Sculptor Nora Valdez chronicles immigrant experience

BY SHIRA LAUCHAROEN

Fabricated from limestone and wood, a carved boat carrying an embryonic figure dominates the room, a shroud of white cloth draped over its form. The sculpture is one of artist Nora Valdez’s featured pieces on display at The Boston Sculptors Gallery, debuting in her exhibit Immigration Nation II, which held an opening reception on Nov. 10.

“I call it ‘Unprotected,’ ” Valdez said, gesturing towards the round, primordial shape lying within the structure of the boat. “It’s supposed to be the mother and son. You don’t know if they made it or not.”

Valdez’s work draws upon themes of safety and enclosure, travel, and distance, detailing the search for identity and the rootlessness of immigrant life. “Baggage,” combines the image of a single suitcase made from limestone with a neighboring paper bag, evoking the restlessness of flight from another country. One piece, “Caution,” represents the frameworks of miniature houses, each one containing drawings on wood of blank-faced families. In “Immigrants,” clustered silhouettes without visible expressions are constructed from wood, leaving their backgrounds open to interpretation.

“All of my sculptures are without faces,” Valdez said. “I wanted them to have no ethnicity, and I wanted to describe immigration in general.”

Immigration Nation II is the extension of an earlier exhibit, Immigration Nation I, in which Valdez gathered together first- and second-generation immigrants to design 400 suitcases, each one expressing an individual narrative. In contrast to the colorful, vibrant story-telling of Immigration Nation I, the sculpture work is surprisingly stark, perhaps to evoke the isolation of the immigrant journey.

Valdez came to the United States in 1986, emigrating from Argentina. She began exhibiting her art in 1977 and works principally with the stone medium. Her sculpture and installations frequently grapple with the ideas of change and the search for home in a foreign setting. The messages are certainly political, Valdez said, that diversity produces the backbone of the nation.

Immigration Nation II is on display until Dec. 10.

Community developer Asian CDC reflects on 2017 work

BY LING-MEI WONG

The Asian Community Development Corporation (ACDC) held its annual meeting Nov. 14 at the Metropolis. Its staff reflected on agency highlights and plans for 2018 over a light dinner from Joy Sauce.

“In the last three decades, we have built close to 400 affordable homes for working families,” said ACDC executive director Angie Liu. “We provided homebuyer information to 2,000 clients and have served over 200 youth in the Asian Voices of Organized Youth for Community Empowerment or A-VOYCE program.”

A-VOYCE teenagers worked on several projects such as SaturPlay, bringing kid-friendly activities to the Mary Soo Hoo Park on the last Saturday of the month. Youth completed a Chinese New Year wishing tree, that diversity produces the backbone of the nation. Immigration Nation II is on display until Dec. 10.

The Asian Community Development Corporation’s staff attended its annual meeting Nov. 14 at the Metropolis. (Image courtesy of Ling Mei Wong.)

“ThinkChinatown: Tied Together by More than a Thousand Threads” mural for Phillips Square. Youth leader Sophie Liu, 16, attends Medford High and grew up in Chinatown. She said, “Chinatown is more than just a neighborhood. It is the air you keep breathing. It is the glue that holds us together.”

CONTINUED ON PAGE 5
**Event Calendar**

**Chinese chat group**
Fridays, Tuesdays
6:30 p.m. to 9 p.m.
677 Huntington Avenue
Boston, MA 02115
A Cantonese conversation group will meet Friday at the Harvard T. H. Chan School of Public Health, Kengee 201 on 2F. A Mandarin chat group will meet Tuesday. RSVP at www.meetup.com/boston/hina/.

**ACMES conference**
Saturday, Nov. 18
8:30 a.m. to 9 p.m.
210 Longwood Avenue
Boston, MA 02115
The American Chinese Medical Exchange Society will hold its conference at Armenian Building Room 125. RSVP at www.acmes.net.

**Free meditation class**
Sunday, Nov. 19
10 a.m. to 4:30 p.m.
101 Mystic Avenue
Medford, MA 02155
Free meditation classes will take place Sundays and Thursdays (7 a.m. to 8:30 a.m., 10:30 a.m. to 12:30 p.m.) at Boston Bodhi Meditation. People with limited mobility are welcome to join. For more information, call (781) 874-1023.

