Chinatown upper school welcomes first female headmaster

BY LING-MEI WONG

Before Sarah Chang became the Josiah Quincy Upper School’s first female principal, she loved to play “teacher.” As she got older, she didn’t consider teaching as a career until a college professor inspired and encouraged her.

“It was not until my junior year of college that I had my first Asian American professor,” Chang said. “I realized how important it is to have representation in the school setting. Jean Wu at Tufts was instrumental.”

Chang was born in Taiwan and moved to Westbrook, Maine at age 5, when her parents came to the United States for graduate school. Her family lived in Philadelphia for two years before moving to Massachusetts. Westbrook was predominantly white, making Chang one of the few people of color growing up. Wu’s class on active citizenship brought Chang into Chinatown for her first visit to the Upper School.

“In college, I had multiple opportunities to get into local classrooms to observe and volunteer. That’s when I realized I really enjoy working with students,” Chang said.

Chang replaces Richard Chang, who was appointed August 13 as interim academic superintendent for high schools by interim Boston Public Schools (BPS) Superintendent Laura Perrille.

“Sarah is very committed to our Chinese American, Asian American and immigrant population,” Richard Chang said. “If it wasn’t for Sarah being available to step in, I would not have accepted this role at BPS.”

Sarah Chang — no relation to Richard Chang — shares principal duties with Steve Cirasulo. She started her career as a math teacher at Quincy Upper School in 2005, hired by Bak Fun Wong, the school’s founder and former BPS deputy superintendent.

“I am so glad Sarah has stepped up as a leader to become a headmaster at the Josiah Quincy Upper School,” Wong said. “She has great potential to be an outstanding school leader at all levels.”

CONTINUED ON PAGE 6
Event Calendar

**CHSNE banquet**
Confidence: October 5, 6 p.m.
88 Beach Street
Boston, MA 02111

The Chinese Historical Society of New England annual meeting and dinner banquet will take place at the Hei La Moon. RSVP at [www.chsne.org](http://www.chsne.org).

**Double 10 parade**
Confidence: October 6, 10:30 a.m. to 12 p.m.
City Hall Plaza
Boston, MA 02203

A Double 10 parade will start in Chinatown and end with a flag-raising ceremony at City Hall Plaza.

**Mulan Society classes**
Confidence: October 6, 15
87 Tyler Street
Boston, MA 02111

Mulan Society Center for Women’s Empowerment classes will take place Mondays at 11 a.m. and Saturdays at 1 p.m. at the Asian American Civic Association.

**Free information clinic**
Confidence: October 9, 10 a.m. to 1 p.m.
275 Hancock Street 2F
North Quincy, MA 02170

Chinese American Citizen Right Alliance will help clients at Quincy Asian Resources Inc. to provide information and referral services to Chinese Americans. For more information, call QARI at (617) 472-2200.

**Workforce training assessment**
Confidence: October 9, 2 p.m. to 4 p.m.
87 Tyler Street
Boston, MA 02111

The Asian American Civic Association offers workforce training programs Building Energy Efficient Maintenance Skills (BEEMS) and Careers in Banking and Finance (CBF), and will offer assessments. The New Roots to Employment program is for people with a degree from their native country. Applicants should be at least 18 and have a GED/high school diploma. For more information, visit [www.aaca-boston.org/workforce-education](http://www.aaca-boston.org/workforce-education).

**Free evening meals**
Confidence: October 10, 5:30 p.m. to 6:30 p.m.
34 Eastern Avenue
Malden, MA 02148

Bread of Life offers free evening meals for low-income families and individuals in the metro North area. Evening meals are served Tuesday at Bread of Life, Wednesday and Thursday at 213 Main Street and Friday at 493 Main Street. For more information, call (781) 397-0404.

**Free social service clinic**
Confidence: October 10, 9 a.m. to noon
244 Harrison Street
Boston, MA 02111

Enhance Asian Community on Health will help people at American Chinese Christian Educational & Social Services with health insurance and benefits. For appointments, call EACH at (657) 472-3224.

**The Chinatown Coalition meeting**
Confidence: October 11, 9:30 a.m.
38 Ash Street
Boston, MA 02111

The Chinatown Coalition meeting will take place at the Boston Chinatown Neighborhood Center, 4F.

