
<th>2 Bedroom</th>
<th>3 Bedroom</th>
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</thead>
<tbody>
<tr>
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<td>$38,460</td>
<td>$73,200</td>
<td>$123,600</td>
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<td>60% AMI</td>
<td>$76,920</td>
<td>$145,600</td>
<td>$246,960</td>
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<td>80% AMI</td>
<td>$102,560</td>
<td>$192,640</td>
<td>$324,120</td>
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**Allowable Household Income Per Number of Occupants Including Children**

<table>
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<tr>
<th>Monthly Rent</th>
<th>1 Person</th>
<th>2 People</th>
<th>3 People</th>
<th>4 People</th>
<th>5 People</th>
<th>6 People</th>
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</thead>
<tbody>
<tr>
<td>1 Bedroom</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
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<tr>
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<td>$19,250</td>
<td>$0</td>
<td>$22,000</td>
<td>$0</td>
<td>$27,450</td>
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<tr>
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<td>$38,460</td>
<td>$24,696</td>
<td>$43,292</td>
<td>$29,664</td>
<td>$54,900</td>
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<td>$58,600</td>
<td>$39,528</td>
<td>$65,900</td>
<td>$59,340</td>
<td>$73,200</td>
</tr>
<tr>
<td>2 Bedrooms</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
</tr>
<tr>
<td>30% AMI</td>
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<td>$22,000</td>
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<td>$24,750</td>
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<td>$27,450</td>
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<tr>
<td>60% AMI</td>
<td>$29,664</td>
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<td>$29,664</td>
<td>$54,900</td>
<td>$29,664</td>
<td>$54,900</td>
</tr>
<tr>
<td>80% AMI</td>
<td>$39,528</td>
<td>$58,600</td>
<td>$39,528</td>
<td>$65,900</td>
<td>$39,528</td>
<td>$73,200</td>
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<tr>
<td>3 Bedrooms</td>
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<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
<td>Min</td>
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<tr>
<td>30% AMI</td>
<td>$0</td>
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<td>$54,900</td>
<td>$34,272</td>
<td>$63,270</td>
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Applications Available April 1, 2020

Completed Applications must be received at Falmouth Housing Corp., 704 Main Street, Falmouth, MA 02540
by June 8, 2020 in person, faxed to 508-548-6329 or email by 5:00PM and postmarked by that date.

All Locations are ADA Accessible

Falmouth Housing Corporation
704 Main Street
Falmouth, MA 02540

Falmouth Public Library
300 Main Street
Falmouth, MA 02540

Falmouth Town Hall
Town Hall Square
Falmouth, MA 02540

Falmouth Housing Authority
115 Scorton Avenue
Falmouth, MA 02540

Mashpee Wampanoag Tribe
483 Great Neck Road
Mashpee, MA 02549

Applications available at www.falmouthhousingcorp.org
Or by calling 508-540-4009 or by e-mail: lotteryinfo@falmouthhousingcorp.org

Falmouth Housing Corporation does not discriminate on the basis of race, color, religion, sex, national origin, sexual orientation, age, familial status or physical or mental disability in the access or admission to its programs or employment, or in its programs, activities, functions or services. Disabled persons are entitled to request a reasonable accommodation of rules, policies, practices, or services, or to request a reasonable modification of housing, when such accommodations or modifications are necessary to affrod the disabled person equal opportunity to use and enjoy said housing.
A challenging time for restaurants amid Covid-19 outbreak

By Yiming Zhao

Sumiao Chen, owner of Sumiao Hunan Kitchen in Cambridge, opened a bottle of wine after meeting with the Massachusetts Restaurant Association on March 12 at her restaurant. “I’m disinfecting my mouth,” she joked.

In the past week, Chen has seen a 40 percent drop in business, especially after she said her staff has also been resistant to coming to work in imports from China. Employees have id-19 before many others in Massachusetts. Seventy percent of his staff because colleges are closing campuses and moving classes away. With Harvard University and MIT closing dorms and campuses, the situation is going to get worse since most of her regular customers are students. Other restaurants in Boston also face the same problem as BU, BC, Northeastern, Suffolk, Emerson and many other colleges are closing campuses and moving classes online.