**Free information clinic**
Monday, Nov. 20
10 a.m. to 3 p.m.
275 Hancock Street 2F
North Quincy, MA 02170
Chinese American Citizen Right Association offers information and referral services to Chinese Americans. QARI at (617) 426-9492 x 250 or email jce@aaac-boston.org.

**CNC election**
Sunday, Nov. 26
61 Harrison Avenue
Boston, MA 02111
The Chinatown/South Cove Neighborhood Council election will take place at the Santander Bank. All Chinatown and Massachusetts residents over 16 are eligible to vote in the CNC election.

**CCBA meeting**
Tuesday, Nov. 28
7 p.m.
90 Tyler Street
Boston, MA 02111
The Chinese Consolidated Benevolent Association will hold its bimonthly meeting.

**South Cove Manor breakfast seminar**
Thursday, Nov. 30
9:30 a.m. to 10:30 a.m.
120 Shurnit Street
Boston, MA 02118
All are welcome to attend at the BCCC auditorium, the former South Cove Manor location. Refreshments provided. For more information, call Terry Yin at (203) 893-7963.

**We are Boston gala**
Thursday, Nov. 30
7 p.m. to 10 p.m.
425 Summer Street
Boston, MA 02110
The 12th We are Boston gala will take place at the Westin Boston Waterfront. For more information, visit www.boston.gov/calendar/are-we-boston-gala-2017.

‘Hold These Truths’ at Lyric Stage
Dec. 1 to Dec. 31
140 Clarendon Street 2F
Boston, MA 02116

**Chinese American Citizen Right Association meeting**
Wednesday, Dec. 6
10:30 a.m.
821 Washington Street
Boston, MA 02111
The Chinese American Citizen Right Association meeting will take place at the DoubleTree Hotel. The public is welcome to attend.

**Free immigration clinic**
Wednesday, Dec. 12
Noon to 2 p.m.
1 City Hall Square
Boston, MA 02201
The Mayor’s Office for Immigrant Advancement offers free immigration clinics at the Boston City Hall Room 806. For interpreters other than Spanish, please call at least one week in advance at (617) 635-2980.

**Chinatown Resident Association meeting**
Wednesday, Dec. 6
6:30 p.m.
885 Washington Street
Boston, MA 02111
The Chinatown Resident Association meeting will take place at the Josiah Quincy Elementary School cafeteria. The public is welcome to attend. For more information, email chinatownresidents@gmail.com.

**Alzheimer’s and fall prevention workshop**
Saturday, Dec. 9
10 a.m.
28 Oak Street
Boston, MA 02111
An interactive health workshop on Alzheimer’s disease and fall prevention will take place at the Metropolitan Community Room. Refreshments provided.

**BCEC auditorium, the former Sampan**
Saturday, Dec. 9
1:45 p.m.
Chinatown Gate
Mayor Marty Walsh and his Enhance Trolley Tour will light a holiday tree in Chinatown.

**Chinatown Safety Committee meeting**
Wednesday, Dec. 6
10:30 a.m.
821 Washington Street
Boston, MA 02111
The Chinatown Safety Committee meeting will take place at the DoubleTree Hotel. The public is welcome to attend.

**Mulan Society classes**
Saturday, Dec. 9
1 p.m. to 4 p.m.
87 Tyler Street
Boston, MA 02111
Mulan Society Center for Women’s Empowerment classes will take place at the Asian American Civic Association, 4F. Refreshments provided. Register with Sherry Xue at (617) 426-9492 x 228 or sxue@aaac-boston.org.

**BCNC Day at the Lyric Stage**
Saturday, Dec. 9
3 p.m. to 5 p.m.
87 Tyler Street
Boston, MA 02111
BCNC Day for Jeanne Sakata’s play, “Hold These Truths,” will take place at the Lyric Stage. Tickets available at www.bcnc.net.

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**Sampan**
A Publication of the ADC
www.sampan.org
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SAMHAN is New England’s only bilingually English-Chinese newspaper. It is nonprofit and nonpartisan. Founded in 1972, Sampan is published by the Asian American Civic Association. Sampan is distributed free in Chinatown and the Greater Boston area. All donations to the publication are tax deductible. Subscription: $65/year (1st class mail), $85/year (3rd class mail).

