Boston mayoral candidates look at family concerns

BY LING-MEI WONG

The Focus on Family mayoral forum took place August 21 at the Josiah Quincy School. Seven of the 12 mayoral hopefuls attended the event hosted by the Boston Chinatown Neighborhood Center and South Bay Action.

The primary election to select the final two mayoral candidates is Sept. 24, with voter registration closing Sept. 4. The top two candidates will face off Nov. 5 to become mayor of Boston.

Education was a top concern, as candidates discussed bilingual education and school quality. John Barros said he was the only Boston School Committee member who voted against the “not equal” school assignment process.

City councillor at-large Felix Arroyo suggested more bilingual schools in the Boston Public Schools district. “There are only four dual-language schools and they only offer Spanish,” he said. “We need others with languages like Mandarin, Vietnamese and French.”

State Rep. Marty Walsh advocated for a four-day school week so students could visit colleges and strengthening vocational training. “One of my plans is making sure vocational-tech programs partner with contractors, unions and developers,” Walsh said.

Another emphasis for construction was hiring Boston residents. “Boston is the capital of Massachusetts and the hub of New England,” said former state Rep. Charlie Golar Richie. “I want people from out of state to shop and visit, but I want jobs to go to Boston.”

The candidates voiced support for progressive taxes to charge the rich more, although the city does not decide state tax laws.

“I will form an urban caucus with Cambridge and Somerville, go to city hall and support the representatives and senators,” said Mike Ross, district 8 city councillor. “I will push to get a fair tax policy passed, as the urban core of Quincy, Chelsea and Revere is desperate.”

Another proposal was taxing academic institutions. “If colleges and universities paid the same amount of property tax, we would have a billion,” said Charles Clemons, candidate.

Richie pledged to establish an office of youth affairs and increase youth jobs.

Chinatown teen learns about medicine at Tufts summer program

BY LING-MEI WONG

Sarah Wang, 16, does not want to be trapped at a desk job.

“I really like helping people,” said Wang, a junior at Boston Latin School.

“I would rather be interacting with patients than sitting behind a desk.”

She applied for the Teachers and High School Student Program of Tufts University School of Medicine, a summer program for multicultural students to pursue careers in medicine and science. Her elder sister Winnie had completed the seven-week program last year, piquing Wang’s interest.

Wang, a lifelong Chinatown resident, joined 26 other local students. They took a gross anatomy course taught by Tufts medical students and were mentored for up to 25 hours of clinical and research work each week.

“This program, celebrating its 25th year, is one of Tufts’ key initiatives to support the educational development of youth in our community,” said Joyce Sackey, dean for multicultural affairs and global health and associate professor at Tufts University School of Medicine.

Wang’s mentor was Bertrand Jaeger, a professor of medicine at Tufts University and a kidney specialist. She shadowed him at St. Elizabeth’s Medical Center, which included showing her how dialysis worked. Wang also observed nutritionists, primary doctors and nurses, helping her understand health care better.

Wang’s program project, “Lean health care,” focused on providing efficient care to patients, such as reducing

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Chinatown resident Sarah Wang took part in a Tufts summer program on medicine for youth. (Image: Ling Mei Wong.)
Event Calendar

Maiden flag retirement ceremony
Saturday, August 24
10 a.m. to 12 p.m.
360 Pleasant Street
Belmont, MA 02478

To honor the nation’s veterans and all fallen U.S. service members, this event is joined with Boy Scouts and Girls Scouts. The retired flag, no longer fitting emblem for display, will be destroyed in a dignified way.

English tutoring class
September to November
Good Neighbor Lutheran Church
308 West Squantum Street
North Quincy, MA 02171

The Good Neighbor Lutheran Church will host an English tutoring class, with different sub-classes for different levels of English learning. Enrollment begins 3 to 4 p.m. August 25.

East Boston bike tour
Sunday, August 25
6 p.m.
Bremen Street and Brooks Street
Boston, MA 02128

Boston Natural Areas Network will host a free bike tour of the East Bos- ton, with information on biking techniques. Registration and helmets are required. For more information, please visit www.bostonnatural.org or call (617)542-7696.

