Chinatown English program sends most students to college

BY LING-MEI WONG

A Chinatown high-level English program has come a long way over 20 years. For the fourth year in a row, the Next Steps Transitional English Program (Next STEP) of the Asian American Civic Association (AACA) has sent more adults to college than any other community-based adult basic education program funded by the Mass. Department of Elementary and Secondary Education (DESE).

AACA had the highest number of students entering secondary education among 82 community-based organizations in Massachusetts, based on DESE fiscal year 2016 statistics on adults who enrolled in college after studying in adult English language learning programs. A total of 18 Next STEP graduates went to college for FY2016, comprising 17 percent of all adults enrolling in college statewide from DESE-funded programs.

“We see very motivated students who want to go to college or enter job training and get better jobs,” said Richard Goldberg, executive director of AACA. “We are well-positioned for the future and the increased demands on programs under the Workforce Innovation and Opportunity Act to help students get on a path to family-sustaining employment.”

A Next STEP graduate was honored with the Rising Star student award at the English for New Bosstonians (ENB) business breakfast on Oct. 24. Hongfang Li, patient care technician at Beth Israel Deaconess Medical Center, said, “Since I graduated from AACA, I have been keeping in touch because I really appreciate that AACA helped me succeed in the study and career fields. I have returned to AACA to share my educational experience with immigrant students. I encouraged them to continue their education."

The ENB event also honored the Boston Chinatown Neighborhood Center (BCNC), Chinese Progressive Association (CPA) and Quincy Asian Resources, Inc. (QARI). CPA and BCNC are partners with Roche Brothers Supermarkets, while QARI partnered with JP Fujij Group. State rep. Tackey Chan received an Agent of Change award, as well as Marie Downey, executive director of BEST Corp. Hospitality Training Center.

CONTINUED ON PAGE 3
Dim Sum for Diabetes
Friday, Nov. 4
9:30 a.m. to 3 p.m.
690 Washington Street
Boston, MA 02111

The Dim Sum for Diabetes will take place at Empire Garden. All proceeds will go toward the development of Diabetes Center.

ABCD Community Heroes Celebration
Friday, Nov. 4
6 p.m.
110 Huntington Avenue
Boston, MA 02116

ABCD’s Community Heroes Celebration will take place at the Boston Copley Marriott Place Hotel. For more information, visit www.abcheroes.org.

Traditional medicine workshop
Saturday, Nov. 5
10 a.m. to 1:30 p.m.
293 Varian Avenue
Lowell, MA 01854

An Asian traditional medicine workshop will take place at the Lowell General Hospital main campus. For resources, call Auditorium. RSVP online at http://ow.ly/4dSMT30yfJP.

Education workshop
Saturday, Nov. 5
10 a.m. to 3 p.m.
21 E. Elm Street
Quincy, MA 02170

The MCDonald’s education workshop will take place at the Lowell General Hospital main campus. For resources, call Auditorium. RSVP online at http://ow.ly/4dSMT30yfJP.

Western medicine for all
Saturday, Nov. 5
9 a.m. to 11 a.m.
690 Bayston Street
Boston, MA 02109

The Open House will take place at the Asian American Civic Center, 5F. The public is welcome to attend.

Workforce training assessment
Monday, Nov. 7
9 a.m. to 1:30 p.m.
320 Washington St., Suite 301
Brighton, MA 02213

The Studio of Engaging Math will host an open house for its K-8 after-schoo. Russian math program. For more information, visit www.engagingmath.com.

Free information clinic
Monday, Nov. 7
10 a.m. to 3 p.m.
275 Hancock Street
Boston, MA 02111

Free information clinic will provide information on all insuranc plans accepted by South Cove. It will provide information and assist patients and their families with applications.

Free workshop on credit
Monday, Nov. 7
6:30 p.m.
First Church in Malden
184 Pleasant Street
Malden, MA 02148

The workshop will take place at the Boston Chinatown Neighborhood Center, 4F. The public is welcome to attend. For more information, visit abc-boston.org.

Charity Day
Saturday, Nov. 12
9 a.m. to 11 a.m.
690 Bayston Street
Boston, MA 02109

The Mass. Attorney General’s Office will host a free wage theft clinic at Suffolk Law School. RSVP at (617) 963-2327 or wagecomminity/vagengement@state.ma.gov.