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**New Construction – 6 Units offered via lottery**
Cary Memorial Building, Estabrook Hall, 1605 Mass. Ave, Lexington, MA 02420
Lottery: January 29, 2018 at 7:00 p.m.
978-287-1092 & 978-639-3387
Housing@Sudbury.Ma.US

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**Newton, “T” to work from Woodland Station**
509 Woburn Avenue, 2 Mass. Terrace, Lexington, MA 02420

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**New Construction – 6 Units offered via lottery**
One 1BR unit $815,400
Five 2BR units $167,500 to $170,500
Applications accepted through January 10, 2018, 1 p.m.
Lottery: January 29, 2018 at 7:00 p.m.

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- Smart home technology
- Smart home system
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- Outdoor parking
- Building amenities
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- Newton
- Arlington
- Jamaica Plain
- Chelsea
- Somerville
- Cambridge
- Boston
- Medford
- Watertown
- Everett
- Waltham
- Watertown
- Arlington
- Needham
- Newton
- Lexington
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**Newton, “T” to work from Woodland Station Apartments & save $$$**
Contemporary appts with condo quality finishes and amenities. Single level and townhomes. Easy access to Route 128, 9 & Mass Pike. Income guidelines may apply. 844-721-1176 TTY:711
Woodlandstationapts.com
Everett Villa Co-op
66 Main Street—Everett, MA 02149

Everett Villa Co-op located at 66 Main Street in Everett, Massachusetts 02149 will be accepting housing applications for their one bedroom list as of November 10, 2017.

Everett Villa Co-op will continue to accept applications for their accessible housing list.

www.csi.coop (800)225-3151
Boston voters reelect Mayor Walsh, add six women to City Council

BY LING-MEI WONG

Boston Mayor Marty Walsh won his second term on Nov. 7, taking 65 percent of votes to defeat challenger Tito Jackson. Walsh won Chinatown by 80 percent in its two precincts, Ward 5 Precinct 1 and Ward 5 Precinct 8.

For the District 2 City Council race, Ed Flynn beat Mike Kelley with 51.6 percent of the vote. Kelley received 48.1 percent of all votes. Flynn will replace Bill Linehan, who retired in September.

District 2 includes Chinatown, South Boston and the South End.

The District 2 race had allegations of vote-farming, raised by the Chinese Progressive Political Action. Chinese seniors said they were asked to sign absentee ballot forms without marking their preferred candidates. The Boston Elections Department voided six ballots and allowed absentee voters in Chinatown's precincts Ward 5 Precinct 1 and Ward 3 Precinct 8 to vote at the polls.

Kelley received 52.8 percent of Ward 3 Precinct 8's votes and 63.4 percent of Ward 5 Precinct 1's votes.

All four at-large incumbent councilors were reelected: Annissa Essaibi-George, Michael Flaherty, Ayanna Pressley and Michelle Wu.

The City Council added two more women, with Lydia Edwards defeating Stephen Passaicantilli for District 1 and Kim Janey defeating Rufus Faulk for District 7. Andrea Campbell was reelected in District 4, running unopposed. The six female councilors are all women of color.

Incumbents Frank Baker, Tim McCarthy and Mike O'Malley ran unopposed in Districts 3, 5 and 6 respectively. Josh Zakim held off challenger Kristen McCarthy Moliba in District 8. Mark Ciommo was reelected to his sixth term in District 9, beating Brandon Bowser.

Seniors learn about heart health

BY LING-MEI WONG

Asian Women for Health hosted a heart health seminar Nov. 11 at Roxbury Tenants of Harvard. (From left) AWFH's Chien-Chi Huang and April Tang. (Image courtesy of Anna Tse.)

BY LING-MEI WONG

Asian Women for Health hosted a heart health seminar Nov. 11 at Roxbury Tenants of Harvard. (From left) AWFH's Chien-Chi Huang and April Tang. (Image courtesy of Anna Tse.)

MBTA NOTICE TO BIDDERS

- Electronic proposals for the following project will be received through the internet using Bid Express until the date and time stated below, and will be posted on www.bidx.com forthwith after the bid submission deadline.

- No paper copies of bids will be accepted.

- Bidders must have a valid digital ID issued by the Authority in order to bid on projects.

- Bidders need to apply for a digital ID with Bid Express at least 14 days prior to a scheduled bid opening date.


- Submitted at www.bidx.com until two o’clock (2:00 p.m.) on November 30, 2017.

- Immediately thereafter, in a designated room, the Bids will be opened and read publicly.