Free legal clinic
Monday, August 26
6 p.m. to 8 p.m.
1309 Hancock Street Suite 209
Quincy, MA 02169

Quincy Asian Resources, Inc. will host a free monthly legal clinic addressing individual concerns. On immigration law, landlord/tenant law, family law, personal injury and criminal issues. The clinic takes place every fourth Monday of the month. More information is available at www.quincyasianresources.org or contact us at (617) 472-2200.

Covidien Wellness Walk
Tuesday, August 27
4:30 p.m.
400 Arnold Palmer Boulevard
Norton, MA 02766

Walk the front 9 holes of the TPC Boston before the Championship opens and before the top 100 PGA Tour golfers compete in the FedEx Cup Playoffs. The fund-raising in this event goes to Joslin Diabetes Center. Participant of all ages are encouraged to join.

Robert Flack concert
August 28
7 p.m.
City Hall Plaza
Boston, MA 02109

Robert Flack will perform at Mayor Menino’s Wednesday Night Concert as the series finale.

Senior seminar
Friday, August 30
10 a.m.
Good Neighbor Lutheran Church
308 West Squantum Street
North Quincy, MA 02171

The seminar will discuss “Do you know how important you are?” All seniors and their families are welcome.

Chinese Seniors Support Committee meeting
Wednesday, Sept. 4
10:30 a.m.
885 Washington Street
Boston, MA 02111

The Chinatown Seniors Support Committee meeting will be held at the DoubleTree Hotel. The public are encouraged to attend.

Robert Flack concert
September 20
6:30 p.m.
Joslin Place
Boston, MA 02215

This four-day program is an intensive interaction between the diabe- tes management experts at the world-renowned Joslin Diabetes Center. It will provide education and tools for controlling diabetes. Please call (617) 306-2298 for more information.

Films at the Gate
Sept. 13 to 15
7 p.m.
Chinatown Park
185 Kneeland Street
Boston, MA 02111

The Asian Community Development Corporation will be hosting its 8th Annual Films at the Gate. It is a free outdoor theater, showing kung fu and other classic Chinese language films.

Cantata Singers’ 50th Anniversary Season
Sept. 13 to 29
6:30 p.m.
30 Gainsborough Street
Boston, MA 02110

Cantata Singers will present the Claudio Monteverdi’s Vespers of 1610 with a full period instrument ensemble. Tickets are from $17 to $52. For more information, please visit cantatasingers.org.

Princess Changing
Cantonese opera
Saturday, Sept. 21
6 p.m.
John Hancock Hall
180 Berkeley Street
Boston, MA 02116

The Que Sheng Chinese Music & Opera Group will present the Cantonese opera “Prin-cess Changing.” Tickets are $15 or $25. For more information, please call (617) 901-2861.

East meets West: Kite and Cultural Festival
Saturday and Sunday,Sept. 28 to 29
10 a.m. to 4 p.m.
Pope John Paul II Park
Huller Street
Boston, MA 02124

The 11th East meets West: Kite and Cultural Festival will feature the best kites, kite-flying demos and a kite-making workshop. For more information, please visit www.emw21.com or call (508) 863-7389.
**Doubletree Hotel’s new manager committed to community**

BY LING-MEI WONG

If you need help at the Doubletree Hotel 121 Washington Street, Tony Franzone is your man. Franzone was named general manager in June, making him responsible for day-to-day operations. He succeed-ed Jayne Barrett, who was promoted to general manager at the DoubleTree in Cambridge. Everything detail from the hotel’s menu items to room features fall under his job description, making each day different from the next.

“The things I do are through other people, so I need to make sure we have the right team,” he said. “The manager needs to be the guide or have vision on what the hotel’s going to do. What we truly try to focus on is the customer.”

The Doubletree’s downtown location next to the Wang YMCA and across from Tufts Medical Center is a change from Franzone’s suburban work experience. He has 22 years of experience, spend-ing the past 16 years at the 263-room Embassy Suites Boca Raton in Boca Raton. “There’s so much activity and it keeps things exciting,” he said. “Being in Boston as a primary destination has been good career-wise and for the person- al satisfaction of working at a bigger hotel.”

Being in the heart of Chinatown has allowed the Doubletree to help local agencies, from supporting fundraisers to helping 5K races.