A free workshop on Shop Smart, Do Good, will take place at Lord & Taylor.

Smoking workshop
Saturday, Nov. 12
10 a.m.
38 Oak Street
Boston, MA 02111

A health seminar on smoking and related dis- eases in our community will take place at the Metropolitan community room. Light refreshments will be provided.

Acupuncture, herbal medicine workshop
Saturday, Nov. 12
11 a.m. to noon
One Memorial Drive
North Andover, MA 01845

A workshop on acupuncture and herbal Chinese medicine will be given by Dr. Jeng Shu Wei at Microsoft NERD. Register online at http://ow.ly/4tWg30yfJ.

Wah L Um Malden 10th Anniversary Show
Saturday, Nov. 12
3 p.m. to 5:30 p.m.
590 Main Street
Medford, MA 02176

Wah L Um Malden will hold its Legacy Dinner at Empire Garden. For more information, call (617) 426-2237 x 1406 or email rhizin@ymcaboston.org.

Boston set to host In Malden
The Chinatown Coalition meeting will take place at the Boston Chinatown Neighborhood Center, 4F. The public is welcome to attend. For more information, visit abc-boston.org.

WHAT IF...?

WHY THINK SO...?

DON’T THINK SO...? TALLER - HAHA!

SOUTH COVE COMMUNITY HEALTH CENTER
The Premier Asian Community Health Center in Massachusetts

SOCIAL SERVICES ASSISTANT (PART TIME)

Assists and advocates for patients and their families will bill insurance, social service programs. Performs outreach services to patients in the community. Provides information on government benefits such as Medicaid and health insurance. Maintains knowledge of all insurance plans accepted by South Cove. Bachelors degree in Social Service or equivalent work experience in an outpatient medical setting. Strong verbal and written skills in English, Chinese (Cantonese/Mandarin) and Vietnamese.

Contact or e-mail resume to A. Human Resources
145 South Street, Boston, MA 02111
Fax: (617) 521-8795
Email: ihald@scchc.org

South Cove Community Health Center is an Equal Opportunity Employer

EMPLOYEE BENEFITS

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EMPLOYEE BENEFITS
Benefit raises funds for Chinese orphans

Silver Lining Missions founders Lydia and Chris Yeung attended a benefit on Oct. 30 at Ming’s Seafood Restaurant in Malden. (Image courtesy of Ling-Mei Wong.)

A charity benefit for Silver Lining Missions took place Oct. 30 at Ming’s Seafood Restaurant in Malden. Founders Chris and Lydia Yeung discussed the agency’s mission and work in China.

Silver Lining Missions supports Chinese orphans with cerebral palsy and other special needs. It runs an orphanage in a mountainous area of Guangxi Province, a cerebral palsy care center in Nanning and employment workshops for young adults with special needs. For more information, visit www.silverliningsmissions.org.

Workforce expert joins Chinatown agency

BY LING-MEI WONG

The Asian American Civic Association (AACA) welcomed Wendy Lauser as its assistant director to lead workforce development on Oct. 12.

Lauser replaces Sunny Schwartz, who served at the agency for 11 years before becoming executive director of the Metro North Regional Employment Board in June. Schwartz leads one of 16 workforce boards across the state for workforce development planning, partnerships and funding for the region.

Lauser has experience in leadership, organizational management and program development, having served as workforce development director for the Pine Street Inn for 10 years. Pine Street Inn partners with homeless individuals to help them move from the streets and shelter to a home and assists formerly homeless individuals in retaining housing.

"Wendy has great skills in program evaluation and outcome management," said Chau-ming Lee, AACA executive director. "She will be a great addition to our workforce development programs."

Lauser was hired after an extensive search over the past few months. As a Polish American immigrant, she found the agency a welcoming place for newcomers.

"I've been working with the immigrant community, young adults and job seekers with severe barriers to employment for more than 30 years," Lauser said. "It's so refreshing to be part of an organization which acts like it's a family. It treats people like everybody's a friend."

AACA offers workforce training programs in Banking and Finance, Building Energy Efficient Maintenance Skills and New Kinds to Employment for immigrants with overseas college degrees. A total of 81 percent of program graduates are placed in jobs. The agency provides job counseling through its Employment Center with 107 employment partners.

