Mayor welcomes residents to coffee hour

BY SARA BROWN

Boston Mayor Martin Walsh celebrated the reopening of Elliot Norton Park at 235 Tremont Street on the Bay Village/Chinatown line with a neighborhood coffee hour on June 22. The celebration marked the completion of a project with a design and construction budget of $1.2 million funded by Boston’s capital improvement plan. The new park includes a comprehensive redesign of the park including a playground, passive areas, performance spaces, ping pong table, permeable paving, and rain gardens, which won a 2016 Greenovate award. Pedestrian and bicycle avenues will be added by the Friends of Elliot Norton Park, which provided funding for the irrigation. The neighborhood coffee hours give residents a unique opportunity to speak directly with Walsh about open space and other needs in their neighborhoods.

“The idea behind these coffee hours is that we are bringing the city to the neighborhood,” Walsh said. Walsh encouraged residents to reach out to the public officials in attendance about any issues they were having. He also said residents should spread the word about the coffee hours.

Boston City Council President Michelle Wu was at the park, along with District 2 City Councilor Bill Linehan and City Councilor at-large Annissa Essaibi-George. Attendees snacked on breakfast from Dunkin Donuts and fresh from from hole Foods Market. Each family received a flowering plant grown in the city’s greenhouses. Dates for the full schedule of Mayor Walsh’s 2016 neighborhood coffee hours are available online at www.boston.gov/parks.

Boston Dragon Boat Festival gathers 69 teams

BY YUE TANG

The 37th Annual Boston Hong Kong Dragon Boat Festival was held on June 12 along the Charles River between John W. Weeks Foot Bridge and Western Avenue Bridge. This year’s festival featured 69 teams from Massachusetts, Rhode Island, Texas, New York, South Carolina, and Toronto, Canada. Consul General Zhang Qiyue from Chinese Consulate General in New York spoke at the opening ceremony. She said, “The Dragon Boat Festival, as a traditional Asian festival, is now popular around the whole world. In fact, the first Dragon Boat Festival in the United States was held in Boston in 1979, which was also the first in North America.”

The festival is known for its diverse Asian cultural program and performances. This year, they include traditional Chinese music and dance, Asian folk songs, traditional Korean dance, Korean taekwondo presentation, as well as dragon and lion dances and Chinese martial arts. Traditional Indian dances by Shala School of Dance and traditional Japanese Taiko drumming by Odakko New England were part of the festival’s entertainment.

HIGHLIGHTS

Chinatown agency worker matches immigrants to opportunity

Is entrepreneurship for you?

Headline news

Would you apply for it?

求職特刊 | JOBS & CAREER ISSUE
Chung Wah Academy of New England celebrated its 16th anniversary and Class of 2016 graduation on June 18 at the Josiah Quincy Elementary School. (Image courtesy of Hongyi Gong.)

Chung Wah Academy of New England hosts graduation

BY HONGYI GONG

Chung Wah Academy of New England celebrated its 16th anniversary and Class of 2016 graduation on June 18 at the Josiah Quincy Elementary School. Twelve students graduated this year. The ceremony featured music, dancing and singing performed by students. A fundraising gala was hosted at Hei La Moon in the evening.

Chung Wah Academy of New England was founded in 2000 and offers Mandarin classes and cultural programs.

BCNC holds adult English graduation

The Boston Chinatown Neighborhood Center held a graduation for its adult English learners on June 11 at the Josiah Quincy School. (Image courtesy of Ling Mei Wong.)

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**EVENTS**

**COMIC**

**EMPTYBAMBOOLGIRL**

**THE MUNDAUNE & SLUMBLE ADVENTURES OF A 30-SOMETHING GIRL NAMED AH-LI-NY BY LILIAN CHAN**

**06.22.2015**

**Event Calendar**

**Cancer prevention workshop**
Friday, June 24
2-3 p.m.
3 Oak Street West
Boston, MA 02116

A cancer prevention workshop hosted by the Greater Boston Chinese Golden Age Center will take place at the Quincy Towers community room.

**Film screening**
Saturday, June 25
9:30 a.m.
255 Main Street, 4th Floor
Cambridge, MA 02142

“The Rocking Sky” will have its Boston screening at the M Croxton Building in Kendall Square. Register online at http://rocking-sky.eventbrite.com.

