**Chinatown McDonald’s owner is lovin’ it**

BY LING-MEI WONG

Carol Chin is the owner-operator of the McDonald’s Chinatown location on Washington and Kneeland streets. She also owns several other franchises in the Boston area.

When Carol Chin came to America, she did not speak English and worked in a seafood restaurant in New York City, earning a “very good job” with the New York Board of Education, Chin said. “I had a very good job with the New York Board of Education,” Chin said. “I love visiting my restaurants and saying hi to my employees.”

Chin’s parents emigrated from Guangdong, China, to Hong Kong, where Chin was born. When she was 11, the family moved to Caracas, Venezuela. She came to New York City for college, earning a bachelor’s degree in accounting from Long Island University.

“I had a very good job with the New York Board of Education,” Chin said. “I was one of the associate accountants and I managed a whole department there.”

After Chin had her second child, she stayed home four months and watched TV with her daughters. It was then that she noticed McDonald’s commercials and wanted to start her own business.

Chin and her husband finished a two-year training program for McDonald’s franchisees, right as Boston was looking for a new site in Quincy.

“As an owner-operator, Chin works on people development and marketing. “In Chinatown, have you seen the sign for two fish sandwiches for $3.33?” Chin said. “That’s our signature item. We make sure we put a bilingual cashier up front.” Chin said. “In case a customer comes in and they don’t understand our food or they speak Chinese, hopefully we have a staff member who speaks their language.”

Chin’s success has enabled her to give back. “I’m also involved with the community,” she said. “We participate with the schools.”

Chin is grateful for the opportunities she found in America. “You have to work hard, no matter what career path you choose,” she said. “Work hard, no matter what career path you choose.”

“Our mission and commitment to providing elders with the highest possible quality of care necessitates a larger, state-of-the-art building that can house more residents and accommodate a wider range of services and activities,” said South Cove CEO Richard Wong.

“We’re very excited about the state-of-the-art building that we opened the Chinatown store in 1998,” she said. “We’ve been there over 20 years. As a matter of fact, Dec. 22 is our 22nd anniversary.”

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MIT Chinese Choral Society winter concert Saturday, Dec. 15 7:30 p.m. Little Theater 48 Mass Ave. Cambridge, MA 02139

MIT Chinese Choral Society is going to hold a winter concert at the MIT Little Theater, and the theme of the concert will be “when Mozart meets Hsu Chih-Mo.” Yu-Fen Yan, doctorate in chorale conducting at University of Illinois at Urbana-Champaign, will be the conductor. Yu-Ying Lin, doctoral student at Boston University will be accompanying the chorus. The concert is free to the public. MIT Chinese Choral Society is now recruiting for the 2013 performances. Anyone interested is welcome to join the practice meeting at 8:30 p.m. every Friday at MIT2-190. Contact: (217) 766-3035 or email cccs-officers@mit.edu.

Yi-Jin Taiji Medieval Lecture Saturday, Dec. 15 10 a.m. - 12 p.m. Taiji Medical Council (Wolf Auditorium) 800 Washington Street, Boston, MA 02111

The American Chinese Medical Exchange Society (ACMES) is organizing a lecture about the theory of Chi-Gong Taiji. The conference will invite Dr. Liu Jing to give a speech on the scientific theory of Chi-gong. Dr. Liu will also show the audience how the movement of Yin-Yang Taiji can help women who have breast cancer improve their health conditions. There will be a question and answer session after the speech. Anyone who wants to learn about the theory of traditional Chinese Taiji is more than welcome to join. Registration is needed. Contact: Qianji Huang, (617) 776-6820.

Asian American Resource Workshop annual conference Saturday, Dec. 15 11 a.m. Metropolitan Community Room 39 Oak St. Boston, MA 02111

Asian American Resource Workshop (AARW) will hold its annual conference on Dec. 15. After the conference, there will be an open dumpling-making event for the participants. Both the conference and the dumpling-making event are free to the public.

Contact: info@aarw.org

Taiwan Business Council New Year celebration Saturday, Dec. 15 6 p.m. - 9 p.m. 341 Cochituate Road Framingham, MA 01701

Taiwan Business Council in New England is holding a party to celebrate its 16th anniversary as well as the coming new year. There will be a dinner after the celebration. Contact: Hu Meihsu, (617) 278-3955.