**Craft Spirits Festival**
Confidence: October 12, 6 p.m. to 9:30 p.m.
38 Sidney Street
Cambridge, MA 02139


**Stage reading**
Confidence: October 12, 7 p.m. to 9 p.m.
99 Albany Street
Boston, MA 02111


**Free health seminar**
Confidence: October 13, 10 a.m.
38 Oak Street
Boston, MA 02111

A free monthly interactive health seminar on osteoporosis will take place at the Metropoli- tan community room. Refresh- ments provided. RSVP with May Lui at (617) 482-2380 x 0212 or may.lui@asiancdlc.org.

**MBTA transit 50th party**
Confidence: October 13, 11 a.m. to 3 p.m.
240 South Hampton Street
Boston, MA 02128

The MBTA Transit Police will celebrate its 50th anniversary with food and family-friendly fun at its headquarters.

**CelebrateAsians**
Confidence: October 13, 6 p.m. to 9 p.m.
725 Albany Street
Boston, MA 02118

The CelebrAsian benefits fashion show will take place at Bos- ton Medical Center’s Shapiro building atrium. Tickets at [https://2018celebrasians.eventbrite.com](https://2018celebrasians.eventbrite.com).

**Rally**
Confidence: October 14, Noon to 3 p.m.
139 St James Avenue
Boston, MA 02118

A rally to support Asian American Com- munity for Education will take place at Copley Square.

**Wives and mothers of smokers**
Confidence: October 15, 2 p.m. to 3 p.m.
87 Tyler Street
Boston, MA 02110

A group for wives and mothers of smokers will take place at the Asian American Civic Associa- tion. Register with Kiki Tsang at (617) 426-9492 x 251.

**Chinatown/South Cove Neighbor- hood Committee meeting**
Confidence: October 17, 6:30 to 8:30 a.m.
288 Washington Street
Quincy, MA 02170

All are welcome to attend at South Cove Manor at Quincy Point. Seminars will be presented in Chinese and English. For more information, call Stanley Thang at (617) 423-0590.

**Free immigration clinic**
Confidence: October 17, Noon to 2 p.m.
1 City Hall Square
Boston, MA 02010

The Governor’s Office for Immigrant Advancement offers free private immigration clinics at the Boston City Hall Room 806. For interpreters other than Span- ish, please call at least one week in advance at (617) 635-2980.

**Boston Asian American Film Festival**
Confidence: October 20, 6 p.m. to 9 p.m.
200 Tyler Street
Boston, MA 02118

The Boston Asian American Film Festival empowers Asian Americans through film by showcasing Asian American experiences. For more information, visit [www.bafaf.org](http://www.bafaf.org).

**Breast cancer workshop**
Confidence: October 20, 11 a.m. to 1 p.m.
1509 Hancock Street, 2F
Quincy, MA 02169

The South Shore Health Care Career Fair will take place at Quincy Asian Resources.

**AAPI civil rights forum**
Confidence: October 27, 2 p.m. to 3:30 p.m.
560 Atlantic Avenue
Boston, MA 02111

The Asian American Civic Association’s Next STEP program classes for college or job training.

Federal Reserve Plaza.

**SaturPLOW**
Confidence: October 27, 11 a.m. to 3 p.m.
Mary Soo Hoo Park
A play session will take place at the Greenway, next to the Chi- natown Gate.

**English for college or job training**
Confidence: October 27, 8:30 a.m. to 10 a.m.
87 Tyler Street
Boston, MA 02111

Attend testing for the Asian American Civic Association’s Next STEP program classes for college or job training.

**Winter Valley residences for the elderly**
Confidence: October 27, 9 a.m. to 11 a.m.
600 Atlantic Avenue
Boston, MA 02111

The Asian American Civic Association’s Next STEP program classes for college or job training.
Community land trust wants ‘fighting chance’

BY JINGFEI CUI

A Chinese lecture took place at the Harvard-Yenching Library Sept. 29. Hosted by Phong Chang, vice president of Chinese Writers’ Association in North America, the event invited Dr. Albert Yeung, lecturer Philip Y. Kao, writer Huwien Zhang and editor Xiuzhen Li as key speakers.

Dr. Yeung spoke about mental health for the elderly, with a focus on depression diagnosis and treatment. Dr. Yeung is an associate professor of psychiatry at Harvard Medical School and director of primary care research for the depression clinical and research program at Massachusetts General Hospital.