Boston councilors Wu and Zakim discuss parking and municipal IDs

BY LING-MEI WONG

Boston City Council President Michelle Wu hosted a press conference on Oct. 28 at City Hall. About 50 seniors attended the information session with optimistic Deborah Wayne.

Wu went over details for the municipal ID card bearing on Oct. 27. Lack of formal, government-issued photo identification can be a barrier to accessing city services. Boston would have an opportunity to streamline city services and create benefit for all residents to have a municipal ID — one card could serve as identification, library card, MBTA pass, student ID, community center pass and include medical information in case of emergency. Wu filed for a hearing in July and Boston's city budget this year has funding to explore a municipal ID program.

District 8 City Councilor Josh Zakim discussed his legislative agenda, including his proposed modifications to Boston's Street Occupancy Program and the need for a city-funded housing voucher program for Housing First.

The Street Occupancy Program issues temporary no-parking signs, which include a monthly fee. The signs are for moving trucks or construction vehicles, but some residents abuse the privilege by parking personal vehicles or leave the signage up long after the work is done. Zakim proposes changing the payment from a monthly to daily fee.

"Based on the number of spaces and square footage, it’s less than $300 for one car space, which is significantly cheaper than parking in a private lot," Zakim said.

Housing First is an approach that offers permanent, affordable housing as quickly as possible for individuals and families experiencing homelessness, along with social services.

QUINCY TOWER REHABILITATION

THURSDAY, NOVEMBER 10
6:30 PM - 8:00 PM

PROJECT PROponent:
Quincy Tower Developer LLC

PROJECT DESCRIPTION:
The Proposed Project consists of kitchen and bathroom replacements for previously unrenovated units as well as accessibility, building envelope, common area, and mechanical systems improvements to the existing Quincy Tower building located at 5 Oak Street West in Chinatown the "Project Site. The building entrance is on Washington Street. The payment is on the intercom (management office) to gain access to the building.

NEXT STEP: Program No. 1 for four years

FROM PAGE 1

Next STEP was created in January 1993 to bridge the gap between basic English classes in greater Boston’s immigrant communities and community colleges, job training programs and higher levels of employment. The program teaches five levels of intermediate English and American culture to adult immigrants to be better prepared for college, skills training and better jobs in the mainstream workplace. Funding for Next STEP is provided by DESE and the Richard and Susan Smith Family Foundation.

Public Meeting

Closed of Comment Period:
11/17/2016

Boston, MA 02201
One Greenway 51 condos on track

BY LING-MEI WONG

Steelwork and concrete construction at One Greenway’s South building was completed on Oct. 27. The South building is set for its 2017 completion. (Image courtesy of Ling-Mei Wong.)

Construction of the affordable condos at One Greenway is on schedule for its 2017 completion. The foundation was completed in August and steel erection was finished for the first two floors of the six-story building, said Bill Caci, NEI General Contracting project manager. The One Greenway South building has 51 units of affordable housing: 21 one-bedroom units, 22 two-bedroom units and eight three-bedroom condos. Concrete masonry units for two stairwells and the elevator shaft at the South building were placed before it got too cold for mortar to set without the assistance of temporary heat, Caci said. The remaining third to sixth floors will be built with woodwork over the steel platform on the first and second floors. Duplexes will be on the first floor, with single-story units on the upper levels. The roof is planned for February 2017, which will weatherproof the building.

Learn Chinese Election Day

選舉日 xuǎn jǔ rì

AFFORDABLE HOUSING OPPORTUNITIES

52 Montebello Road
52 Montebello Road Jamaica Plain, MA

<table>
<thead>
<tr>
<th>TYPE</th>
<th>INCOME LIMIT</th>
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<th>UNIT TOTALS</th>
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<td>2RM</td>
<td>60%</td>
<td>$1,330</td>
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</table>

Applications are available 11/7/16 through 11/21/16. Applications may be picked up in person from the Management Office at 1542 Columbus Avenue, Roxbury, MA 02119. Deadline for completed applications to be in lottery: Monday, November 28, 2016 by 4:00 p.m. In person at the above address or mailed and postmarked by that day. Reasonable accommodations made.

SELECTION BY LOTTERY

Use and Occupancy Restrictions Apply. Preferences Apply, including the new City of Boston Diversity Preservation Preference Pilot.