**Nutrition and diet workshop**
Saturday, June 25
10 a.m.
38 Oak Street
Boston, MA 02111

A diet, nutrition and health workshop will take place at the Metropolitan community room, with light refreshments. Register with May Liu at (617) 482-2380 x 8012 or may.liu@asiancdo.org.

**World Buddhist Forum**
Sunday, June 26
9:30 a.m. to 3:30 p.m.
152 South Street East
Raynham, MA 02767

M n te l Science and Technology Association of New England will visit the Nikkei Buddhist M editation Center as part of the World Buddhist Forum. Register online at http://ow.ly/dj-Kz301shDC.

**Film screening**
Wednesday, June 29
9:30 to 10 p.m.
145 Harrison Avenue
Boston, MA 02111

A community screening of “Fernanda Be trayed” will take place at the Sackler Aud itorium in Tufts University. Register online at http://ow.ly/eZjzl01J08.

**South Cove Manor**
breakfast seminar
Thursday, June 30
9:30 a.m.
120 Shawmut Avenue
Boston, MA 02118

All are welcome to attend at the BC ACE auditorium, the former South Cove Manor location. Food and refreshments provided. Seminars will be presented in Chinese. For more information, call Terry Yin at (203) 893-7963.

**Free tai chi class**
June 30 to July 28
10 a.m.
30 Edgerly Road
Boston, MA 02115

Free tai chi classes with Huan Zhang will take place Thursdays at Symphony Park. This gentle class is appropriate for all levels and ages. In the event of rain, classes will be held at Morville House, 100 Norway Street.

**120 Shawmut open house**
Thursday, June 30
11 a.m. to 1:30 p.m.
120 Shawmut Street
Boston, MA 02118

An open house hosted by the Boston Chinese Evangelical Church and South Cove Manor will take place, with light lunch served.

**Community meeting**
Thursday, June 30
6 p.m.
10 Park Plaza
Boston, MA 02111

A community meeting will discuss development of Parcels 25 and 26 and take place at the Transportation Building.

**Main street festival**
Saturday, July 2
9 a.m. to 7 p.m.
Harrison and Beach streets
Boston, MA 02111

The 13th Annual Chinatown Main Street Festival will take place in Chinatown.

**Customer service English class**
July 5 to Sept. 9
9:30 a.m. to noon
28 Ash Street
Boston, MA 02118

A class to help learn English and workplace skills to work in the customer service field will be held at the Chinese Progressive Association (CPA) on Mondays to Fridays. Applicants must be Boston residents, know intermediate English and income qualify for the Chinese Consolidated Benevolent Association.

**Chinese calligraphy class**
July 13 to August 31
3:30 p.m. to 5 p.m.
1509 Hancock Street, Suite 209
Quincy, MA 02169

Quincy Asian Resources, Inc. will host a weekly Chinese calligraphy class on Wednesdays. The eight-week course is $60. Register at (617) 472-2200 or e-mail qi@quincyasianresources.org.

**Free legal clinic**
Monday, June 27
6 p.m. to 8 p.m.
1509 Hancock Street, Suite 209
Quincy, MA 02169

Quincy Asian Resources, Inc. will host a free monthly legal clinic addressing individual concerns over immigration law, landlord/tenant law, family law, personal injury and criminal issues. Please contact QARI at (617) 472-2200 or e-mail info@quincyasianresources.org.

**Free yoga class**
June 28 to August 30
10 a.m.
30 Edgerly Road
Boston, MA 02113

Free yoga classes will take place on Tuesdays at Symphony Park, with mats and chairs provided. People in wheelchairs and with limited mobility are welcome to join. In the event of rain, classes will be held at Morville House, 100 Norway Street.

**Free health care service**
Every Tuesday, June 28
9:30 to 10:15 a.m.
First Church in Malden 184 Pleasant Street Malden, MA 02148

The Shawork Project offers free, unscheduled health care to the medically underserved populations of the greater Boston area.

**Free immigration clinic**
Wednesday, June 6
10 a.m. to 2 p.m.
1 City Hall Square
Boston, MA 02001

The Mayor’s Office for Immigrant Advancement offers free private immigration clinics at the Boston City Hall Room 806. For interpreters other than Spanish, please call at least one week in advance at (617) 635-2980.

**Chinatown Resident Association meeting**
Wednesday, June 6
6:30 p.m.
501 Washington Street
Boston, MA 02111

The Chinatown Resident Association meeting will take place at the Joss House Elementary School cafeteria.