The owner of Love Art Restaurant Group, Ronald Liu, said he is losing 70 percent of his staff because colleges are closing their dorms and students are leaving Boston on short notice.

As an owner of a Chinese restaurant, Chen started to see the impact of Covid-19 before many others in Massachusetts. Compounding her challenges, she is short on ingredients that she usually sets. Compounding her challenges, she is short on ingredients that she usually sets. She said she has faith in her business and staff. Chen still has to close 30 to 40 staff members, keeping only three managers and around 10 people in the kitchen. She will provide them with one week of extra pay and health insurance coverage.

Bob Luz, president of the Massachusetts Restaurant Association, explained that restaurant owners legally will be obligated to pay for vacation days when they lay off employees but are not required to pay for sick days.

Governor Baker announced over the weekend that restaurants will only be able to serve take-out or delivery food starting March 16. Luz advises restaurant owners, especially Chinese restaurant owners, to promote to-go and delivery service.

“I’ve never seen any cuisine that travels as well as Chinese food,” said Luz. Chen has already been working on a simplified menu that caters better to take-out service and has spent $50,000 stocking up on take-out boxes.

In the meantime, Luz advises restaurant owners to keep up with the latest news and regulations. “I used to say we live day by day, but now it’s hour by hour,” Chen has been coming to the restaurant every day even if she doesn’t need to in order to reassure her staff members that they’re in this together. Even though she has faith in her business and staff, Chen still has to close 30 to 40 staff members, keeping only three managers and around 10 people in the kitchen. She will provide them with one week of extra pay and health insurance coverage.

Bob Luz, president of the Massachusetts Restaurant Association, addressed concerns of restaurant owners amid coronavirus outbreak. (Photo by Yiming Zhao)

Ask Dr. Hang: Coronavirus anxiety relief

By Hang Ngo, Psy.D.

I’m doing everything that’s been recommended to deal with the coronavirus – a lot of hand washing, not touching my face, and not attending large social events, but I still feel very anxious. How should I deal with this anxiety?

You are definitely not alone in feeling this way during this time. First, breathe. When we are anxious, we are not breathing deeply enough, causing our breaths to be shallow and quick, creating tension in our chest. When we are not breathing enough, our bodies are tense, reinforcing the anxious thoughts and feelings in our minds. It can be a stubborn cycle to break.

To breathe slowly and deeply, do a slow count of three as you breathe in, noticing how your lungs fill up. Then do a slow count of four as you breathe out, noticing how your lungs deflate. Keep trying this until you feel calmer.

Once your breathing and your body are calmer, your mind is clearer. Now you can reflect on what you have control over and what you don’t. You are already doing what you have control over by following the recommendations to reduce risk of contracting the virus. You can practice ways to manage your anxiety.

Recognizing what you don’t have control over is terrifying. This terror feeds anxiety. So you have to do the work of acceptance. Acceptance is feeling scared, nervous, frustrated, and whatever else is coming up for you, and accept that you have no control over the virus, just like you don’t have control over many things in life. While practicing acceptance, you are breathing slowly, in and out.

If you notice yourself feeling more anxious when reading social media or watching the news, limit your consumption. It’s important to be informed enough to take care of yourself and others around you, but it is unhealthy if it causes excessive stress and anxiety.

Another experience that may be feeding your anxiety may be racial discrimination against Asians and Asian Americans in the wake of this virus. Repeated experiences of racial discrimination may contribute to feelings akin to post-traumatic stress symptoms: increased alertness to potential danger, anxious thoughts and feelings, and reliving of those traumatic experiences through intrusive thoughts or nightmares. Especially with the long history of anti-Asian immigration and discrimination in the United States, these experiences of racial discrimination can feel like racial trauma.

Taking care of your mental health is important in taking care of yourself physically. When you are anxious, your body is also more vulnerable. Make sure you sleep enough, eat enough, and have enough social and emotional support to help you manage your anxiety and stress. Practice acceptance of what you can’t control while committing to doing what you have control over. Keep breathing, and I hope you find comfort in knowing that we’re all in this together.