“I like getting involved with the commu-nity, it’s a big part of my job,” Franz- zone said. “People get to know you and they like to do business with people they like or trust.”

The Doubletree is undergoing an $8 million facelift, for its 267 guest rooms, after updating its parking lot over the summer and redoing its lobby last year.

**Chinatown church grows, celebrates 20th year of middle school program**

BY LING-MEI WONG

CNC discusses Chinatown street cleaning and affordable housing

BY LING-MEI WONG

The Chintatown/South Cove Neighborhood Council met on August 19 at 90 Tyler Street. (Image courtesy of Ling-Mei Wong.)

The renovation keeps the hotel looking as good as when it opened in 2000. While Franzone’s job keeps him busy, he wouldn’t have it any other way. “One minute I’m talking to a guest who’s the vice president of sales and marketing for a local company,” he said. “The next minute, I’m talking to a team member who worked here for 10 years in house-keeping. There’s a wide variety of peo-ple. That’s why you get in the business, it’s always changing.”

Hospitality also requires a personal touch.

“Everything else can be taught for technical stuff, such as how to check people in or serve tables,” Franzone said. “But if you don’t enjoy being around people, it’s not going to be your cup of tea. It’s a great business.”

**TUFTS TEEN: Youth learn about health care**

CONTINUED FROM PAGE 1

They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called. They would mark which doctor pa-tients were calling for and the reasons they called.
The August Moon Festival was celebrated in Chinatown and Quincy.

BY LING-MEI WONG

The August Moon Festival took place August 18. The Chinatown celebration featured a stage on Harrison and Essex streets for martial arts and cultural performances. A smaller stage at the Chinatown Park offered shade and live Chinese opera. Food vendors served up barbecue skewers, while health care and nonprofit agencies handed out water. Booths lined Harrison, Tyler, Beach and Hudson streets.

At Quincy, Hancock Street near the Quincy Center T stop was blocked off for vendors, food trucks and pony rides. A main stage at end of Hancock Street gathered large crowds to enjoy kung fu demonstrations and traditional Chinese dance, along with prize drawings.

The June festival was patrolled by city police, who investigated flash demonstrations and traditional Chinese dance.

Register to vote!
The deadline to register to vote, update your address or to change your political party for the Sept. 24 Preliminary Municipal Election for Boston’s Mayor is Sept. 4.

August Moon Festival celebrated in Chinatown and Quincy

BY SYLVANA CHAN

For most teenagers, the summer means no school, no work and lots of goofing off. Yet Shihua Wu, 14, a sophomore at the Boston Latin Academy, spends part of his summer in the classroom: he is a full-time teaching assistant for six weeks at the Kwong Kow Chinese School in Boston’s Chinatown.

Wu is one of more than 800 young adults from ages 14 to 21 in the Action for Boston Community Development SummerWorks program. Continuing its longtime tradition of providing summer jobs to low-income youth, ABCD has accommodated 5,000 Boston youth in the past three summers with jobs at more than 500 partner worksites.

What makes SummerWorks unique, however, is the program’s commitment to providing youth with more than just a summer paycheck — but with a whole lot more. Benjamín Yu, summer program director at KCCS, echoed this concept.

The six SummerWorks youth at KCCS “are working, but they’re also learning.” Wu, for example, helps third graders stay focused during their English, Math and Chinese lessons. He also watched over the children on field trips, such as the most recent “Boston by Little Feet” Freedom Trail Tour.

“The greatest impact kids have in my classes is to take responsibility, stay organized and experience being role models,” Yu said.

Norman Zeng, 14, a freshman at the Boston Latin School, is also a SummerWorks teaching assistant at KCCS.

He helps the older students in the 7th and 8th grades — a noteworthy challenge, as he is only a couple years older than his mentees. Yet the experience has been a rewarding one.

“I learned a lot about how to interact with kids,” Zeng said.

What makes SummerWorks unique, however, is the program’s commitment to providing youth with more than just a summer paycheck — but with a whole lot more.