Kao introduced his study on ethnography of aging and care in America, based on his own experience and direct observation in nursing homes as a social anthropologist. He is the principal investigator and associate director of undergraduate studies at Harvard University.

Zhang talked about her work “In the South: Another Kind of Migrant Story-telling,” transporting readers back to the ‘60s, traversing the changes in migrant literature. Chinese migration literature embodied the forcible separation from its cultural origin at first, and then shifted to fantasizing about western culture, Zhang said. It now sketches the life of Chinese middle-class immigrants who have settled down and the collective impact of immigration for mankind.

“As this calligraphy scroll in the Yenching Library has written, ’At heart, east and west share the same roots,’” Zhang said. “Contemporary migration literature is more focused on universal experiences. The solitude in my work in the South is that every individual is born lonely, unable to let their mind relax and be enriched.”

Zhang lived in Singapore for 15 years, before moving to Boston. She is leading the field in the sociology of diaspora and transnational study. She is the senior editor of a premier creative writing competition for short stories and poetry in Singapore.

Veteran media professional Li shared her career experiences, with articles on short-term rental regulations on social media. As a result of the CON law, the total amount of short-term rentals in Chinatown in the future, “I foresee land will be less than the recommended size of 15,000 square feet for a branch library, based on a feasibility study conducted by the Boston Public Library. The temporary branch at the China Trade Center is about 1,500 square feet.

The other focus of CCLT is to preserve the history of Chinatown and its row houses. Attempts to buy land and houses from private owners for preservation has hit several obstacles, as property values have risen. Some investors have converted houses into short-term rentals. The City of Boston has passed limitations on short-term rentals, which goes into effect January 2019.

“So it gives us at least a fighting chance of buying back some of the row houses in Chinatown in the future,” Lowe said.

Experience Chinatown art festival explores Asian cultures

BY JINGFEI CUI

The first Experience Chinatown art festival, organized by the Boston Chinatown Neighborhood Center (BCN), bloomed at the Pao Arts Center, Boston’s dedicated Asian American and Asian immigrant cultural space downtown. A number of performances, interactive activities and galleries welcomed attendees to experience Asian cultures. Activities also took place outside the center on a sunny day, along Hudson Street and Chinatown Gate.

“It’s growing to a very exciting direction,” said Ally Ang of BCNC. The organization serves as a one-stop shop for new immigrants, engaging families.

Inside the Pao Arts Center was an area for performances from the DBJ dance crew, Cambodian dance, and a Chinese lion dance workshop for kids. Different sizes of lions costumes fit children perfectly.

Attendees could also attend a painting and collage workshop with Chiaohui Chuang. Sohara Zafar led a henna workshop. Henna, originally made out of leaves for a temporary-tattoo-like painting, was first used as a body-cooling tool and then expanded into an art form, done for occasions such as weddings. The festival strove to include east and south Asian cultural traditions for an inclusive showcase.

Outside the Pao Arts Center, there were several activities which heightened Hudson Street. Going down the stairs to the One Greenway Park, a board invited attendees to compose poems or write letters: messages they haven’t sent yet, but wish to share with their families.

A hardship for Asian American immigrants is “sometimes we don’t share our histories, our feelings, our reflections,” said Heidi Shin, journalist and organizer for the family story message board.
Chinese American Citizens Alliance honors community service

BY VALERIE LI

The Chinese American Citizens Alliance (CACA) Boston Lodge hosted its third annual U.S. Sen. George Frisbie Hoar Award Gala on Sept. 23 at the Emp- ire Garden Restaurant in Boston. The gala honored individuals who dedicated their careers to improving their communi- ties.

“Tonight we are here to remember the great courage Senator Hoar had to vote against the 1902 Scott Act,” said CACA Boston Lodge president Rose Hom. Hoar was the only senator to vote against the 1902 Scott Act, which extended the Chinese Exclusion Act of 1882. Maj. Gen. William Chen gave the keynote speech. Chen was the first Chinese-American awarded the two-star rank in the U.S. Army, the highest rank for enlisted men. Chen advocated for a Congress-ional Gold Medal to honor Chinese- American World War II veterans. The bill passed the Senate on Sept. 21 and it is under review in the House.

“There were 20,000 Chinese who served in the U.S. Armed Forces during World War II, a relatively high percent- age compared to the total population of 78,000 on the U.S. mainland and 52,000 in Hawaii,” Chen said. “Their commit- ment, patriotism and willingness to pro- tect their fellow Americans against the enemies of the United States represent true valor and deserve to be recognized with the Congressional Gold Medal.”