About the author: Dr. Hang Ngo is a licensed Clinical Psychologist. She speaks English, Cantonese, and Mandarin. Dr. Ngo provides therapy, psychological assessment services, and Diversity, Equity, and Inclusion consultation in Davis Square, Somerville. Her website is: https://hangngopsyd.com.

Disclaimer: The advice offered in this column is intended for informational purposes only. This column, its author, the newspaper and publisher are not responsible for the outcome or results of following any advice in any given situation. You, and only you, are completely responsible for your actions.

Linden Ponds values diversity. We welcome all faiths, races, and ethnicities, and housing opportunities are available for low and moderate income households.
Foundation honors New England public art and artists
By Anqi Zhang

“This is a very special evening and I’m thrilled to celebrate with all of you,” said Ann Smith, New England Foundation for the Arts (NEFA) board chairwoman. “NEFA acknowledges that the ground on which we are celebrating is the traditional lands of Massachusetts. We honor their ancestors, past, present and future, and recognize their continued existence and contributions to our society.”

Smith delivered the theme of the cocktail reception “Celebration of Leadership” hosted by NEFA on March 5 at the Four Seasons Hotel. Artists, philanthropy leaders and staff from NEFA gathered to honor arts leaders Larry Simpson and NeWfell Flather, celebrate the launch of the New Work New England program and recognize the first recipients of the Newfellow Flather Award for Leadership in Public Art.

Simpson is senior vice president for academic affairs and provost at Berklee College of Music, and serves on the NEFA board of directors. During his tenure in Berklee, the college created partnerships with more than 40 institutions and organizations globally.

In Simpson’s acceptance speech, he described receiving NEFA’s honor as taking “a long drink of water in the struggle for the arts and seeking social justice.” With the water, “tomorrow, we return to our tasks with renewed vigor, even more committed to lifting the arts and seeking social justice,” he said.

Flather was the other honoree of the evening. He has been a leader in the field of philanthropy for more than 40 years, and was instrumental in bringing the Fund for the Arts to the NEFA. He developed the idea for and co-founded GMA Foundations, a philanthropic service company.

One of Flather’s friends, painter Robert Freeman, recalled their reunion after first meeting 20 years ago. Flather recognized Freeman, who was unknown at the time, and their friendship has grown since. Flather went to Freeman’s first art exhibition and bought his work, for which he built an extension of his home to fit the large-scale painting.

“He represents the values we struggle to maintain during these dark days, the values of caring about others and enjoying beauty,” Freeman said of Flather.

“Flather is a man of the highest principles, and his commitment to others is unsurpassed,”

The Newfellow Flather Leadership in Public Art Award welcomed its first two recipients – Silvia Lopez Chavez, interdisciplinary artist, and Kate Gilbert, curator and executive director of New and There.

Each recipient will have an annual $5,000 of unrestricted funds to acknowledge an artist or curator whose leadership in public art has made an impact on the quality of life in Boston's communities.

New Work New England is an opportunity for New England’s artists in dance, film, interdisciplinary work, media, music and other art forms. It will provide grants of $7,500 to $15,000 to support the creation and production of new work that has the potential to engage multiple New England communities. The first deadline is June 24.

Youth leaders organize community outreach on underage drinking
By Sokpagna Choun

Youth leaders from Boston Asian Youth Essential Service organized a community outreach on Thursday, Feb. 13, addressing underage drinking.

Five young leaders made a presentation in front of the owner, manager and staff of Friendship BBQ located at 42 Beach Street about some of the laws regarding purchasing and consuming alcohol, the proper way to check IDs, side effects of alcohol consumption, liability of over-serving alcohol and liability of serving alcohol to minors.

The youth disseminated material for the restaurant to display in and around the establishment, including the “Stop the Sale of Alcohol Beverages to Minors” posters, as well as stickers from the Sticker Shock Campaign that are both in English and Chinese.

Affordable Housing Lottery
The Buckley
450-470 Franklin Street, Framingham MA
Studies @ $1,395*, 1BR @ $1,561*, 2BRs @ $1,708*, 3BRs @ $1,853*
*Rents subject to change in 2020. Rents do not include utilities. One parking spot included in the rent.