**Bread of Life Annual Golf Tournament**
Monday, July 11
9:30 a.m.
38 Ash Street
Boston, MA 02111

The Chinese American Civic Association gala will take place at the Club Royale. For more information, visit www.aaca-boston.org.

**The Chinatown Coalition meeting**
Tuesday, July 13
6:30 p.m.
79 Tremont Street
Boston, MA 02111

The Chinatown Coalition meeting will take place at B/C NC, 4F.

**Naturalization workshop**
Monday, July 18
1 p.m. to 4:30 p.m.
87 Tyler Street
Boston, MA 02111

The Asian American Civic Association naturalization workshop provides free instruction on filling naturalization applications, translated study material and much more. Please register with M elody Tsang at (617) 426-9492 x 0 or m elody@ aaca-boston.org.

**Chinatown/South Cove Neighborhood Committee meeting**
Monday, July 18
6 p.m.
90 Tyler Street
Boston, MA 02111

The Chinatown/South Cove Neighborhood Committee meeting will take place at the Chinese Consolidated Benevolent Association. The public is welcome to attend.
Quincy seniors learn about pedestrian safety

BY YUE TANG

State Representative Aaron Michlewitz congratulated the graduates at the JVS Bridges to College graduation June 16 at the Statehouse. (Image courtesy of Yue Tang.)

Jewish Vocational Service (JVS) hosted a graduation ceremony for its Bridges to College program graduates on June 16 in the Great Hall of Flags at the State House. This year, 61 students from the general studies, biotechnology and academic success programs finished their studies and most of them will attend college and continue their education this coming fall.

State Rep. Aaron Michlewitz congratulated the graduates and encouraged them to keep chasing their dreams. “I see great things in the graduates: they are full of courage and inspiration.”

Nadeen Alathary and Hanan Neamah are graduates in general studies. The two sisters are refugees from Iraq and now are ready to continue their education in college in the United States. They said, “We lost our family and home during the war in 2003, which also destroyed our hope for life. We had a very hard time when we first arrived in this country: we didn’t know the language, the people, the place, and we didn’t feel safe. JVS helped us to earn confidence to go on and do our best.”

“Impossible is not a fact; it’s an opinion,” said Jerry Rubin, JVS president and CEO. “This is what we believe at JVS. Graduation is not the end: I hope our students could take the advantage of the available resource at JVS and achieve great success in their future career life.”

CNC considers third hotel proposal

BY LING-MEI WONG

The Chinatown/South Cove Neighborhood Council meeting took place June 20 at the Chinese Consolidated Benevolent Association.

Edward Leung presented about a proposed hotel at 25 Beach Street, presently the location of East Ocean City seafood restaurant. Leung is the owner of the restaurant and building. The hotel would have 80 to 85 rooms and add four stories with about 250 hotel rooms and four valet spaces on Oxford Street. The Harri son Avenue hotel has 126 rooms and six suites planned.

The council will host National Night Out at Tai Tung Village on August 2.

Josiah Quincy Upper School graduates look forward to college

BY THE SAMPAN EDITORIAL TEAM

Josiah Quincy Upper School Headmaster Richard Chang introduced Boston Mayor Marty Walsh at the school’s graduation June 11 at the Boston ERC Building. (Image courtesy of Nathan Seavey.)

The Josiah Quincy Upper School Class of 2016 celebrated graduation at the Boston Herc Building on June 11. Marty Walsh congratulated the students, many of whom are from low-income families. Valedictorian Johnny Fang, 18, will attend Harvard College, while salutatorian Emily Ta, 17, will attend Boston College.

BY LING-MEI WONG

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Xinyu (Candy) Mac is an employment specialist at the Asian American Civic Association. The agency matched 325 clients to jobs for fiscal year 2017 — 60 percent of which are her clients.

Mac is an employment specialist at the Asian American Civic Association (AACA), a Chinatown agency providing new immigrants with language courses, job training and career services. She works on career services with the agency’s clients, which include new immigrants who speak little English and others who have extensive professional experience in their home country. 

Mac is fluent in Cantonese and Mandarin, explaining the job process to clients in Chinese, then asking them to repeat the information in English.

“Candy connects with employers and clients,” Chapin said. “They see the brilliance in her.”