Norman Zeng (left), 14, and Shihua Wu (right), 14, teach at the Kwong Kow Chinese School. Both students work through the ABCD SummerWorks program for youth jobs. (Image courtesy of Sylvana Chan.)
BY KERRY NGAN

During the summer of 1964, hundreds of civil rights activists, most of them being white students from the North, decided to make a move into Mississippi. Their goal was set in stone: to try to end the political exclusion of blacks that were going through immense struggles to establish themselves as a figure in society. With the influence of Abraham Lincoln and the storming internal battles in the 1860s, blacks successfully won the right to vote, with the Fifteenth Amendment establishing this throughout the country. However blacks struggled for 100 years after this historical event and were still unable to exercise that right. White state officials and supremacists schemed to keep blacks out of the voting booths by using modern methods such as poll taxes and literacy tests, as well as harsher methods of fear. This expanded into beatings, breakouts in the streets between white officers and blacks. The inability to vote was only one of many problems blacks encountered in the racist society surrounding them. The Mississippi Freedom Summer marked a turning point in the national acknowledgement of the despair that surrounded Mississippi. It was well known that the Northerners who were forcing the laws had no experience dealing with exclusions from the system of laws the country is to follow. Freedom Summer also instilled among African Americans a new consciousness and a new confidence in political action. As Fannie Lou Hamer, the inspiring civil rights activist, said, “Before the 1964 project there were people that wanted change, but they hadn’t dared to come out. After 1964 people began moving. To me it’s one of the greatest things that ever happened in Mississippi.”

Malden Wah Lum Kung Fu School returns victorious from international competition

SUBMITTED BY WAH LUM KUNG FU AND TAI CHI SCHOOL

The 25th U.S. International Kuo Shu Championship Tournament took place July 27 to 28 in Baltimore. Sifu Mai Du of the Wah Lum Tam Tai Northern Praying Mantis Kung Fu and Tai Chi School led a team of 31 students from ages 6 to 50 to compete. Du was a judge at the event, performing with other kung fu masters.

“...I am so very proud of every single student,” Du said. “Each competitive performance by everyone was a display of discipline, courage, hard work, fellowship, and respect for self and others. The parents were amazedly supportive and without everyone coming together, we wouldn’t have this level of success and fun. I am truly humbled by my students’ successes.”

This year’s competitors represented Malden, Everett, Wakefield, Boston, Quincy, Braintree, Chelmsford, Saugus, Revere, Lynn and Salem. They returned home with 35 gold medals, 20 silver medals, 18 bronze and more than 30 medals in many categories.

Wah Lum Kung Fu and Tai Chi Academy won the All-Around Form Championship, an unexpected win against stiff competition. The school also won Second-Place Youth Team Form Trophy event. Wah Lum Malden's students received a record-high eight Competitor of the Year nominations for their 2012 performances. Three students won the Competitor of the Year Awards in the categories of Adult Female Kung Fu (Andrea So), Teen Male Kung Fu (Eric Tran) and Youth Female Kung Fu (Yen-Nhi Chit).

Wah Lum students Du and Tai Chi Academy won the All-Around Form Championship, an unexpected win against stiff competition. The school also won Second-Place Youth Team Form Trophy event. Wah Lum Malden’s students received a record-high eight Competitor of the Year nominations for their 2012 performances. Three students won the Competitor of the Year Awards in the categories of Adult Female Kung Fu (Andrea So), Teen Male Kung Fu (Eric Tran) and Youth Female Kung Fu (Yen-Nhi Chit). U.S. headquartered Wah Lum Temple of Orlando, Florida won the First Place trophy for Youth Team Form. Grandmaster Bob Rosen, who runs the Wah Lum School in Boston’s Chinatown and was Du’s kung fu teacher, was inducted into the United States Kuo Shou Federation Hall of Fame for his lifelong dedication and contributions to the martial arts.