The George Frisbie Hoar Award was presented to Raymond Flynn, former Boston mayor and U.S. ambassador to the Holy See; Connecticut state Sen. Tony Hwang; former Newton at-large city councilor Amy Mah-Sangiolio; and Barbara Rubel, retired director of gov- ernment and community relations at Tufix University.

Congressman Ted Lieu of California was invited to the gala, but was unable to attend due to a family emergency.

...Continued on page 5

Motor Mart Garage

Tuesday, October 9 6:00 PM – 9:00 PM
Revere Hotel Grand Manor Ballroom 1
200 Stuart Street Boston, MA 02116

Project Proponent:
201 Stuart Street Owner, LLC. c/o CIM Group, LLC.

Project Description:
201 Stuart Street Owner, LLC (the Proponent), an affiliate of CIM Group LLC, together with its development partner Boston Global Investors, LLC, proposes to redevelop the existing eight-story, Motor Mart Garage into a vibrant, mixed-use building by adding basement level retail space, reducing parking, and constructing new residential apartments within the western portion of the existing building, and constructing new residential apartments and condominiums within a 20-story residential tower rising out of the existing building (the Project). The Project will create a mix of approximately 295 new apartment and condominium units, retain approximately 43,000 sf of retail and restaurant space, and retain 672 parking spaces.

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Class of Comment Period:
10/12/2018

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Class of Comment Period:
10/12/2018

The Boston Asian American Film Festival kicked off with a preview party on Sept. 26 at Oberon in Cambridge. Festival director Susan Chin- sen introduced the lineup. (Image courtesy of Valerie Li)

The Boston Asian American Film Festival screened film teasers for its up- coming 10th anniversary at Oberon in Cambridge on Sept. 26. This year’s festi- val will span two weekends from Oct. 18 to 28, with screenings at multiple loca- tions including the Pao Arts Center and the Boston Public Library.

“Typically, it is a four-day event, but this year we are expanding it to two weeks to showcase more than 50 films,” said festival director Connie Chan. “On opening night, we will feature a 25th an- niversary special screening of ‘The Joy Luck Club.’”

“I’m thrilled to announce that Rosa- lind Chao from ‘The Joy Luck Club’ will make a special appearance on opening day,” said festival director Susan Chin- sen. “She will be joined by Boston Globe correspondent Shirley Leung for a panel discussion after the screening.”

Themed “Connecting through films,” the festival’s lineup covers different as- pects of Asian American culture. One of the centerpieces, “Deported,” is a docu- mentary following an advocacy group’s journey of renegotiating a 2000 repa- triation agreement that opened the path- way for America to deport Cambodian refugees back to Cambodia. The Boston Asian American Film Festival is a pro- duction of the Asian American Resource Work- shop (AARW).

For more information, please visit www.baaff.org.

BY LING-MEI WONG AND VALERIE LI

The Chinatown Safety Committee met Oct. 5 at the DoubleTree Hotel. Boston Police District A-1 Capt. Ken Fong gave an update on crime over the past 30 days. There were three robberies, two aggra- vated assaults, one break-in and four lar- gan. Fong said. “After the summer’s over, we get a breather.”

The robberies included a drug deal on Sept. 10, when a victim was robbed of $250 at 2:50 a.m. during a drug deal for cocaine, Fong said. On Sept. 25, a victim was grabbed and money was tak- en by the Chinatown T stop; the suspect was arrested. Another incident on Harri- son Avenue and Essex Street involved a female victim who was robbed $20 by a male suspect she knew. The two aggravated assaults included...Continued on page 5
The seventh Young Leaders Symposium (YLS) focused on “Leadership through social justice” at the Vietnamese American Community Center in Dorchester on Sept. 22. Hosted by the Asian American Commission (AACC) of Massachusetts and VietAID, the event engaged about 30 youth and young professionals to promote leadership in the Asian American community.

“It’s easy to go out and say ‘fight for social justice,’ but what is that? What does that mean for you, as a young leader, and as an Asian American?” said Nina Liang, Quincy city councilor and AACC commissioner.