For more information Reasonable Accommodations call Winn Management (617) 989-1052

Equal Housing Opportunity
BY JULIA WONG

The Asian American Commission (AAC) held the fifth annual Young Leaders Symposium on Oct. 15 at Hunnewell Hall in Brookline's main library. The event was organized to engage and inspire young professionals and students to network and listen to great leaders from Massachusetts. Dr. Chris Chanyasulkit, AAC Commissioner and symposium chairwoman was the mistress of ceremonies. The program included a scholarship award announcement, speakers and a panel of community leaders. All leaders encouraged the audience to get involved in the community by voting, not only for the presidential election, but also on the significant ballot questions.

BY LING-MEI WONG

Wynn Boston Harbor holds job fair

A job fair for the Wynn Boston Harbor took place Oct. 24 at the Asian American Civic Association. (Image courtesy of Ivy Mah.)

Wynn Boston Harbor held a job fair at Chinatown’s Asian American Civic Association on Oct. 24. More than 150 job seekers met with Wynn representatives and Suffolk Construction about job opportunities at its eighth job fair in the greater Boston area.

BY THE BOSTON POLICE DEPARTMENT

Chinatown crime blotter for Oct. 21 to Nov. 4

Oct. 29, 10:45 a.m.: The victim reported two unknown black males stole items from the CVS located on Washington Street.

Assault and battery

Oct. 31, 12:22 a.m.: The victim reported while walking down Washington Street, an unknown white male assaulted her, causing her to blackout and fall down. The suspect fled in an unknown direction.

LET'S PROTECT BOSTON'S WATERWAYS

Come meet with Boston Water and Sewer staff in your neighborhood and learn how to properly dispose of FOG (Fats, Oils, and Grease).

Bring this ad and get a free grease can lid to get you started. (Boston residents only.)

Cool It. Can It. Trash It.

Pour grease into a covered disposable container and put it into the trash.

For more info or reasonable accommodation, contact South Middlesex Opportunity Council, INC. (smoc) at (978)400-5403

TTY/TDD use Mass Relay (844)807-7989

Available December 2016

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<th>Total Number of Units</th>
<th>Bedroom Type</th>
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<tr>
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* The habitable and bedroom square footage of the units will limit occupancy to one and two person households.

Applications may be requested from the site office, an accessible location, beginning October 1, 2016

Completed applications must be returned to 4 Leighton Street, Fitchburg, MA 01420, (978)400-5403 by 5pm on November 30, 2016. Applications accepted in person or by mail. Mailed applications must be postmarked by 5pm on November 30, 2016.

Site Office Open
9 am - 4 pm, Mondays through Fridays
9 am - 7 pm on Wednesday, November 9, 2016
9 am-4 pm, Saturday, November 19, 2016

Information Session: Wednesday, November 9, 2016 at 6 pm at 4 Leighton Street, Fitchburg, MA 01420

Selection by lottery at 4 Leighton Street, Fitchburg, MA 01420

Residents must be homeless and disabled

Preference for households requiring an accessible or sensory unit

Preference for households in need of substance abuse treatment

Additional Information

For more info or reasonable accommodation, contact South Middlesex Opportunity Council, INC. (smoc) at (978)400-5403

TTY/TDD use Mass Relay (844)807-7989
Studies address better care for Chinese immigrants with depression

BY MASSACHUSETTS GENERAL HOSPITAL

Two recent studies led by Massachusetts General Hospital (MGH) psychiatrists have investigated ways of improving the treatment of depression in Chinese Americans. One, led by Dr. Albert Yeung, a group that tends to avoid mental health treatment because of traditional cultural beliefs. One study examines the effectiveness of a telepsychiatry-based version of a previously developed model for culturally sensitive treatment, and the other examines the impact of stigma on the outcomes of depression treatment. Both studies have been published in the “Journal of Clinical Psychiatry.”

“We know that stigma tends to drive illnesses underground and leads to delays in seeking treatment, which has been demonstrated in conditions such as HIV/AIDS, substance use disorders and physical disabilities,” said Dr. Justin Chen of the MGH Department of Psychiatry, who led the stigma study. “Chinese immigrants with traditional beliefs greatly stigmatize mental illnesses, often equating them with a moral defect in sufferers and labeling contagion.”