Affordable Rental Opportunity

For elders 62 years or older*

Quincy Commons
278 Blue Hill Ave
Roxbury, MA 02119

35 Units (ALL 1 BEDROOM)
Rent is based on 30% of adjusted gross income
Maximum Income Per Household Size

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Applications may be picked up and returned (weekdays only unless otherwise noted) at Winn Residential 233 Blue Hill Ave, Roxbury, MA 02119
Tuesday, September 3rd to Friday September 20th 9am to 5pm
Saturday, September 14th 9am to 1pm
Tuesday, September 11th 9am to 5pm
Thursday, September 19th 9am to 8pm
To request an application to be sent to you, please call 617-442-8472 during the application period September 3-20.
Deadline for completed applications at the above address
In person by 5:00pm on or postmarked by Friday, September 27, 2013.
Selection by lottery. Use and occupancy restrictions apply.
*At least one member of the household must be at least 62 years of age at time of occupancy
5 units are restricted to CCHI-Eligible households, of which 2 will have preference for wheelchair accessible units. 3 units have preference for homeless households referred by Homestart Inc., or other agencies serving the homeless. Preference for Boston Residents and households working in Boston for up to 70% of the units.
An informational session will be held on September 9, 2013 at 4pm. This meeting will be held at the Community Room at Castle Square Apartments, located at 1100 Blue Hill Ave., Boston, MA 02116. Community Room is located behind the management office adjacent to the parking lot.
How much do you know about diabetes?

BY HAO LU

Image courtesy of Flickr user duisburgbunny.

Diabetes, or diabetes mellitus, describes a group of metabolic diseases in which the person has high blood sugar, either because insulin production is inadequate, or because the body’s cells do not respond properly to insulin, or both. As the symptoms of diabetes may not be immediately obvious, it is important to be aware of diabetes. There are three types of diabetes:

- Type 1 diabetes
- Type 2 diabetes
- Gestational diabetes

Type 1 diabetes is the patient’s immune system attacks and destroys the cells where insulin is made, so that the body can no longer make insulin. According to the American Diabetes Association, being overweight or obese generally increases the risk, AANHPI do not have to be overweight to be at risk for diabetes, and have an even greater risk for diabetes with increasing weight compared with other racial and ethnic groups.

Type 2 diabetes is the most common form of diabetes. In type 2 diabetes, the body does not produce enough insulin for proper function, or cannot use its own insulin as well as it should. It has been linked to obesity, genetic risk factors and inactivity, and the risk increases as a person gets older (normally age above 40).

Gestational diabetes is the condition of women who have had gestational diabetes have a 20 percent to 50 percent chance of developing diabetes in the next five to 10 years.

Diabetes cannot be diagnosed unless one does a blood glucose test. However, there are some common symptoms of diabetes that you need to be aware of:
- Urinating often
- Feeling very thirsty
- Feeling very hungry
- Extreme fatigue
- Blurry vision
- Cuts/bruises that are slow to heal
- Type 1 diabetes - Weight loss (even though you are eating more)

Some myths about diabetes include:
- I can prevent diabetes simply by eating no sugar.
- This is a general thought, but the fact is not that simple. Genetics and lifestyle factors can also be causes to diabetes.
- People with diabetes cannot eat sweets or chocolate.
- Sweets and chocolates can be eaten by people with diabetes if eaten as a part of a healthy meal plan.

Nutrition

- Fruit is a healthy food, therefore I can eat as much of it as I want.
- Since fruits contain carbohydrates, they need to be included in your meal plan.
- You have to make sure that you know about the amount, frequency and types of fruits you should eat every day.

Some tips for parents:
- Make sure your kids are getting plenty of exercise. Turn off the television and make time for sports teams, gymnastics classes and bike rides. Aim for at least an hour a day.
- Make sure your kids are getting plenty of sleep. A regular bedtime can help your child get on a healthy sleep schedule.
- Make the most of your visit to the pediatrician by making a list of issues to discuss.

Back to school check-ups: What to ask the pediatrician

BY STATEPOINT

Between buying new school supplies and meeting your children’s teachers, back to school season is a busy time. But parents should not forget to prepare for the school year by considering health and wellness.

Experts say the first step is to schedule a visit to the pediatrician for their annual checkup,” said Thomas McNerney, professor of the American Academy of Pediatrics.