The symposium featured a keynote speech encouraging Asian Americans to get involved by C.N. Le, director of the Asian and American Studies certificate program at the University of Massachusetts, Amherst. Participants could attend four breakout sessions: the lesbian, gay, bisexual, transgender and queer Asian American and Pacific Islander (AAPI) community; health disparities in the AAPI community; defining social justice and fundamentals on organizing a community; and finding your voice, narrative and identity. The workshops discussed ways for young leaders to promote the voices and interests of the Asian American community.

“I believe in youth leadership,” said AACC vice-chairwoman Vira Douangma-Phal. “I’ve seen instances when Asian Americans are excluded from community leadership and their efforts are not fully recognized. ‘That needs to change,'” she added.

The AACC presented a scholarship for $1,000 to Cindy Tao. Scholarship awards were also awarded for $500 to Michelle Nguyen and $250 to Julia Men. For more information on the AACC, please visit www.aacommission.org.

FEATURES

Mass. advocacy groups denounce proposed changes for immigrants receiving benefits

BY VALERIE LI

Four advocacy groups held a press briefing on the proposed public charge policy on Sept. 25 at Health Care For All (HCFA). (From left) Massachusetts Law Reform Institute executive director Georgia Katsoulemitis, Massachusetts Immigrant and Refugee Advocacy Coalition executive director Eva Milona, Health Law Advocates executive director Matt Selig and HCFA executive director Amy Roseenthal. (Image courtesy of Valerie Li.)

Four Massachusetts immigrant and health care advocacy groups urged community members on Sept. 25 to take actions on the proposed federal public charge policy that would penalize immigrants if they are receiving government benefits such as Medicaid, the Supplemental Nutrition Assistance Program known as food stamps, subsidies for prescription drugs and housing vouchers.

Health Care For All (HCFA) executive director Amy Roseenthal said “the proposed rule is still under review; there is no need to disenroll from any of the social benefits now.”

“We all know what this is: It is a reprehensible attempt by the Trump administration to use access to health care, food and other critical human needs to further an anti-immigrant political agenda,” said Georgia Katsoulemitis, executive director of the Massachusetts Law Reform Institute (MLRI).

“The rule is not retroactive, which means there will be a 60-day grace period even if the new rules go into effect. The earliest time that immigrants would need to withdraw from programs to avoid being penalized would be in 120 days, but they should consult with their immigration counselors or attorneys before making a decision,” said Milona. “Please don’t lose your benefits out of fear.”

“We believe the administration is trying to create changes and confusion, so we strongly urge you to rely on facts, not misinformation.” Katsoulemitis said. Once the proposed rule is published in the Federal Register, the public will have an opportunity to submit comments before the draft is finalized.

The proposed changes were denounced by immigrant advocates, including national advocacy group Asian Americans Advancing Justice and local nonprofit Boston Chinatown Neighborhood Center.

NOTICE OF COMMUNITY MEETING

The Institutional Biosafety Committee (IBC) of Tufts University/Tufts Medical Center will hold an Open Meeting to the public.

Date: Thursday, October 11, 2018 at 5pm.
Location: The Jarahis Family Center for Biomedical and Nutrition Sciences located at 150 Harrison Avenue, Behrakis Auditorium, Room 130 in Boston.

The IBC is responsible for ensuring that all research involving potentially biohazardous agents done at or sponsored by Tufts University or Tufts Medical Center is conducted in compliance with National Institutes of Health Guidelines and with proper concern for the safety of research personnel, the environment, and the surrounding communities.

The Tufts University/Tufts Medical Center IBC is based in Boston and regulates this research for the Tufts University Health Sciences Campus, Tufts University Medford/Somerville Campus, Human Nutrition Research Center on Aging, and Tufts Medical Center. Members of the community are encouraged to attend the open meeting to learn more about the Institutional Biosafety Committee and its regulatory functions and biosafety risk management. Meeting attendees must have a form of photo identification to enter the building.

For more information, please contact the Tufts IBC Office at 617-636-4142 or IBC-Office@tufts.edu.

BY JINGFEI CUI

Young Leaders Symposium develops next generation of Asian American voices

The young leaders are shown at the Vietnamese American Community Center on Sept. 22. (Image courtesy of Jingfei Cui.)

Chinatown crime blotter for Sept. 21 to Oct. 5

BY THE BOSTON POLICE DEPARTMENT

All reports are submitted by the Boston Police Department. The time period is from Sept. 21 to Oct. 5 for District A-1, which includes Chinatown.