The Buckley is a 210 unit rental community built by award-winning architects, designers, and developers, which features amazing amenity spaces and stunning apartment interiors, an impeccably designed club house with lounges, game rooms, and a dog spa, a heated resort-style outdoor pool, a large full-service fitness center and a courtyard with grills and fire pits, a mini indoor theater, multiple lounges with flat screen TVs, a shared entertainment kitchen and dining area with outdoor seating, package rooms, and much more. Units are open concept, kitchen with islands, quartz countertops, and Stainless Steel Energy Star appliances, bathrooms featuring glass and tile showers and tubs, walk-in closets, and in-unit washer and dryer.

The Buckley is situated on the banks of Farm Pond, just a commuter rail or car ride away from Boston or Worcester, with all the space, comfort, and tranquility of a pond-site retreat. 21 apartments will be made available through this application process.

MAXIMUM Household Income Limits:

<table>
<thead>
<tr>
<th>1 person</th>
<th>2 people</th>
<th>3 people</th>
<th>4 people</th>
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<th>6 people</th>
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<td>$62,450</td>
<td>$71,400</td>
<td>$80,300</td>
<td>$89,200</td>
<td>$96,350</td>
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A Public Info Session will be held on March 23rd, 2020 at 6:00 pm in the Costin Meeting Room in the Framingham Public Library Main Branch (49 Lexington Street).

Completed Applications and Required Income Documentation must be delivered, or postmarked, by 2 pm on April 28th, 2020. Applications postmarked by the deadline must be received no later than 5 business days from the deadline.

The Lottery for eligible households will be held on May 12th, 2020 at 6pm in the J Program Room in the Framingham Public Library Main Branch (49 Lexington Street).

For Lottery Information and Applications, or for reasonable accommodations for persons with disabilities, go to www.s-e-b.com/lottery or call (617) 782-6900 x1 and leave a message or postal mail SEB Housing, 257 Hillside Ave, Needham MA 02494. For TTY Services dial 711. Free translation available.

Traducción gratuita disponible. Traslación libre disponible.

A Public Info Session will be held on March 25th, 2020 at 6:00 pm at 119 School Street in the first floor of the Waltham Government Building Auditorium.

Completed Applications and Required Income Documentation must be received, or postmarked, by 2 pm on April 27th, 2020. Applications postmarked by the deadline must be received by SEB Housing within 5 business days.

The Lottery for eligible households will be held on May 13th, 2020 at 6 pm in the Government Building Auditorium located at 119 School Street.

For Lottery Information and Applications, or for reasonable accommodations for persons with disabilities, go to www.s-e-b.com/lottery, or call (617) 782-6900 x1 and leave a message, or postal mail SEB Housing, LLC, 257 Hillside Ave, Needham MA 02494.

Applications also available at Waltham Public Library on 735 Main St (M-Th 9-9, Fri-Sat 9-5, Sun 1-5) and Waltham City Hall Clerk’s Office. For details on the development and the units, please see https://www.edisononthecharles.com/#/
New Affordable Rental Opportunity • Now Accepting Applications • Smoke Free

Affordable Housing Lottery
The Bradford
505 Common St, Belmont, MA
https://e-s-b.com/affordable-housing-lotteries/ First Units Ready for Move-In Spring 2020
One Studio $51,400, Two BRs $57,630, Three BRs $51,862
*Rent subject to change in 2020. Tenants will pay $10 G&E & Electric (Heat, Hot Water, and Cooking)
Residents responsible for electricity, heating, cooling and water/sewer

Applications available by calling 781-884-1910 or TTY: 800-439-2370 From 2/14/20 until 4/13/20 by or EMAIL CorcoranMgmt@corcoranmgmt.com and or FAX at 781-849-0157
Applications are available by calling 781-884-1910 if you have any questions regarding One Newport Affordable Lottery. Selection by lottery. Use and occupancy restrictions apply. Disabled households in need of accessible apartments have preference for the 2BR Accessible Apartment. Preference for households with at least one person per bedroom. Completed Applications must be postmarked and mailed to Corcoran Mgmt., by 4/23/20 to 100 Grandview Road Suite 205 Braintree, MA 02184 – One Newport offers free translation services