Taiwan Sublime photography exhibition Saturday, Dec. 15 - Fri., Jan. 4, 2013 Town of East Greenwich, 123 Main Street, East Greenwich, RI 02818 East Greenwich Free Library, 82 Pierce Street, East Greenwich, R102818 Archie R. Cole Middle School, 109 Cedar Avenue, East Greenwich, RI 02818

Taiwan Sublime photography exhibition will take place at three locations in East Greenwich at the same time. Taiwan Sublime displays the photographic works of four famous photographers from Taiwan, who are Chen Cixiong, Liu Zhennxiang, Huang Dingsheng and Qi Bolin. There will also be a show performed by a group of Chinese students, beginning at 2 p.m. in Archie R. Cole Middle School on Dec. 15.

IBIS Chamber Music Society Friday, Dec. 28 7 p.m. St. John's Episcopal Church 1 Roanoke Avenue, Jamaica Plain, MA 02130

The IBIS Chamber Music Society, an ensemble of string quartet, flute, harp and piano, will present a concert at St. John’s Episcopal Church. Members of the ensemble are from Kennedy Center, National Symphony Orchestra and the Boston Pops Orchestra. Tickets are $10 at the door. For more information please visit www.ipconcrrts.org.

GED training 199 Harrison Street Boston, MA 21111

Youth Essential service (YES) is recruiting students for its 2012-2013 general educational development (GED) program. Applicants need to be Boston citizens who are between 16 and 21. Admissions to the program are on a rolling basis. Priority will be given to Asian applicants who need support from Asian bilingual/bicultural support staff.

Contact: William Li, (617) 482-4243.

2000 Nobel Laureate of Literature Gao Xingjian events Thursday, Jan. 3 - Sunday, Jan. 6 Hyatt Convention Center 900 Boylston Street Boston, MA 02115

2000 Nobel Laureate for Literature Gao Xingjian will be in Boston for the 128th Annual Convention of the Modern Literature Association (MLA). Gao Xingjian will take part in two MLA Convention sessions and also attend the launch of his book, Aesthetics and Creation by Cambria Press. At the MLA Convention, Gao Xingjian will take part in two sessions open to the general public, talking about his work as a playwright, novelist, filmmaker, director, and painter, as well as the creative process involved in these diverse genres. Short clips of Gao Xingjian’s films and plays will be shown during the sessions.

Contact: Xiaoping Song, xsong@norwicn. edu

Shear Madness 33rd anniversary Monday, Jan. 31 20 Park Plaza, Suite 1012 Boston, MA 02116

As the longest-running play in the country, Shear Madness will celebrate its 33rd anniversary. The show just announced its holiday schedule from December 2011 to January 2012. The holiday ticket price is $50.

Contact: the ticket box at (617) 426-5225, or www.shearmadness.com.

SAMPAN is New England’s only bimonthly bilingual English-Chinese newspaper. It is nonprofit and nonpartisan. Founded in 1972, SAMPAN is published by the Asian American Civil Service. SAMPAN is distributed four times in New England and the Greater Boston area. All donations for the publication are tax deductible.

Subscription: $60/year (1st class mail); $30/year (3rd class mail).

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The seventh We Are Boston Gala took place Dec. 4 at the Boston Convention & Exhibition Center, celebrating diversity and new immigrants. More than 1,000 people attended the gala, featuring ethnic dishes, cultural performances and an awards ceremony.

"Boston is that international city that is welcoming to each and every one of us," said Marie St. Fleur, director of intergovernmental relations for the City of Boston. She spoke for Mayor Thomas Menino, who was in rehab and unable to attend.

Two high school students were honored at the gala. Sheryll Belizaire, a senior at Boston International Newcomers Academy and Yiming Yu, a senior at Charlestown High School, received the School and Youth Action Award. Belizaire came to America at age 15 with two sisters, after losing her home in Haiti. She volunteered with Habitat for Humanity to build homes for displaced people in Washington, D.C. a few months after she came to the United States.

Yu came to America three years ago with his parents, ashamed to speak English. He found Charlestown High a "caring" community and flourished in academics and immigrant youth volunteering. Yu and his friends made a video for a White House contest and won a trip to the White House.

Along with students, two individuals and a corporation were recognized at the gala. Gary Gottlieb, President and CEO of Partners HealthCare, was named the 2012 We Are Boston Gala Leadership Awardee. Nicole Prudent, assistant professor of pediatrics at Boston University School of Medicine and a primary care pediatrician at Boston Medical Center, received the New Bostonian Community Award. Award. Law firm Mintz, Levin, Cohn, Ferris, Glovsky and Popeo was presented with the Corporate Courage Award.