To report a crime or suspicious activity, call 911. Interpreters are available for Chinese speakers.

Assault and battery

Sept. 21, 2:05 a.m.: The victim reported while walking on Tyler Street, he was assaulted by a bunch of Asians. The victim was uncooperative with the officers.

Trespassing

Sept. 25, 11:59 a.m.: The victim reported an unknown person entered a building on Beach Street and began to rummage through various offices. The suspect had fled the area prior to the officers’ arrival.

Trespassing

Sept. 24, 4:41 p.m.: The suspect was arrested on Kneeland Street for trespassing and performing lewd acts in the doorway of the address.

Robbery

Sept. 25, 5:06 p.m.: The victim reported while walking on Washington Street, they were robbed at knife point by the suspect. The suspect was placed under arrest and transported to the district for booking.

Larceny from motor vehicle

Sept. 26, 10:30 p.m.: The victim reported unknown person broke into his motor vehicle that was parked and locked on Washington Street and removed several items.

Assault and battery

Sept. 30, 7:25 a.m.: The victim, a security guard at a store on Washington Street, claimed he was assaulted by several homeless individuals that were shoplifting. The suspect fled prior to the officer’s arrival. The victim refused medical treatment.

Vandalism

Oct. 2, 11:13 a.m.: The victim reported while her car was parked and locked on Hayward Place, an unknown person vandalized her car by breaking her windshield wiper and smearing Vaseline over her windshield.
Oatmeal raisin cookies contains a high volume of fiber and soluble fiber. (Image courtesy of Valerie Li.)

Oatmeal cookies provide a nutritious source of fiber when we crave sugary snacks during the day between meals. Dietitian Qixian Xu’s recipe yields about four dozen satisfying cookies. The recipe contains a high volume of fiber and soluble fiber. Soluble fiber can help with digestion and boost metabolism. Fiber also helps lower cholesterol and slow blood sugar absorption. Be sure to drink enough water for the fiber to be effective.

A portion of three cookies is about 32 calories and 5 grams of sugar.

Oatmeal raisin cookies
Raisins ¼ cup
Oats ½ cup
Flour ½ cup
Baking powder ½ tsp
Cinnamon powder 1 tsp
Egg white
Margarine 2 tbsp
Granulated sugar ¼ cup

CONTINUED FROM PAGE 1

Chang has taught math for every grade level — sixth to 12th — and served on the school leadership team. While her role as principal means less time with students in the classroom, her passion is in instructional leadership and curriculum design. She hopes to foster a love of math, particularly for girls.

“There is a lot of math phobia in the world,” Chang said. “When I say I’m a math teacher, the most common response is ‘I can’t do math. I’m so bad at it.’ On the flip side, it’s not socially acceptable to go around saying ‘I’m illiterate.’ This mentality needs to change.”

Chang wants school staff to understand where their students come from and the importance of relationship building. The staff will go on a Chinatown walking tour to learn about the neighborhood, how it has changed over time and the issues the community has faced.

“We are a typical BPS school. Our students are immigrants or children of immigrants, and are often the first in their families to go to college,” Chang said.

Quincy Upper is a Title 1 school, meaning at least 40 percent of students come from low-income families. It offers the International Baccalaureate (IB) program for all students, allowing them to pursue college credits during high school and set aside. “I want students to increase access to and participation in learning opportunities that Boston offers as a world-class city. She would also like students to have the opportunity to travel abroad while they are at students at the Quincy Upper. One example is students attending IB conferences.

“We have a fully democratic society, education is the way people can participate fully,” Chang said. “That’s why I wanted to go into education.”

Buds & Blossoms celebrates Mid-Autumn Festival

The Buds & Blossoms daycare center celebrated Mid-Autumn Festival on Sept. 28. (Image courtesy of Ling Mei Wong.)

The recipe contains a high volume of fiber and soluble fiber. (Image courtesy of Valerie Li.)