She sees the possibility in everyone,” said Cyndy Chapin, director of employment services at the Asian American Civic Association and Mac’s manager. “Our goal is to get out into the community and get people to use our service. For the Chinese community, having someone who speaks Cantonese and Mandarin opens the door considerably.”

Mac has strong language proficiency as an immigrant from Guangxi, China. She earned a master’s degree in education at Northeastern University and taught language for seven years. Mac is a certified resume writer as well, serving as an employment specialist since March 2015.

“Her knowledge of the Chinese community is extensive. When she goes to employers, she speaks to the value of family, responsibility and integrity,” Chapin said. “As a former ESL teacher, she talks about how it is hard to learn and assimilate.”

Some of Mac’s clients have worked in all-Chinese environments, such as restaurants. Once they learn English — usually at English classes offered by AACA or other agencies — Mac provides the job preparation they need for a job in an English-speaking environment. Mac explains common interview questions, then conducts mock interviews in English. Her clients have gone on to work in retail service positions to inform technology.

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The Asian Community Development Corporation held a first-time homebuyer class in Malden from May 23 to May 22. (From left) ACDC housing counselor Michelle Li, ACDC Counseling Manager Lee Lin, ACDC chief operating officer Hamilton Ho, ACDC acting executive director Angie Liu, Malden Mayor Gary Christenson, Malden City Councillor Ryan O’Malley, Century Bank’s Cornelius Pritleau, Century Bank’s Youyi Shi, and ACDC board member Amanda Linehan. (Image courtesy of ACDC.)

Malden mayor visits first-time homebuyer workshop

BY THE ASIAN COMMUNITY DEVELOPMENT CORPORATION

A Asian Community Development Corporation held a Malden-based first-time homebuyer workshop in partnership with Century Bank at its Malden branch on May 21 to May 22. The workshops are designed to help first-time homebuyers navigate the complex home buying process with presentations from real estate agents, lawyers, contractors and mortgage lenders.

This workshop, designed for Chinese-speaking residents, was presented in Mandarin and provided Chinese-translated materials to students.

Chinatown crime blotter for June 11 to 24

BY THE BOSTON POLICE DEPARTMENT

All reports are submitted by the Boston Police Department. The time period is from June 11 to June 24 for District A-1, which includes Chinatown.

To report a crime or suspicious activity, call 911. Interpreters are available for Chinese speakers.

Motor vehicle accident, pedestrian

June 19, 8:35 a.m. The victim reported while walking across Essex Street, she was struck by the suspect’s motor vehicle. The victim was transported to Tufts Medical Center for further treatment.

Assault and battery with a deadly weapon

June 19, 2:43 p.m. The witness reported while walking down Tyler Street with his daughter, the suspect spit in her face. The suspect was FIO’d by the officers after the suspect denied doing it.

Chinatown agency worker matches immigrants to opportunity

BY LING-MEI WONG

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Enlightenment requires taking risks and creativity. Pictured is Ria Brown, award-winning actress and writer. (Image courtesy of Flickr user zoom.)

BY THE SMALL BUSINESS ADMINISTRATION

Four tips to ace job interviews by phone

BY THE ASIAN AMERICAN CIVIC ASSOCIATION

Starting your own business can be an exciting and rewarding experience. It can offer numerous advantages such as being your own boss, setting your own schedule and making a living doing something you enjoy. But, becoming a successful entrepreneur requires thorough planning, creativity and hard work.

Consider whether you have the following characteristics and skills commonly associated with successful entrepreneurs:

- Comfortable with taking risks: Being your own boss also means you’re the one making tough decisions. Entrepreneurship involves uncertainty. Do you avoid uncertainty in life at all costs? If yes, then entrepreneurship may not be the best fit for you. Do you enjoy the thrill of taking calculated risks?

- Independent: Entrepreneurs have to make a lot of decisions on their own. If you can trust your instincts and you’re not afraid of rejection even after you’ve been rejected, you could be on your way to being an entrepreneur.

- Persuasive: You may have the greatest idea in the world, but if you can’t not persuade customers, employees and potential lenders or partners, you may find entrepreneurship to be challenging. If you’re good at public speaking, engage new people with ease and find you make compelling arguments grounded in facts, it’s likely you’ve poised to make your idea succeed.

- Able to negotiate: A small business owner, you will need to negotiate everything from leases to contract terms to rates. Refined negotiation skills will help you save money and keep your business running smoothly.