To help combat the reluctance of Chinese American immigrants to seek treatment for depression, a team led by Dr. Albert Yeung, also of MGH Psychiatry and the leader of the telepsychiatry study, previously developed a Culturally Sensitive Cataract Treatment (CSCT) model that includes screening all primary care patients for depression symptoms prior to a physician visit and for those screening positive a culturally sensitive and acceptable assessment that focuses on patient beliefs about their symptoms. The results of that assessment are used to discuss depression with patients in ways that are compatible with their beliefs.

A study led by Yeung and published in the December 2010 “American Journal of Public Health” described a trial of CSCT carried out at the South Cove Community Health Center, which serves Boston’s Chinatown neighborhood. The study found that use of CSCT was both feasible and effective in helping patients recognize and seek treatment for depression, increasing treatment participation almost ten-fold.

For his current study, which was designed to address the scarcity of health professional with the cultural knowledge and language skills necessary to treat these patients, Yeung added a telepsychiatry component to the CSCT model. Carried out at South Cove from 2009 to 2012, the study randomized a group of 190 non-English-speaking patients who screened positive for depression to receive either usual treatment, which did not include CSCT, or a telepsychiatry-based version of CSCT.

While both groups had an initial video-conferenced interview at South Cove with a bilingual psychiatrist, the special CSCT assessment was given only to the telemedicine group. Those participants also were assigned a bilingual case manager, who monitored and consolidated their treatment and conducted regular telephone “visits” throughout the six-month study period. During those calls the care manager assessed participants’ symptoms and discussed how well they were adhering to their recommended treatment and whether those taking anti-depressants were experiencing any adverse side effects.

At the end of the study period, participants in the telemedicine-CSCT group had significantly greater improvement in depression symptoms than did the usual care group. "Our results show that telepsychiatry is technologically feasible and acceptable to this population," said Dr. Justin Chen of the MGH Department of Psychiatry. "Telepsychiatry could allow such services to be delivered to patients in geographically remote areas, and combining it with CSCT provides a model to overcome the limited availability of bilingual and cultural clinicians in this country."

Yeung conducted his study in the same group of patients who enrolled in Yeung’s study. A mong the initial assessments of both groups in the telepsychiatry study were measures of patients’ illness beliefs, including questions designed to assess stigmatizing attitudes towards their own symptoms. As a result of this study, all participants had bimonthly assessments conducted by telephone of depression symptoms and overall quality of life.

At the end of the six-month study period, participants who had exhibited higher levels of stigma towards their symptoms at the beginning showed less improvement in depression symptoms and in overall quality of life. All those with lower initial stigma scores did those with lower initial stigma scores. The association between baseline stigmatizing attitudes and the outcome of depression treatment was seen in both the telemedicine and the control groups of Yeung’s study.

An instructor in psychiatry at Harvard Medical School, Chen said, “Traditional Chinese communities greatly stigmatize mental illness in part due to the concept of ‘face,’ which reflects a person’s or a family’s moral standing within the community. But the effect of that stigma on actual outcomes in depression treatment has never been studied before and certainly not in minority populations. Our study suggests that stigmatizing beliefs may exert an independently harmful effect on depressive outcomes. As a separate but related issue, we had hypothesized that culturally sensitive treatment might modify the effects of stigma on depressive outcomes, but our results suggest that culturally sensitive diagnosis and care management alone are not enough to mitigate stigma’s harmful effects.”

Yeung said, “While patients do benefit from the telepsychiatry-CSCT model, those with higher levels of stigma tend to do less well. Future research efforts need to include more education and demystification of mental illnesses, to reduce stigma, along with investigating patient characteristics that may contribute to or reduce stigma. We hope to disseminate the telepsychiatry-CSCT model to different populations and to groups in various geographical locations, which will require training of mental health clinicians and care managers, education of primary care providers and the support of local primary care clinicians.”

BY SOUTH COVE MANOR

A breakfast seminar on cataracts took place at 120 Shawmut Avenue on Oct. 27, hosted by South Cove Manor at Quincy Point Rehabilitation Center. About 50 seniors attended the information session with optometrist Deborah Wayne.

1. What is cataract?

A cataract is a clouding of the lens in the eye that affects vision. Most cataracts are related to aging. Cataracts are very common in older people. By age 80, more than half of all Americans either have a cataract or have had cataract surgery.