"The rainbow that is Boston continues to grow with opportunity, but we need to remember those who are still left out," said Theresa Tsoi, chairperson of KKCS Board of Directors.

"It provides a wonderful place for kids to study, and enables KKCS to keep aiding and serving families and communities."

SOUTH COVE: Quincy location increases space

Continued from Page 1

South Cove Manor at Quincy Point broke ground for its new $141-bed facility. Participating in the Nov. 28 ceremony were (left to right): John Auerbach, Urban Health Research Institute at Northeastern University; Andy Epstein, Department of Public Health; South Cove President and CEO Dick Wong; Angus Leary, Suffolk Construction; Wayne Patenaude, Cambridge Savings Bank; Peter Sargent, MHC; Quincy Mayor Thomas Koch; South Cove Board Chair Richard Luc; Quincy City Councillor Margaret LaFountain; State Senator John Keenan; Benny Wong, MassDevelopment and Phil Dowdas, Levi & Wong Architects. (Image courtesy of South Cove Manor.)

After exploring possible expansion sites in their current neighborhood without success, South Cove Manor looked to surrounding communities for alternatives. Quincy’s accessibility, shops and amenities for staff and families, available space suitable for building, and growing Asian population made the city attractive to the project organizers.

With this move, about 200 jobs will be in Quincy. In addition, some 225 construction and related jobs will be generated during the building phase. Financing for the project is being provided through a $19 million bond from MassDevelopment, the state’s public development finance agency, as well as financing from Cambridge Savings, US Bancorp and the Massachusetts Housing Investment Corporation. Suffolk Construction has been named to build the new facility.

The project is expected to be completed in early 2014.

Since its founding in 1985, South Cove Manor has averaged more than 99 percent occupancy, and has received the highest five-star quality rating from the federal Centers for Medicare and Medicaid, 17 out of 19 deficiencies-free ratings from the Massachusetts Department of Public Health, and has been listed in the U.S. News & World Reports as one of the nation’s best nursing homes.

Kwong Kow Chinese School hosts annual gala

Students from the Kwong Kow Chinese School performed at the school’s gala on Dec. 1, (image courtesy of Teresa Chong.)

The gala featured a raffle including sports memorabilia, vacation packages and restaurant packages. Boston Mayor Thomas Menino attended the event to celebrate KKCS’s receiving $310,000 in funding.

Lion dances by Wah Lung Kang Fu and Tai Chi Academy students took the floor, while students also recited the ballad of Mulan in Chinese.

George Salinas, whose daughter performed in the dulcimer quartet, said, “I think learning Chinese is very important. It’s a future language.”

Salinas came from Peru and realized the importance of learning Chinese when his daughter was six. “When she was a kid, she was taken care of by a Chinese nanny,” he said. “Gradually she started learning to speak Chinese. She now can write Chinese characters, we’re very proud of her.”

KKCS, located at 87 Tyler Street, is a nonprofit organization. Its mission is to disseminate Chinese language and culture to Chinese and non-Chinese learners through formal and informal learning opportunities.
Chinatown Resident Association discusses holiday safety

BY LING-MEI WONG

The Boston Chinatown Resident Association met for a safety presentation and community development talk on Dec. 5 at the Josiah Quincy Lower School. Capt. Tom Lee and Sgt. Tom Lema of the Boston Police Department warned residents about robberies involving gold jewelry and smartphones.

“The No. 1 item we have stolen downtown is the iPhone,” Lee said. Lee told residents not to leave holiday packages and valuables in their cars, as cars may get broken into. He also urged citizens to call 911 anytime for the police.

“We have interpreters that work at 911 who speak Chinese and its dialects,” Lee said. “Many people wait to bring their English-speaking son or daughter to report a crime and when they say it happened yesterday, it’s too late.”

The officers commended the Chinatown neighborhood’s vigilance for its efforts, led by Michael Wong of Lun Fat Produce. “Chinatown is a very safe neighborhood,” Lee said.

J. Wing Lee, President of Section 8 Tenants, worried about Chinese scams. The criminals usually work in gangs and engage people in Chinese by asking for directions. One or more people will join the conversation and convince victims to give up their valuables or savings.