- Creative: Are you able to think of new ideas? Can you imagine new ways to solve problems? Entrepreneurs must be able to think creatively. If you have insights on how to take advantage of new opportunities, entrepreneurship may be a good fit.

- Supported by others: Before you start a business, it’s important to have a strong support system in place. You’ll be forced to make many important decisions, especially in the first months of operation. Find a mentor. Consider finding a business mentor.

Prepare a cheat sheet with information such as your company’s mission statement, key figures, strategy, and markets.

3. Prepare responses to common interview questions. Think through your answers to the five most commonly asked questions. Don’t ramble and keep your responses to under 90 seconds. Your responses should be about work, not your personal life. If an interviewer wants to know more, he or she will ask.

The five common questions are:

- Tell me about yourself.
- What experience do you have? What are your weaknesses?
- What are your strengths?
- What is your salary expectation?

4. Follow up with the employer: After the phone interview, follow up with a thank you email to your interviewee. Confirm your interest in the company, ability to do the job and desire to take the next step.

Be patient if you do not hear back. You can call the interviewer a week later, then follow up with a final message two weeks after the phone interview. In the last message, get the interviewee’s contact information, if you know you are still interested in the job and that you will no longer follow up.

Job hunters face serious competition. Volume and practice are the keys to successfully finding employment. The more practice you apply for, the more likely it is you will get a telephone interview.
Prevention may be essential to reducing racial disparities in stroke

BY THE NATIONAL INSTITUTES OF HEALTH

Blacks between the ages of 45 and 54 die of strokes at a rate that is three times greater than their white counterparts, according to the Reasons for Geographic and Racial Differences in Stroke (REGARDS) study, which looked at stroke incidence and mortality of nearly 30,000 participants over the age of 45 from an ethnically and demographically diverse sample of the U.S. population. The findings suggest that the higher risk of death from strokes in blacks is due mostly to the higher incidence in this population, and not to worse outcomes following stroke.

The REGARDS study was funded by the National Institutes of Health’s National Institute of Neurological Disorders and Stroke (NINDS) and the results appear in the journal Stroke.

There has been a decline of almost 70 percent in stroke mortality rates overall in the past 50 years, making stroke the fifth leading cause of death in the United States. The reduction is attributed to improved stroke prevention due largely to better control of stroke risk factors including hypertension, diabetes, smoking cessation, and advances in post-stroke care.

However, despite the national trends showing declining stroke incidence and mortality, data from the REGARDS study confirm persistence of disparities between blacks and whites in the occurrence of stroke and mortality due to stroke. The difference in stroke incidence is believed to be due in part to differences in the prevalence of such potent risk factors as hypertension and diabetes, which are more common in Blacks. However, the magnitude of the disparity in stroke mortality diminishes as the population ages, with no difference in the stroke mortality rate for those age 85 and older.

The study authors say that the key to reducing the disparity in stroke incidence and mortality is increased efforts in stroke prevention, particularly control of high blood pressure and diabetes, which affect blacks disproportionately.

“The prevalence of hypertension is higher in blacks, but its impact is even greater in the black population. An increase of 10mmHg in blood pressure is associated with an 8 percent increase in stroke risk among whites but a 24 percent increase in stroke risk in blacks,” said Dr. Walter Krosnitz, director of NINDS.

Earlier this year, the NINDS launched a stroke prevention campaign called My Risks, designed to educate people aged 45-65 about the link between uncontrolled high blood pressure and the risk of developing dementia later in life. The campaign messaging launched in the Stroke Belt, an area of the southeastern U.S. where stroke incidence is high and REGARDS has focused its efforts.

“This study shows that improved risk factor prevention and management is critical if we are going to reduce the apparent increased risk of stroke and stroke mortality in blacks,” said Claudia Moy, Ph.D., acting director of the Office of Clinical Research at NINDS, and one of the study authors.

This work was supported by the NIH (N041588).

The NINDS is the nation’s leading funder of research on the brain and nervous system. The mission of NINDS is to seek fundamental knowledge about the brain and nervous system and to use that knowledge to reduce the burden of neurological disease.

About the National Institutes of Health (NIH)

NIH, the nation’s medical research agency, includes 27 Institutes and Centers and is a component of the U.S. Department of Health and Human Services. NIH is the primary federal agency conducting and supporting basic, clinical, and translational medical research, and is investigating the causes, treatments, and cures for both common and rare diseases. For more information about NIH and its programs, visit www.nih.gov.