A cataract can occur in either or both eyes. It cannot spread from one eye to the other.

2. What is the lens?

You can think about the lens like a three-layer window. The lens is the middle glass. The lens is a clear part of the eye that helps to focus light, or an image, on the retina. The retina is the light-sensitive tissue at the back of the eye.

In a normal eye, light passes through the transparent lens to the retina. Once it reaches the retina, light changes to nerve signals that are sent to the brain.

The lens must be clear for the retina to receive a sharp image. If the lens is cloudy from a cataract, the image you see will be blurred.

3. What causes cataracts?

As we age, some of the protein may clump together and start to cloud a small area of the lens. This is a cataract. Over time, the cataract may grow larger and cloud more of the lens, making it harder to see. Researchers suspect that there are several causes of cataracts, such as smoking and diabetes. A another cause is aging, as the protein in the lens changes from wear and tear over the years.

4. When will you get cataracts?

You don’t have to be a senior citizen to get cataracts. In fact, people can have age-related cataracts in their 40s and 50s. But during middle age, most cataracts are small and do not affect vision. It is after age 60 that cataracts cause problems with a person’s vision.

5. Cataract treatment

Cataract surgery is one of the most common surgeries performed today. It has a fast recovery, is painless and takes about 15 minutes. Most people who have cataract surgery have better vision after a few days. A process known as phacoemulsification allows the cataract to be removed through a tiny self-healing incision. Once the cataract is removed, a foldable intraocular lens is inserted which unfolds to replace the cloudy lens. Most vision can normalize instantaneously.

6. Post-treatment care

Your doctor may ask you to wear an eye patch or protective shield the day of surgery. Your doctor may also recommend wearing the eye patch for a few days after your surgery and the protective shield when you sleep during the recovery period.

Ask your doctor about eye drops or medication. Check up with your optometrist on a regular basis.

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You can think about the lens like a three-layer window. The lens is the middle glass. The lens is a clear part of the eye that helps to focus light, or an image, on the retina. The retina is the light-sensitive tissue at the back of the eye.

In a normal eye, light passes through the transparent lens to the retina. Once it reaches the retina, light changes to nerve signals that are sent to the brain.

The lens must be clear for the retina to receive a sharp image. If the lens is cloudy from a cataract, the image you see will be blurred.

3. What causes cataracts?

As we age, some of the protein may clump together and start to cloud a small area of the lens. This is a cataract. Over time, the cataract may grow larger and cloud more of the lens, making it harder to see. Researchers suspect that there are several causes of cataracts, such as smoking and diabetes. A another cause is aging, as the protein in the lens changes from wear and tear over the years.

4. When will you get cataracts?

You don’t have to be a senior citizen to get cataracts. In fact, people can have age-related cataracts in their 40s and 50s. But during middle age, most cataracts are small and do not affect vision. It is after age 60 that cataracts cause problems with a person’s vision.

5. Cataract treatment

Cataract surgery is one of the most common surgeries performed today. It has a fast recovery, is painless and takes about 15 minutes. Most people who have cataract surgery have better vision after a few days. A process known as phacoemulsification allows the cataract to be removed through a tiny self-healing incision. Once the cataract is removed, a foldable intraocular lens is inserted which unfolds to replace the cloudy lens. Most vision can normalize instantaneously.

6. Post-treatment care

Your doctor may ask you to wear an eye patch or protective shield the day of surgery. Your doctor may also recommend wearing the eye patch for a few days after your surgery and the protective shield when you sleep during the recovery period.

Ask your doctor about eye drops or medication. Check up with your optometrist on a regular basis.

Tiffany & Co. is hiring Part-Time Seasonal Ambassadors in our Chestnut Hill location! We are looking for candidates who can assist our sales professionals throughout the holidays and continue the Tiffany tradition of excellence by providing exceptional customer service. Please visit www.TiffanyCareers.com and search job ID: 30033 to apply for this opportunity! (Mandarin speakers preferred)
Restaurant review: Luke’s Lobster

BY SARA BROWN

If you are looking for a place to get a delicious lobster roll, Luke’s Lobster is the perfect destination.