The scope is material procurement for the Wellington Yard Rebuild project. This includes furnishing, fabricating, and delivering running rail, restraining rail, third rail, timber cross ties, turnouts and other special trackwork as specified in the contract specifications, complete with curved and straight closure rails, frogs, plates, fasteners, switch components, ties, cast chairs, cover guard, pre-curved running rail, pre-curved restraining rail, and all other material necessary for installation of the special trackwork.

Bidders attention is directed to Appendix 1, Notice of Requirement for Affirmative Action to Insure Equal Employment Opportunity, and to Appendix 2, Supplemental Equal Employment Opportunity, AntiDiscrimination, and Affirmative Action Program to the specifications. While there is no DBE goal associated with this contract, the Authority strongly encourages the use of Minority, Women and Disadvantaged Business Enterprises as prime contractors, subcontractors and suppliers in all of its contracting opportunities.

Bidders will affirmatively ensure that in regard to any contract entered into pursuant to this solicitation, minority and female construction contractors will be afforded full opportunity to submit Bids and will not be discriminated against on the grounds of race, color, religion, sex, age, or national origin in consideration for an award.

Additional information and instructions on how to submit a bid are available at http://www.mbta.com/business_center/bidding_solicitations/current_solicitations/
ABC's Community Heroes Celebration honors three men

BY ACTION FOR BOSTON COMMUNITY DEVELOPMENT

Action for Boston Community Development dedicated an evening of ad- miration, reflection and celebration to honor several outstanding citizens who serve and uplift their communities as unsung heroes on Nov. 9 at the Boston Marriott Copley Place.


"Once again, ABCD is proud to put the spotlight on the volunteers and community members that go above and beyond to assist, serve, and educate our most vulnerable residents and economi- cally disenchanted families," said John J. Drew, ABCD President/CEO.

Sen. Markey and state Rep. Rushing were inducted into the ABCD Heroes Hall of Fame for their selfless political efforts in progressing society and ad- dressing issues that are important to the disenfranchised community.

ABCD recognized J. Keith Motley because of his inspiration to many, urging those in need to overcome adversity.

Hot jobs

BY THE ASIAN AMERICAN CIVIC ASSOCIATION

The Asian American Civic Association works with local employers through its Employment Center. Feel free to contact the team at employment@aacan.org or (508) 309-2080. If you leave a message, a staffer will return your call.

Full- or Part-Time Jobs

- Flexible Schedule
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ABCD works to build healthy, vi- brant neighborhoods and a strong Asian American community.

Chinatown crime for Nov. 3 to Nov. 17

BY THE BOSTON POLICE DEPARTMENT

All reports are submitted by the Bos- ton Police Department. The time period is from Nov. 3 to Nov. 17 for District A-1, which includes Chinatown.

To report a crime or suspicious activ- ity, call 911. Interpreters are available for Chinese speakers.

Assault and battery Oct. 20, 2:16 a.m.: The victim re- ported while walking on Washington Street, she was punched in the face by an unknown black male. The victim declined medical treatment. The suspect fled the area towards LaGrange Street.

Agravated assault Oct. 21, 2:49 a.m.: The victim re- ports while entering his apartment on Washington Street, he was punched and kicked by two unknown suspects. The suspects live in same building. The victim was transported to the hospital via EMS. The incident is to be further investigated by district detectives.

Operating under the influence Oct. 25, 2:23 a.m.: The officers re- sponded to Beach Street on a report of drunk driver. Upon arrival the officers observed the suspect outside of motor vehicle having trouble standing up. He eventually fell to the ground. The wit- ness stated the suspect was observed inside of car with the engine running. The suspect exited the car and fell face first to the ground. The suspect was trans- ported to hospital by Emergency Medi- cal Services. He will be summonsed into court for OUI.

ACDC: Agency looks back on highlights

CONTINUED FROM PAGE 1

A ribbon-cutting for 88 Hudson Street’s 51 affordable condos will take place Nov. 28, Liu said.

A client spoke of her homebuyer ex- perience, thanking coun- selor Lee Lin for helping her family move out of an attic.

ACCD has also launched a legal clinic in Malden.

"This was a really great year of wonder- ful accomplishment for ACDC," said ACDC board president Paul Lee.

ACDC works to build healthy, vi- brant neighborhoods and a strong Asian American community.
The dangers of smoking while young

BY SARA BROWN

The average smoker begins smoking at the age of 19 or younger, according to the Mayo Clinic. While smoking is dangerous at any age, there are some particularly dangerous health effects when someone starts smoking young.