Complete Application Process:
1. Register with MHDD at their website (MHDD is a state housing organization)
2. Register with MHDD and call 617-782-6000 x1 to be placed on the waiting list
3. Attend the lottery
4. Complete the application process

Household Income Limits:
1 $62,450
2 $71,400
4 $89,200
0 Bedroom $1,167
1 Bedroom $1,195
2 Bedroom $1,359

PLEASE NOTE:
Disabled households in need of accessible apartments have preference for the 2BR Accessible Apartment. Preference for households with at least one person per bedroom.
Applications available by calling 781-884-1910 or TTY: 800-439-2370 From 2/14/20 until 4/13/20 by or EMAIL CorcoranMgmt@corcoranmgmt.com and or FAX at 781-849-0157
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Documentary ‘Who Killed Vincent Chin’ still resonates today
The 1987 film takes an in-depth look at racism behind brutal murder of Asian-American man

By Yiming Zhao
“Justice for my son,” said Vincent Chin’s mother Lily Chin in tears after the jury acquitted Ronald Ebens of civil rights charges in federal court in Cincin-

nati, Ohio, one of a group of men who beat Vincent Chin to death with a baseball bat on the night of June 19, 1982, in Detroit, will never see a day in court. Her pain and struggle were emotion-

ally captured in the 1987 documentary “Who Killed Vincent Chin?” which was shown at the Boston Asian American Film Festival held March 8 at Emerson College’s Paramount Theater.

The showing was followed by a sneak-peek of the upcoming PBS docu-

series “Asian Americans.” Lily Chin’s lawyer and activist Helen Zia joined the audience for a discussion after the screening and was moderated by Boston University Asian-American Studies pro-

fessor Dr. Takeo Rivera.

The director of the film, Renee Taji-

ma-Peña, couldn’t travel to Boston due to the Coronavirus outbreak, but Skype’d in during the discussion.

Chinese American engineer Vincent Chin was beaten to death with a baseball bat on the night of his bachelor party by Ronald Ebens and Michael Nitz, two auto workers recently laid off from Chrysler. They assumed Chin was of Japanese de-

scent and blamed him for the booming auto industry in Japan that caused their unemployment. Ebens allegedly said, “It’s because of you little mother—beginning we’re out of work.”

The brutal murder of Chin outraged the Asian-American community around the country when the two perpetrators were only ordered to pay $3,000 and serve three years probation with no jail time after pleading guilty to manslaughter.

The judge failed to call any witnesses to testify on Chin’s side of the story, and there was no prosecutor present.

Many took to the street to protest the unfair sentence, and it sparked a Pan-

Asian American civil rights movement.

A group of Asian Americans in De-

troit, led by lawyer and activist Helen Zia, founded American Citizens for Just-

tice. ACJ’s campaign and protest finally broke Chin’s case open. Even though Ebens was sentenced to 25 years in pris-

on, the case was overturned due to a le-

gal technicality. Ebens was acquitted in the retrial.

The ‘Vincent Chin’ movement still made inroads in the judicial system, pro-

viding victims with a stronger voice, and requiring a prosecutor be present at all times during the court proceedings, Zia said.

The Chin movement was also impor-

tant in the development of current hate crime laws and ensuring that immigrants are now covered by federal civil rights.

Zia pointed out that the movie is very significant today because of the grow-

ing anti-Asian hysteria resulting from the coronavirus, which started in Wuhan, China.

“It’s real clear to me where we are today is part of a continuum that’s been going on for quite some time,” said Zia.

“We have not only this white supremacy White House that has been trumpeting; they’ve created an Office of Denatural-

ization. What’s happening today really resonates for me having lived through that in Detroit. It’s like watching a bad rerun of a terrible nightmare,”

Tajima added that in the past 30 years the presence of Asian Americans has grown, and so has the privilege for some Asian Americans. However, the disparity within the community is also significant, she said.