The Maine-based Luke’s Lobster opened its Downtown Crossing location in Boston on Sept. 23. Seafood is served straight from the source, prepared pure and simple, without the filler. The menu features chowders and bisques, Maine-style sides, local desserts, natural sodas and local microbrews where permitted. Founder Luke Holden chooses partners who uphold his commitment to sourcing superior, sustainable ingredients and strive to support other small businesses, many of which are based in Maine or local to the cities where they have opened lobster stands.

Most people view lobster rolls as a summertime meal. However, Luke’s Lobster shows that anyone can enjoy a juicy lobster no matter what time of the year.

The lobster roll ($17) is plentiful and delicious. It is packed with lobster meat — a fork is needed to spear the errant pieces of lobster that escape the bun. The lobster itself is mouthwatering. The hotdog bun is toasted and lightly buttered to perfection.

The location is right in the heart of downtown and easily accessible by different T stops. The restaurant itself is small but quaint. It makes it perfect for a quick bite to eat for lunch or to pick something up on the go. The nautical decor is similar to a lovely cottage in Gloucester. As the winter months approach, the inside of Luke’s Lobster is a comforting reminder that summer will approach, the inside of Luke’s Lobster is a comforting reminder that summer will approach, the inside of Luke’s Lobster is a comforting reminder that summer will approach, the inside of Luke’s Lobster is a comforting reminder that summer will approach, the inside of Luke’s Lobster is a comforting reminder that summer will approach.

For a taste of summer, the succulent lobster rolls at Luke’s Lobster hit the spot.

This was an arranged tasting, so Sampan’s experiences may be more pleasant than the norm.

Lukey’s Lobster
290 Washington Street
Boston, MA 02108
(617) 317-4539
www.lobster.com

For questions call lottery administrator Steve Burtt at 781-235-4120 or e-mail him at srburtt@comcast.net

Utilities are NOT included in the rent.

For Info and Application Availability:
Pick Up: Burlington Town Hall, Selectman’s Office, Public Library & Leasing Office Phone: (978) 456-8388
TTY/TDD: 711, when asked 978-456-8388
Email: lotteryinfo@mcohousingservices.com

Language/translation assistance available, at no charge, upon request.

Reasonable Accommodations Available for persons with disabilities Units available to all eligible applicants.

APPLICATION AVAILABLE ONLINE AT: www.mcohousingservices.com

'‘Tiger Style!’ comes to Boston

BY SARA BROWN

Aactor Francis Jue said his favorite part about being in play “‘Tiger Style!’” is how it takes stereotypes about Asian Americans and flips them.

“It’s really cool to show the humanity behind common tropes,” Jue said. “We are breaking stereotypes about Asian Americans and it’s fun to be a part of.”

“‘Tiger Style!’” is about squabbling siblings Albert and Jennifer Chen, who have reached the pinnacle of academic achievement. But as adults, their epic failures: he’s just been passed up for promotion and she’s been dumped by her loser boyfriend. So, naturally, they confront their parents and launch an Asian Freedom Tour. From California to China, this hilarious new comedy examines race, parenting and success with wit and sharp humor.

“‘Tiger Style!’” plays at the Huntington Theatre until Nov. 13. (From left) Francis Jue, Rubo Qian, Jon Norman Schneider, and Emily Kuroda. (Image courtesy of T. Charles Erickson.)

“Tiger Style!” is resonating with audiences across America.

“Audience members will recognize themselves and their family members on the stage. The play is comical and moving, all at the same time,” Jue said. “I think it’s a good representation of what life really is like.”

Jue plays Tzi Chuan, Melvin, Dad and General Tso. It has been rewarding, challenging for him to play so many roles in one performance.

“I see myself in every character in every way that makes them real and absurd,” Jue laughed. “The dialogue is also very witty so I have to be quick on my feet.” Jue added.

Affordable rental opportunity/lottery

Trenton
32 Second Avenue
Burlington, MA 01805

Monthly rent $1,826.00 includes utilities

Unit is in walk to town location

Maximum household income: (3 people) $65,750; (4 people) $73,050; (5 people) $78,900; and (6 people) $84,750

Information and application packets available at Planning Board office, Town Hall; reference desk at the Public Library; from the lottery administrator or may be downloaded from the town web site www.wellesleyma.gov

An information meeting will be held at the Wellesley Police Station, 485 Washington Street on Saturday, November 19, at 1:30 p.m.