Each day in the United States, more than 3,200 youth 18 or younger smoke their first cigarette, and an additional 2,100 youth and young adults become daily cigarette smokers. People who smoke while young are at risk of developing an addiction to nicotine, reduced lung function, reduced lung growth and early cardiovascular damage. Children who smoke are more likely to develop asthma.

Exposure to nicotine can have lasting impact on brain development. It also may be harder for someone to quit smoking if they started at an early age.

Secondhand smoke can also negatively impact a younger person. About half of all children between ages 3 and 18 years in the United States are exposed to cigarette smoke regularly. This means there are more likely to have more ear infections; have more respiratory infections; have more asthma attacks; and miss more days of school.

From 2011 to 2016, cigarette smoking declined among middle and high school students, according to the Mayo Clinic. About 2 out of every 100 middle school students reported in 2016 that they smoked cigarettes in the past 30 days — a decrease from 4.3 percent in 2011. Eight out of every 100 high school students reported in 2016 that they smoked cigarettes in the past 30 days — a decrease from 15.8 percent in 2011.

However, electronic cigarettes are becoming more appealing to children. Makers market sweet flavors such as candy or bubblegum. Use of electronic cigarettes increased among middle and high school students from 2011 to 2016. About 4 of every 100 middle school students reported in 2016 that they used electronic cigarettes in the past 30 days, an increase from 0.6 percent in 2011. About 11 out of every 100 high school students reported in 2016 that they used electronic cigarettes in the past 30 days — an increase from 1.5 percent in 2011.

Miscarriage is common. Why is nobody talking about it?

BY SARA BROWN

When New Hampshire native Kelly Burch found out she was expecting her second child, she was thrilled. Her second baby was due on Christmas Day. She had turned to basic home remedies to help her heart stop beating. Burch would find out later that day that she had a miscarriage.

“It was one of the most overwhelming, sad moments of my life,” said Burch.

It was also one of the most isolating moments of her life as well. Burch said for the first few days after finding out she had miscarried, she never felt more alone.

However, Burch was far from alone. Between 15 to 20 percent of clinically recognized pregnancies end in miscarriage.

The silence

Despite miscarriage being terribly common, there is still a misconception that it doesn’t happen that much.

Einstein College of Medicine of Yeshiva University asked 1,084 adults about miscarriage and its causes. A total of 55 percent respondents believed miscarriage occurred in 5 percent or less of all pregnancies.

This doesn’t surprise East Boston resident Maggie Mazzarella. The 30-year-old suffered from her first miscarriage in 2014.

“I felt so alone,” she said. “I was in so much pain.”

Mazzarella told her family about the miscarriage and found out that her grandmother and sister-in-law both had miscarriages.

New website helps support caregivers

BY SARA BROWN

In Yellen knows what it is like to care for a family member. He spent more than a decade researching, writing and managing in-home aides, skilled nursing and hospice care for his mother who lived to her 90s.

From this experience, Yellen found being a caregiver can be stressful and complicated.

“It is a silent stress,” he said. “It’s just always there.”

Yellen said in Massachusetts alone there are 800,000 unpaid family caregivers.

Most of these caregivers are women, making up more than 80 percent of the caregivers.

“It usually falls upon a daughter,” he said. “If there isn’t a daughter or some female in the picture, that’s when you see a male become the caregiver.”

Yellen decided to develop the Aging in Place Essential Toolkit. A comprehensive one-stop resource, the toolkit helps family caregivers research, develop, plan and manage caregiving of their loved ones. It also provides family caregivers important tools and resources to help them plan for their own needs as they age.

The toolkit was launched this fall.

The U.S. Centers for Disease Control and Prevention defines aging in place as “the ability to live in one’s own home and community safely, independently, and comfortably, regardless of age, income, or ability level.” An AARP survey found 90 percent of adults over 65 would prefer to stay in their current residence as they age.

In addition to providing support and best-practice ideas, the Aging in Place Essential Toolkit offers caregivers services and products that can support their loved ones’ health care, communication, safety and mobility needs.

“There is an easy to use portal,” said Yellen. “It provides a one-stop shop for any information or services you may need.”

One of the most popular aspects of the site is the caregiver’s checklist. Caregivers can print tips and advice to make sure they are giving their loved one the best care.

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Night Market makes for a fun night out. Sweet toast had coconut with an egg in Maggi sauce. (Image courtesy of Ling-Mei Wong.)