1. Preheat the oven to 320 degrees Fahrenheit.
2. Dice the raisins into smaller pieces and set aside.
3. Mix the margarine with granulated sugar until smooth, then add the egg white gently.
4. Add flour, oats, baking powder and cinnamon powder and mix them altogether until it forms a dough. Then add the chopped raisins to the dough and knead it for five minutes.
5. Put the dough between two pieces of parchment paper and use a rolling pin to flatten the dough. The thinner it gets, the more crispy the cookies are. Use a cookie cutter to cut the dough and place them on a baking sheet.
6. Bake the cookies for 10 to 15 minutes until golden brown.
A food aficionado: La Fábrica Central

La Fábrica Central serves Latin Caribbean fusion cuisine, expertly prepared by executive chef Giovanna Huyke. Chef Huyke has written six cookbooks and hosts a cooking show in Puerto Rico, earning her the moniker “Julia Childs of Puerto Rico.” The restaurant is owned by Hector and Nivia Pina, who also manage Doña Habana (Cuban), Vejjigantes (Puerto Rican) and Merengue (Dominican). La Fábrica Central draws influence from all three cuisines, with a little Jamaican thrown in as well. We started off with the ceviche de camarones ($12). Six plump shrimp were “cooked” in lime juice, red pepper and cilantro, for a tangy and salty starter. The empanadas de queso y mermelada de tomates. (Image courtesy of Ling-Mei Wong.)

The chicharrón de panza ($14) was fried pork belly, served with a cumin sauce and spicy red creole sauce, with lime wedges on the side. We shared half of a pollo Caribeño ($18), one of two rotisserie chicken options. A generous sized bird was brined and seasoned perfectly, for juicy flavor with a succulent skin. It served over a cilantro sauce with roasted sweet potato, topped with pickled red onion and slivers of cilantro.

La Fábrica Central has a bar and live band at night, with an event space in the back. As “fábrica” meaning “factory” in Spanish, the dining room showcases a 400-pound steel trapiche, a wheel that grinds sugar into molasses, from a sugar plantation in the Dominican Republic. La Fábrica Central makes a lively addition to the dining scene in Central Square.

#RepresentASIAN on regional stages

BY LINDA CHIN

Asian-American actors are woefully underrepresented in American theater productions, so it is exciting and emotionally stirring to see Asian actors on stage. This is true both in works where the roles are about and written for Asian characters, and where ethnicity is not specified, but a forward-thinking director or theater company departs from tradition.

Many professional regional theater companies start their seasons in September. As reported in the Sept. 7 issue of Sampan, Lisa Yuen is a revelation in the title role of Lyric Stage Company’s “Kiss...This might prove to be my favorite scene in a local production all season.”

Chinese-American author and illustrator Grace Lin demonstrated her acting chops at the inaugural Mid-Autumn Play Festival at the Pao Arts Center on Sept. 22. Lin came to Boston for the closing weekend of her exhibit “From Sketch to Illustrations.” It was also the last stop of her national book tour for “A Big Mooncake for Little Star.”

BY ANNA ING

La Repertory Theater’s “The Donkey Saki-Liebson, who performed in American Civic Association (PAAACA) held a mixer on Sept. 27 at the DoubleTree Hotel. (From left) DoubleTree Hotel general manager Tony Franzzone, AACA executive director Mary Chin and Amy Q. (Image courtesy of Ling-Mei Wong.)

Professionals in Alliance for Asian American Civic Association held a mixer on Sept. 27 at the DoubleTree Hotel. (Image courtesy of Ling-Mei Wong.)

Get Connected honored the 25 most influential millennial leaders of color on Sept. 25 at WeWork in Cambridge. (Image courtesy of Ling-Mei Wong.)

Get Konnected honored 25 millennial leaders and innovators of color on Sept. 25 at WeWork in Cambridge. “In a city like Boston, it is important to attract and retain this innovative and young talent,” said Colette Phillips, president and founder of Get Konnected and Colette Phillips Communications. Honorees age 22 to 37 were selected by a group of civic and business leaders.

Young professionals gather to learn about AACA

BY LING-MEI WONG

Professional in Alliance for Asian American Civic Association held a mixer on Sept. 27 at the DoubleTree Hotel. (From left) DoubleTree Hotel general manager Tony Franzzone, AACA executive director Mary Chin and Amy Q. (Image courtesy of Ling-Mei Wong.)

Professionals in Alliance for Asian American Civic Association (PAAACA) held a mixer on Sept. 27 at the DoubleTree Hotel. AACA executive director Mary Chin welcomed attendees and encouraged them to network. A raffle gave away a one-night stay at the hotel. PAAACA brings together professionals from different industries to support the goals of AACA: Educate, empower and employ low-income immigrants and Americans.
TUESDAY, OCTOBER 23, 2018 FROM 5PM - 8PM  
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