“You got some Asian Americans who enjoy privilege economically and social-

ly. Other Asian Americans who are still looking for the way how do we move forward?” said Tajima.

Zia agreed with Tajima and went on to explain that Asian Americans have never been in control of their own rep-

resentation.

She believes that Asian Americans get manipulated because they don’t con-

trol the media. They are labeled by oth-

ers as the “model minority.”

“There’s plenty of Asian Americans who say ‘What’s wrong being considered a model?’ But if you’re saying ‘we’re the few’ or ‘who are the bad minorities?’” asked Zia.

She expressed the need for more film-

makers and creators like Tajima so the Asian-American community can control its own voice, media and identity.

To learn more about the contribu-

tions, and challenges of Asian Ameri-

cans, tune in to the new PBS docuseries “Asian Americans” which premieres May 11.

To Apply: Email resume to employment@kkisehsushi.com or text 617-643-6949 for more info (no phone calls).
Officials and community leaders speak out against discrimination of Asian Americans during coronavirus outbreak

By Anqi Zhang

With the development and expansion of the Covid-19 epidemic, hostility and attacks against the Asian American community have been increasingly reported, leading physical and spiritual harm to related residents and local business owners in the U.S.

To dispel the spread of misinformation of the virus, condemn the verbal insults and attacks against Asian Americans across the country, the Massachusetts Asian American Commission organized a press conference at the State House steps on March 12. State and local officials, business leaders, and public health professionals attended and made speeches.

Rachael Rollins is the District Attorney of Suffolk County, spoke, stating that she is addressing all individuals in Asian-American communities.

“I’d like my face to be very clear, and when you hear me say this, listen closely,” she said. “If you are bigoted and hateful, if you are targeting people based on xenophobia or racism, you will be held accountable in Suffolk County.” Rollins encouraged victims of xenophobia attacks to call the district attorney’s office (617-619-4000). For parents, Rollins added, they are civilly responsible for their children’s misbehaviors.

“I don’t think the virus sees color,” said Karen Chen, executive director of the Chinese Progressive Association. Not everyone has the privilege to get adequate protection and healthcare, Chen said, so that “we have to make sure that people around us also have the options that you have.”

Elisa Choi is a physician who took a break from her work to speak at the event. “There’s also a lot of social media circulating that’s calling this virus the ‘China virus,’ she said. “That’s absolutely incorrect and unacceptable.”

Choi said that most people who contacted Covid-19 virus may have a mild illness, but those who have the most vulnerability of having severe symptoms of the virus, are those who are elderly, who have chronic diseases, or who have immune-compromised conditions.

“We all need to bind together as a community, irrespective of our race, ethnicity, nationality, and recognize that this is a trying time for all of us,” Choi said.

Tackey Chan, state representative for the Second Norfolk District, said that discrimination and misinformation, driven by social media, is a problem.

On the other hand, people should make good use of the internet and keep track of the latest situation, combating fears and dispelling misinformation.

“The more we know, the better off we are,” he said.

MPDE Massachusetts Partnership for Diversity in Education
Invites you to its annual Diversity Job Fair on Saturday, March 21, 2020 from 10:00 AM – 2:00 PM at Cambridge Rindge and Latin High School, Cambridge, MA.
(Snow date – Saturday, March 28, 2020)

Update:
Since the Job Fair is cancelled, we are inviting applicants to send their resumes to MPDE Districts through Administrative Coordinator, Lindsay Kullman at: lindsayk92@mac.com

- Meet with HR Representatives and Administrators from 25 Districts
- Register to obtain information about positions to be available in all districts for: Administration, Teachers, Substitutes, Assistants and Internships in High School, Middle and Elementary Schools.
- On District Page use Link to Job Postings to routinely check for open Positions.
- Attend Information Workshops for Resume Writing, Interviewing and MTEL support.

Pre-Registrations for the Job Fair at www.mpde.org

Member Districts:

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MPDE is committed to recruiting and assisting in producing career opportunities for future educators and administrators of color, and forming collaborative relationships that will enhance staff diversity within our schools districts.