“If you don’t know them, don’t talk to them,” Lee said. “If they talk about your son being in danger, don’t listen.” Chairman Yee passed around a petition to oppose the China Pearl’s plans for a lounge on its fourth floor. “We have collected more than 100 signatures so far,” he said. The proposal was brought before the Chinatown Safety Committee on Sept. 17 with no action taken.

Sgt. Tom Lema (right) of the Boston Police Department sang “Silent Night” at the Chinatown Resident Association meeting on Dec. 5. Capt. Tom Lee (left) and Gilbert Ho (center) look on.

Chinatown residents — not from Chinatown — are a very safe neighborhood,” Lee said. “Felt came in the area. “We’re gunning for residents — not from Chinatown — as cars may get broken into. He also urged citizens to call 911 anytime for the police.

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Chinese American wins Mass. Seniors Holiday Art Contest

SUBMITTED BY THE SECRETARY OF THE COMMONWEALTH

Tony T.D. Moy painting won the 16th annual Senior Citizen Holiday Card contest.

Wakefield resident Tony T.D. Moy, 88, won the 16th annual Senior Citizen Holiday Card contest, held by the Secretary of the Commonwealth. All citizens age 62 and older were invited to participate, with this year’s theme being “December Holiday at the State House.” Moy’s entry is now the official holiday card of the Commonwealth and is on sale at the State House.

“Painting has brought me much joy over the years since my retirement and I encourage all seniors to participate in something they enjoy,” Moy said. “Busy hands keep your mind healthy.”

Moy has spent many years painting at the Wakefield Senior Center on Aging. He has graciously donated his original oil paintings to fundraising efforts for the Wakefield Center for the Performing Arts and St. Jude Children’s Research Hospital, raising hundreds of dollars. Moy not only paints on canvas but has painted scenes on furniture and antique pieces as well.

This year there were 62 entries. Various mediums were used, such as oil, acrylic, watercolor and pastels. The submissions depicted winter scenes and included the State House as a focal point or included it as the main theme along with other Boston landmarks.

All artwork can be viewed at www.sec.state.ma.us/trs/trsgft/gftidx.htm.

Chinatown Safety Committee reviews ‘supper club’ proposal

BY LING-MEI WONG

The Chinatown Safety Committee held its monthly meeting on Dec. 5 at the Doubletree Hotel. Local businessman Sam Sokol presented his plans for a supper club at a second location. Located at 533 Washington Street, the site of the proposed Adams House was formerly the Felix Boston nightclub. The location used to be the Adams House Hotel from 1846 to 1930, which was rebuilt as the Adams House Restaurant in 1936 until closing in the 1980s.

Committee chairman Bill Moy raised concerns about the 2 a.m. closing time, dancing and parking in the area. “We’re gun-shy,” he said. “Felt came in as a restaurant, but it was all dancing. Then gang-bangers came in and disturbed Chinatown.”

Other committee members mentioned noise disturbing the community. “Noise is a major concern for residents — not from venue but from people leaving late at night and horns beeping,” said Capt. Tom Lee, Boston Police Department.

No motion was made on the proposal. Moy told Sokol to meet with the Boston Redevelopment Authority first and postponed discussion until the next meeting on Jan. 2.

Crime report

Crime statistics for the past 30 days were presented by Lee. There were 37 robberies reported in the downtown area, 21 involved either iPhones or Samsung Galaxy smartphones.

“If you’re not comfortable pulling cash out in street, don’t pull out your phone,” Lee said.

Crime blotter

Homicides: 0
Sexual assault: 0
Robberies: 3
Aggravated assaults: 0
Breaking and entering: 4
Auto theft: 1
Larceny (minus car breaks): 8
Larceny from motor vehicle: 7
Graffiti: 0
Community disorder: 0
Towed motor vehicle: 0

Motor vehicle statistics

Motor vehicle violations: 24
Parking citations: 237
Playwright David Henry Hwang discusses Asian identity at ATASK event

BY LING-MEI WONG

Award-winning playwright David Henry Hwang spoke about Asian Americans and the creative process at the Wheelock Family Theater on Dec. 8. (Left) The event was emceed by WGBH reporter Jared Bowen. (Right) Hwang takes a question from the audience.

‘Chinglish’ comedy examines culture clash in China

BY DOUGLAS YU

“Execution in progress.”

“Slip and fall down carefully.”