Learn Chinese
Job interview

面試
miàn shì

Boston Water and Sewer Commission
IN YOUR NEIGHBORHOOD

Chinatown
CCBA - 90 Tyler Street
Thursdays, 11 am – 1 pm • July 14 & August 11

Come meet with a Boston Water and Sewer representative in your neighborhood and learn how to keep your pipes clear.

You can also pay your water bill with a check or money order, talk about billing or service problems, apply for a senior or disabled person discount, and more.

Come See Our Video!

Scoot the Poop
Walking your dog? Take a plastic bag along to pick up pet waste.

Equal Housing Opportunity

Income Restricted Sale Opportunity
The Seville Boston Harbor
250 Meridian Street, Boston, MA 02128

Income Restricted Units

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Maximum Income per Household Size (HUD 2016 limits, provided by BRA)

* Minimum Income Limits Apply

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Applications are available during the application period July 13th - 17th, 2016.

To request an application be sent by e-mail, call 617-694-0091 or e-mail your name, mailing address, and email address to Sewlinfo@yahoocom during the application period.

Applications may be picked up in person 225 Border Street, Boston, MA 02128:

Wednesday – Friday, July 13th, 2016 10am – 2pm
Saturday, July 16th, 2016 noon – 4pm
Late hours and informational meeting Sunday, July 17th, 2016, 3pm – 7pm

Completed applications must be returned by mail postmarked no later than Friday July 29th, 2016 or In-person by Friday July 29th, 2016.

Preference for First-Time Homebuyers.

Preference for First-Time Homebuyers.

Preference for Boston Residents.

Preference for Boston Residents.

Selection by lottery.

For more information or reasonable accommodations for persons with disabilities, call Rich Hornblower, 617-694-0091.

June 24, 2016
Visual impairment, blindness cases in U.S. expected to double by 2050

BY THE NATIONAL INSTITUTES OF HEALTH

With the youngest of the baby boomers hitting 65 by 2029, the number of people with vision impairment and blindness in the United States is expected to double to more than 8 million by 2050, according to projections based on the most recent census data and from studies funded by the National Eye Institute, part of the National Institutes of Health. A new 16.4 million Americans are expected to have difficulty seeing due to correctable refractive errors such as myopia (nearsightedness) or hyperopia (farsightedness) that can be fixed with glasses, contacts or surgery.

The researchers were led by Dr. Rohit Varma, director of the University of Southern California’s Roski Eye Institute, Los Angeles, and published their analysis May 19 in JAMA Ophthalmology. They estimate that 1 million American women were legally blind (20/200 vision or worse) in 2015. Having 20/200 vision means that for clear vision, you would have to be 20 feet or closer to an object that a person with normal vision could see from 200 feet away.

Meanwhile, 3.2 million Americans had visual impairment in 2015 — meaning they had 20/40 or worse vision with best possible correction. Another 8.2 million had vision problems due to uncorrected refractive error.

“These findings are an important forewarning of the magnitude of vision loss to come. They suggest that there is a huge opportunity for screening efforts to identify people with correctable vision problems and early signs of eye diseases,” Varma said. “Early detection and interventions across all population, and a need for increased screening and interventions for diseases such as age-related macular degeneration and cataract.”

The researchers analyzed data on visual impairment and blindness from six large studies: the Beaver Dam Eye Study (Beaver Dam, Wisconsin), Baltimore Eye Survey and Salisbury Eye Evaluation Study (Maryland), the Chinese American Eye Study (Monterey Park, Calif.), Los Angeles Latino Eye Study, and Project VER (Nogales and Tucson, Arizona). They used the 2014 census and population growth projections to estimate the nationwide prevalence of visual impairment and blindness now and in 2050.

In terms of absolute numbers, non-Hispanic whites, particularly white women, represent the largest proportion of people affected by vision impairment and blindness, and their numbers will nearly double. By 2050, 2.15 million non-Hispanic white women are expected to be visually impaired and 610,000 will be blind. “Based on these data, there is a need for increased screening and interventions across all population, especially among non-Hispanic white women,” Varma said.

African Americans are at disproportionately high risk for developing glaucoma, a potentially blinding eye disease that typically causes the loss of peripheral, but not central vision, so people tend not to realize that they are losing their vision and do not seek treatment,” he said.