Night Market’s tea-smoked duck breast crostini. (Image courtesy of Ling-Mei Wong.)

The Shaky Shaky Beef’s fish sauce and citrus soy marinade combined to make an irresistible sauce you had to eat with rice. Sweet Toast (S$6) is a beloved Malaysian/Singaporean with coconut custard slathered between two pieces of toasted bread, served with a poached egg and Maggi sauce. More savory than sweet, the creamy egg yolk coupled with the salty Maggi sauce and sweetness from the coconut custard complemented each other.

This dining experience is more expensive than the average night market meal in Asia, but you save on airfare. Night Market makes for a fun night out.

Boston Ballet’s Junxiong Zhao dances to his own beat

BY LING-MEI WONG

Before Boston Ballet principal dancer Junxiong Zhao found his passion in dance, he developed a love for fiery hot food. “I miss hot pot so much,” Zhao said, who grew up in Chongqing, China.

Zhao was promoted to principal dancer in February, after starting in the corps in 2014. He expands the company’s Asian and Asian American principal dancers to five, including Lia Cirio, who is half Filipino; Seo Hye Han of Korea; and Derek Lam, whose parents are Vietnamese immigrants. The company’s 65 dancers are of 16 nationalities.

“Boston Ballet is a prestigious company with a different repertoire every season, so I was exposed to many styles,” Zhao said.

As a little boy, Zhao loved dancing—he’d hear music and immediately start grooving. His parents enrolled him in dance classes at age 7 and at age 11, he auditioned for the Shanghai East Ballet School. When he was 17, he won a senior gold medal at the Youth America Grand Prix Semi-finals and a scholarship to The Washington Ballet School. After a year, he joined the Washington Ballet Studio Company and danced with Ballet Arizona for two years, before Boston.

“I came to Boston Ballet to improve myself and expand my horizons,” Zhao said. “Ballet is exacting and there are always things to improve.”

In the obsessive search for perfection, Zhao will spend hours practicing to look effortless.

“Ballet is like a silent play,” he said. “You use body language so the audience understands what you’re saying.”

Zhao visits Chinatown when he feels homesick, not far from Boston Ballet’s South End headquarters and the Boston Opera House. Since coming to America, Zhao has not performed on a Chinese stage and hopes to tour internationally. He visits his family each year, enjoying hot pot and Chongqing street food.

For aspiring dancers, Zhao urges them to express themselves. “Find your own niche,” he said. “Don’t be exactly like me, although I can share my story. But dance your own style. Every dancer knows daikon radish could taste so delicious when deep fried!”

Next came the popular Daikon Fries ($7), thickly cut and served in a bucket along with a black bean/garlic aioli and tomato ginger ketchup for dipping. Who knew daikon radish could taste so delicious when deep fried?

We got two styles of Fried Chicken Wings ($9 each): the Tebasaki of sweet garlic ginger soy and the Vindaloo with shallots, Korean chili flakes and fish sauce. The Tebasaki won me over with the umami hints of soy, garlic and ginger. I feared the Vindaloo would be too spicy, but it wasn’t.

The seasonal vegetable was Brussels Sprouts ($6), sautéed with Chinese sausage for a tasty pairing.

We got the Meat Platter ($13) with four different skewers. A skewer of three tiny Xijiang meatballs — made with lamb, coriander, chili and garlic — was on point. The Sukiyaki Western skewer consisted of caramelized onion soubise (creamy onion sauce over skirt steak). Chicken Yakitori seemed simple in comparison but was not dry. Finally, the Imperial Pork served as my favorite skewer — was on point. The Sukiyaki Western skewer consisted of caramelized onion soubise (creamy onion sauce over skirt steak). Chicken Yakitori seemed simple in comparison but was not dry. Finally, the Imperial Pork served as my favorite skewer.

The two bigger items of the night were the Dan Dan Noodles ($14) and Shaky Shaky Beef ($15). Though the the noodles dish features spicy pork ragout and Sichuan broth, it was not too spicy.

As a little boy, Zhao loved dancing—he’d hear music and immediately start grooving. His parents enrolled him in dance classes at age 7 and at age 11, he auditioned for the Shanghai East Ballet School. When he was 17, he won a senior gold medal at the Youth America Grand Prix Semi-finals and a scholarship to The Washington Ballet School. After

Night Market’s tea-smoked duck breast crostini. (Image courtesy of Ling-Mei Wong.)
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