“Keep off the lake.”

These are just a few of the “chinglish” signs one can see in China. Tony and Obie Award-winning playwright David Henry Hwang of “M. Butterfly” brought his bilingual, culture-clashing comedy “Chinglish” to the Lyric Stage Company on Dec. 2. In “Chinglish,” American- and Chinese-born Enron employee Daniel Cavanaugh travels to Guiyang, China, to win a contract to translate signage into English. Miscommunication, both in language and culture, abounds when he employs a translator to make his case to a government minister. The drama mixes romance, manipulated truth and morality under cultural misunderstanding.

Celeste Oliva played Chinese woman Xi Yan, who falls in love with the American businessman and tries to balance her welcomed Hwang. “He is so inspirational to young people,” Chin said. Hwang showed wing an article on Hwang he saved from the January-February 1982 edition of the Sampan. Hwang discussed his evolution as a writer and the changing role of Asians. “A few things have changed radically since I was a kid. Asians were the stereotype for the poor lobby man. Now we are making too much money, have too much influence and raise the math scores. The other thing is the centrality of China in the mainstream American consciousness.”

Hwang’s exploration of his Chinese roots are recurring themes in his work. “I happen to be Asian American, so the stories I write end up in that story world,” he said. “When things interest us as artists, they interest other people. Sometimes they don’t, but it’s not good for other people to like it.”

His 2011 play “Chinglish” is written one-third in Chinese, for which he got help from a Hong Kong playwright. “I do not speak Chinese, for all intents and purposes,” Hwang said. However, Hwang understands enough Mandarin to play with it. He knew enough to play with “I love you” in “Chinglish.”

Writing is intensely personal for Hwang. “You should just write what’s interesting to you,” he said. “Write what you like and explore some issues, questions or emotions you need to explore. If you do, you’ve already succeeded for the experience.”

David Henry Hwang plays

• FOB
• The Dance and the Railroad
• Family Devotions
• The House of Sleeping Beauties (from Yasu-nari Kawabata’s novel)
• The Sound of a Voice
• As the Crow Flies
• Rich Relations
• M. Butterfly
• Bondage

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• Face Value
• Trying to Find Chinatown
• Bang Kok
• Golden Child
• Peer Gynt (based on Henrik Ibsen’s play, with Stephen Muller)
• Merchandising
• Jade Flowerpots and Bound Feet
• Tibet Through the Red Box
• The Great Helmsman
• Yellow Face
• A Very DNA Reunion
• Chinglish

LEGAL NOTICE

MASSACHUSETTS BAY TRANSPORTATION AUTHORITY
10 PARK PLAZA
BOSTON, MASSACHUSETTS 02116

Public Announcement of Request for Letters of Interest for CM/GC on the Green Line Extension Project

The Massachusetts Bay Transportation Authority (“MBTA”) hereby solicits Letters of Interest (“LOI”) from firms or teams interested in providing Construction Management/General Contractor (CM/GC) services for the MBTA Green Line Extension Project (MBTA Program No. CMGC-E22). The CM/GC services include pre-construction services during the design phase and subsequent construction of agreed upon work thereafter. The CM/GC Entity will be required to self perform a minimum of 50% of the construction work.

Additional information and instructions on how to submit a Letter of Interest is available at http://www.mbta.com/business_center/bidding_solicitations/current_solicitations/

On behalf of the MBTA, thank you for your time and interest in responding to this Request for Letters of Interest.

Massachusetts Bay Transportation Authority
Jonathan R. Davis
Acting MBTA General Manager and Rail and Transit Administrator
Richard A. Davey
MassDOT Secretary and CEO
Winter hot pot: How to eat healthy

BY HAO LU

Hot pot is a winter must-have when friends and families get together for a big meal. Here are some tips and a nutrition chart for hot pot food. Check and choose healthy things to eat!

• Choose a healthy broth
  Many people prefer spicy broth because the hot soup keeps them warm in winter. However, the fact is that the calorie count you consume in spicy broth can be much higher than a clear soup broth. If you find the clear soup to be too mild, try sour cabbage or kimchi soup. They will be tastier while containing fewer calories than a traditional hot, spicy broth.