AFORDABLE RENTAL OPPORTUNITY

Two-bedroom one bath apartment
61 Boston Avenue #1
Medford, 02155

Eat-in kitchen, refrigerator, stove, disposal, dishwasher, one off-street parking space, coin operated laundry on premises, storage unit, 1,200 square feet living space, $1,344 per month, not including utilities, except water and sewer.

Access to public transportation.

Income limits:
Two person household: $47,100
Three person household: $52,980
Four person household: $58,860

Household asset limit $75,000

No pets, except service animals
No smoking
Tenants will be chosen by lottery.

Voucher holders are welcome.

Non-voucher household must have income to pay the rent and utilities.

To enter in the lottery, completed applications must be postmarked by July 12, 2016.

The lottery will be held in the community room at Medford Fire Station 5, 6 Medford Street at 100 p.m. on July 30, 2016.

The Massachusetts Department of Transportation Invites you to attend a public meeting regarding:


THURSDAY, JUNE 30th : 6 PM
at Transportation Building – 10 Park Plaza
2nd Floor – Conference Rooms 1, 2 & 3

MassDOT is hosting our final community meeting to look into a potential redevelopment of MassDOT Parcels 25 & 26, located at 185 Kneeland Street, and the Veolia Energy steam power plant at 165 Kneeland Street.

At this meeting we will present the FINAL Guidelines and Invitation to Bid (ITB).

If you have any questions, please contact:
Jim Kersten
Legislative Liaison, MassDOT
email: James.A.Kersten@state.ma.us

The meeting space is accessible to people with disabilities. If you need a reasonable accommodation (such as American Sign Language Interpreters, assistive listening devices, handouts in alternate formats, etc.) and/or language assistance to fully participate, please contact Jim Kersten at MassDOT at 857-368-9041 or james.a.kersten@state.ma.us before June 20, 2016. Such accommodations will be provided free of charge.

BY LING-MEI WONG


America is literally translated as “beautiful country” in Chinese. And yet, while the book’s title refers to America, it’s China that fills every page, starting from the beginning when the protagonist, Chase Robertson, is shipped off to Beijing after his brother overdoses on ecstasy. There, Chase gradually begins to confront his teammates and learns to appreciate his homesick boy. The characters experience heartbreak and hope, illustrating their humanity rather than otherness.

“Beautiful Country” avoids the patronizing trope of a white messiah redeeming Chinese yokels. Instead, Chase is a brat who is humbled by his Chinese teammates and learns to appreciate his good fortune. Thornton may hail from the West, but he captures China’s desperate yearning for a better life in his searing novel.
Restaurant review: Amelia’s Trattoria

BY LING-MEI WONG

Amelia’s Trattoria is a cozy bistro serving scrumptious Italian dishes. The restaurant is a family-owned business in Kendall Square, open since 1999.

The space seats about 20 patrons indoors and more outside, with delicious scents wafting out of the open kitchen. Complimentary focaccia is warm and perfect with sun-dried tomatoes. Our starters of Prince Edward Island mussels ($12) and antipasto for two ($18) were quickly gobbled up by our dinner party.

The mussels were bathed in white wine, butter, basil and roasted tomatoes and garlic, with the broth pairing wonderfully with the bread. While the antipasto was for two, our party of eight had plenty to share from the slices of salami, prosciutto and a particularly delightful log of goat cheese.

Chef Delio Susi Jr. named the restaurant for his mother Amelia and his cooking honors his Italian roots. The lobster ravioli (market price) stuffed with lobster and cheese was my favorite dish, with tender lobster chunks in a cream sauce. It was rich without overwhelming the delicate lobster flavor.

The house-made gnocchi ($19) are pillows of butternut squash pasta, soaking up a brown butter and crispy sage sauce. Butter heightened the sweetness of the squash for a very satisfying bite.

The roast salmon ($24) was the fish of the night. It was perfectly executed, with a slight char on the outside and tender flesh within. Amelia’s has a respectable dessert selection for those with a sweet tooth. The crème brûlée ($9) was perfumed with vanilla and the chocolate terrine ($9) had chewy pistachio.

Amelia’s Trattoria is a neighborhood gem in Cambridge for solid Italian food.

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“A role model for a class-full of inner-city teens.”

Raymond Zapata
BA Candidate, School of Undergraduate Studies

Raymond knows who he wants to be. Do you?
With a great faculty, flexible programs, affordable tuition, and campuses across the state, Cambridge College is the right place to become who you truly are.

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