To prepare for a healthy, safe and happy school year, the AAP offers these tips for parents:

- Choose a backpack with wide, padded shoulder straps and a padded back or a rolling backpack. Backpacks should never weigh more than 10 to 20 percent of your child’s body weight.
- Make sure your child has the necessary gear for getting to school. Whether your child is biking or walking, teach him or her about traffic safety. For bikers, ensure helmets fit properly.
- Those who take the bus should be instructed to stay seated and listen to the bus driver. If the bus is equipped with seat belts, children should wear

FUNDING ANNOUNCEMENT

ASIAN HEALTH INITIATIVE

Request for Proposals (RFP)

Tufts Medical Center is seeking innovative programs to promote the health and well being of Chinatown residents and members of Boston’s Asian community. Program strategies that promote physical and/or emotional health by addressing health disparities or the issues that contribute to obesity, diabetes, chronic diseases, family violence or mental illness will be considered.

Maximum grant awards will not exceed $50,000 per year for an individual organization and $80,000 per year for collaborative efforts.

Grants will be available for up to three years.

The submission deadline for proposals is October 10, 2013

Contact Community Health Improvement Programs at (617) 636-8881 to request an electronic copy of the RFP.

Fotolia.com

Monkey business. (Image courtesy of Fotolia.com.)
Visit three fun destinations: Plymouth, Berkshires and Gloucester

BY THE EDITORIAL TEAM

Summer is ending much too fast. Make the most of the warm weather with family and friends by enjoying a fun affordable vacation on Labor Day weekend. Whether it’s history at Plymouth, the heights of the Berkshires or beaches at Gloucester, the state of Massachusetts has something for everyone. If you’ve got too many weddings to attend during summer, be sure to visit these destinations in the fall!

Plymouth

Since 1620, Plymouth has been a great destination. Starting your tour at the Mayflower House, wander up and down the tiny side streets. You will find homes and museums that celebrate Plymouth’s rich historic past.

Gloucester

Cape Ann’s gorgeous 25-mile coastline boasts 18 beaches, nine parks and half a dozen lighthouses, including the famous Twin Lights built in 1789. A great place for outdoor activity in Cape Ann is Gloucester, with other charming towns nearby.

The Berkshires

Western Massachusetts is a world away from Boston, with forested mountains as far as the eye can see. Just 135 miles away from the city, the green vistas and fresh air take your breath away. The Berkshires is a paradise for people who like to take in the fresh air. The hiking is superb, golf courses abound, and kayaking or canoeing can be done on a lake or in a stream.

Tips to plan a family vacation close to home

BY STATEPOINT

Family vacations are great when destinations are kid-friendly. (Image courtesy of StatePoint.) Families are always looking for their next great vacation. And recent studies show that more than three out of four dad wish their family could take more vacations together.

The cost of travel needn’t dissuade your family from hitting the road to explore someplace new. There are many affordable options close to home, and ways to make your journey meet your budget.

Many families are opting to take shorter trips to save on expenses. Forty-three percent of dads want to spend less than $300 per day on travel, accommodations and entertainment on a vacation, according to a Research Now survey commissioned by Great Wolf Lodge.

And 55 percent of dads prefer traveling by car, with 45 percent wanting to travel a distance that is two to five hours away, according to the survey. "When looking for our next affordable summer travel destination, I like to begin with places that are within driving distance," said Dave Parfitt, founder of AdventuresbyDaddy.com, a nationally known family travel website. “It is often easy to forget how many great destinations are within a two-to-three-hour drive from home. Plus, without the cost of airplane, families can stretch their vacation budget a little further."

Here are some tips for easy travel close to home:

Plan ahead

While hopping in the car and taking off on a whim might sound exciting, this often ends up costing more. Many resorts and hotels offer their best pricing when booked in advance.

In addition, you will have a wider range of room or suite styles to pick from.

When taking a family vacation, kids are dad’s top priority. The best way to make a family vacation great is to visit a destination that includes activities children find fun and entertaining. Eighty-nine percent of dads say this is extremely or very important, according to the survey.

Pack the car

For extended car rides, it’s important to make the journey as enjoyable as the destination. Be sure to bring healthy snacks and drinks. Pack travel games to help pass the time — the car ride is a great time for family bonding.

So start planning! Your next great family vacation waits.

EDUCATE YOUR self-

INSPiRE!