Completed application must be postmarked by November 30, 2016 and submitted to Housing Options, 20 Ledyard Street, Wellesley, MA 02481.

The lottery will be held in the Juliani room in the Wellesley Town Hall, 525 Washington Street at 7:30 p.m. on December 6, 2016.

For questions call lottery administrator Steve Burtt at 781-235-4120 or e-mail him at srburtt@comcast.net

TRENTO
Corner Café Bakery opens

BY LING-MEI WONG

Corner Café Bakery opened on Oct. 21 at Beach Street and Harrison Avenue. Mayor Marty Walsh spoke at the ribbon-cutting. (Image courtesy of Pin Hsuan Huang.)

A lion dance kicked off the event, followed by remarks from Mayor Marty Walsh. The opening was attended by Boston City Councilor for District 2 Bill Linehan, bakery owner Steve Chan, Bill Chin, Frank Chin and other community members.

Berkeley Garden hosts fall clean up

BY LING-MEI WONG

Berkeley Community Garden held a fall clean-up and pot luck meal on Oct. 29. The garden is closed for the winter. It will open again in April for the annual lottery and garden clean up. (Image courtesy of Jennie Kormanik.)


“Akeelah and the Bee” plays at Wheelock Family Theatre from Oct 21 to Nov. 20. (From left) Marshall Joun, Gary Ng, Zoe Stewart, Damara Parks-Omohade, Journey King. (Image courtesy of Linda Chin.)

“Akeelah and the Bee” featureslovably underdog Akeelah Anderson, 11, who overcomes long odds to compete in the Scripps National Spelling Bee. The 2006 film was adapted to the stage, coming to Boston audiences at the Wheelock Family Theatre until Nov. 20.

Akeelah is played by Journey King, making her dazzling debut at Wheelock with grace, sweetness and sass. The play has shifted from South Los Angeles to Chicago’s South Side, a predominantly black community suffering from violence. The play opens with Akeelah awakened by gunshots, seeking comfort from her mother Gail (Ramona Lisa Alexander) and brother Reggie (Evander Teixeira). She wins her school spelling bee and meets Dr. Larabee (Johnny Lee Davenport), a retired English professor who sees her potential. He coaches her and Akeelah is galvanized by last year’s winner, the all-knowing Dylan Chiu (Marshall Joun). Dylan and Akeelah qualify for the national stage in Washington, D.C., overcoming their differences in the end.

The story pits two children of color against each other, but the Wheelock staging avoids stereotypes. Each character is portrayed with sensitivity: Dylan is desperate to please his domineering “tiger dad” Mr. Chiu (Gary Ng), while Akeelah mourns her wordsmith father and their family life together, before a robber shot him. Their desire to succeed is universal and brings their humanity to the fore.

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Pamela Tom’s path to filmmaking

BY ELLEN DUONG

Pamela Tom is the director of “Tyrus,” a feature-length documentary film that premiered at the eighth annual Boston Asian American Film Festival (BAAFF) on Oct. 20.

Tom was born in Los Angeles and is a fifth-generation Chinese American. As a child, she was interested in filmmaking and watching films. After receiving her bachelor’s degree in Third World studies from Brown University in 1981, Tom moved to Boston where she worked at AARW. It was there that Tom was inspired to create a documentary about pioneering Chinese-American artist Tyrus Wong.

After she left Disney, Tom became the director of diversity at Film Independent, leading the diversity talent program. In 2003, she completed a master’s of fine arts at UCLA Film School. After graduating in 1990, she worked as a writing fellow at Walt Disney ABC Entertainment. Her experience there taught her about the many challenges in filmmaking, including raising funds and garnering support for the stories that she wanted to tell.

After she left Disney, Tom became the director of diversity at Film Independent, leading the diversity talent program. It was there that Tom bridged her interests in filmmaking and politics by creating her first film, which focused on the intergenerational struggles of Asian Americans. Tom’s positive experiences as a filmmaker at AARW inspired her to pursue a master’s of fine arts at UCLA Film School. After graduating in 1990, she worked as a writing fellow at Walt Disney ABC Entertainment. Her experience there taught her about the many challenges in filmmaking, including raising funds and garnering support for the stories that she wanted to tell.

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