Openings for 2013-2014

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Occupational Therapist

(Elemental School)

(Per Time)

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Elementary Counselor (Part Time) • EL Teacher

Grade 3-5 Teacher (Substitute)

Inclusion Facilitator (Part Time)

Learning Center Teacher (Part Time)

Library Teacher • Literacy Specialist

Lunch Monitors (Part Time)

Special Education Co-Teacher

Substitute Teachers (2 or 3 days/week)

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Math Teacher (Sub)

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www.newton.k12.ma.us

Newton is an Equal Opportunity Employer Committed to Diversity.
BY THE EDITORIAL TEAM

No plans for the Labor Day long weekend from August 30 to Sept. 2? The Sampan takes you around greater Boston for some fun and affordable destinations.

- **Faneuil Hall**
  Address: 1 Faneuil Hall Square, Boston, MA 02109
  Hours: 10 a.m. to 9 p.m. (restaurant hours vary)
  Admission: Free
  www.faneuilhallmarketplace.com
  Faneuil Hall is a great spot for families! There are plenty of food vendors, restaurants and street entertainers to keep you occupied.

- **Harvard Museum of Natural History**
  Address: 26 Oxford Street, Cambridge, MA 02138
  Hours: 9 a.m. to 5 p.m.
  Admission: $12 for adults, $8 for children over 3, $10 for seniors and free for children under 3. Free on Sundays from 9 a.m. until noon for Mass. residents with ID.
  www.hmnh.harvard.edu
  The Harvard Museum of Natural History was established in 1998 as the public face of three research museums: the Museum of Comparative Zoology, the Harvard University Herbaria, and the Mineralogical and Geological Museum.

- **Mapparium**
  Address: 200 Massachusetts Avenue, Boston, MA 02115
  Hours: Tuesday to Sunday 10 a.m. to 4 p.m. (closed Labor Day Sept. 2)
  Admission: $4 for seniors and youth over 6, free for children under 6
  www.marybakereddylibrary.org/exhibits/mapparium
  Since 1935, more than 10 million people have traversed the 30-foot glass bridge that spans the Mapparium, taking visitors to a unique spot: the middle of the world. This three-story, stained-glass globe is a key attraction at the Mary Baker Eddy Library.

- **Swan Boats**
  Boston Public Garden
  69 Beacon Street, Boston, MA 02108
  Hours: 10 a.m. to 6 p.m. until Oct. 31; USS Constitution Tuesday to Sunday 10 a.m. to 6 p.m.
  Admission: Free, $5 donation suggested
  www.swanboats.com
  The Swan Boats driver paddles passangers around the Public Garden Lagoon for a 15-minute peaceful cruise.

- **USS Constitution and Museum**
  24 5th Street, Charlestown, MA 02129
  Hours: Museum 9 a.m. to 6 p.m. until Oct. 31; USS Constitution Tuesday to Sunday 10 a.m. to 6 p.m.
  Admission: Free, $5 donation suggested
  The US Navy offers free tours aboard USS Constitution on a first-come, first-serve basis during operating hours. Visitors must pass through a security inspection and show photo ID.
  Only yards away from “Old Iron-sides,” the museum is a must-see for everyone visiting Boston, where interactive galleries take adults, families and children of all ages on a 200-year voyage.

- **Waterworks Museum**
  Address: 2450 Beacon Street, Boston, MA 02467
  Hours: Wednesday 11 a.m. to 9 p.m.; Thursday to Sunday 11 a.m. to 4 p.m.
  Admission: Free, $5 donation suggested
  www.waterworksmuseum.org
  The Waterworks Museum is located at the original Chestnut Hill Reservoir and pumping station. It was Boston’s primary water supply until 1970s, when production shifted to the Quabbin Reservoir.

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**CAESARS RESORT AT SUFFOLK DOWNS VENDOR FORUM**

Through our new business partnership program, Caesars Resort at Suffolk Downs expects to spend $150 million annually on goods and services with local businesses as our primary partners for this spending.

Hear from Caesars’ partners from Las Vegas, Louisiana, and Ohio.

**TUESDAY, SEPTEMBER 10**

**THE REGGIE LEWIS TRACK & ATHLETIC CENTER AT ROXBURY COMMUNITY COLLEGE**

3PM – 5PM OR 7PM – 9PM

To RSVP, visit friendsofsuffolkdowns.com/events or call 617-548-9846 and to learn more about vendor opportunities, visit vendorsatsuffolk.com.