• Less meat, more vegetables
  We all love to eat endless beef slices or fish balls, and never feel full. However, a healthy hot pot cannot lack vegetables. Leaf vegetables, such as spinach, lettuce and cabbage, will provide you with vitamins, minerals and fiber and help maintain digestive health. Tofu is also a good choice for hot pot since it is relatively high in soy protein, which may protect the brain and reduce the risk of heart disease. Potato tastes great in hot pot, but be careful, as eating too much starch can make you gain weight.

• Drink juice or tea beverages, not alcohol
  Fresh fruit and vegetable juice, yogurt and tea can replenish our dehydrating bodies without causing gastrointestinal reactions during meals. Alcoholic beverages, however, stimulate the human digestive system. It is not recommended to drink beer while eating hot pot.

Hot Pot Food
Nutritional Values

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>Calories</th>
<th>Fat</th>
<th>Carbohydrates</th>
<th>Protein</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clear soup broth</td>
<td>750 g</td>
<td>250</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>Kimchi soup broth</td>
<td>750 g</td>
<td>300</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>Sour cabbage broth</td>
<td>750 g</td>
<td>600</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>Spicy soup broth</td>
<td>750 g</td>
<td>1800</td>
<td>/</td>
<td>/</td>
</tr>
<tr>
<td>Chicken breast slice</td>
<td>1 slice</td>
<td>14</td>
<td>0.54 g</td>
<td>0 g</td>
</tr>
<tr>
<td>Beef slice</td>
<td>1 slice</td>
<td>30</td>
<td>1.09 g</td>
<td>0 g</td>
</tr>
<tr>
<td>Pork slice</td>
<td>1 slice</td>
<td>34</td>
<td>1.50 g</td>
<td>0.5 g</td>
</tr>
<tr>
<td>Tofu</td>
<td>100 g</td>
<td>70</td>
<td>3.5 g</td>
<td>1.5 g</td>
</tr>
<tr>
<td>Spinach</td>
<td>100 g</td>
<td>23</td>
<td>0.4 g</td>
<td>3.6 g</td>
</tr>
<tr>
<td>Cabbage</td>
<td>100 g</td>
<td>25</td>
<td>0.1 g</td>
<td>5.8 g</td>
</tr>
<tr>
<td>Lettuce</td>
<td>100 g</td>
<td>13</td>
<td>0.2 g</td>
<td>2.2 g</td>
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<tr>
<td>Mushroom</td>
<td>100 g</td>
<td>27</td>
<td>0.1 g</td>
<td>4.1 g</td>
</tr>
<tr>
<td>Potato</td>
<td>100 g</td>
<td>77</td>
<td>0.1 g</td>
<td>19 g</td>
</tr>
</tbody>
</table>

Preventing Tobacco Use in Youth and Young Adults

SUBMITTED BY THE SURGEON GENERAL

This 2012 fact sheet is the 31st tobacco-related Surgeon General’s report issued since 1964. It describes the epidemic of tobacco use among youth ages 12 through 17 and young adults ages 18 through 25, including the epidemiology, causes, and health effects of this tobacco use and interventional proven to prevent it. Scientific evidence contained in this report supports the following facts:

• We have made progress in reducing tobacco use among youth; however, far too many young people are still using tobacco. Today, more than 600,000 middle school students and 3 million high school students smoke cigarettes. Rates of decline for cigarette smoking have slowed in the last decade and rates of decline for smokeless tobacco use have stalled completely.

• Every day, more than 2,100 people in this country die due to smoking. For each of those deaths, at least two youth or young adults become regular smokers each day. Almost 90 percent of replacement smokers smoke their first cigarette by age 18.

• Rates of smokeless tobacco use are no longer increasing among some groups.

• Cigars, especially cigarette-sized cigars, are popular with youth. One out of five high school males smokes cigars, and cigar use appears to be increasing among other groups.

• Use of multiple tobacco products — including cigarettes, cigars, and smokeless tobacco — is common among young people.

• Prevention efforts must focus on young adults ages 18 through 25, too. Almost no one starts smoking after age 25. Nearly nine out of 10 smokers started smoking by age 18, and 99 percent started by age 26. Progression from occasional to daily smoking almost always occurs by age 26.

Tobacco use by youth and young adults causes both immediate and long-term damage. One of the most serious health effects is nicotine addiction, which prolongs tobacco use and can lead to severe health consequences. The younger the user is when they start using tobacco, the more likely they’ll become addicted.

Early cardiovascular damage is seen in most young smokers; those most sensitive die very young.

Smoking reduces lung function and retards lung growth. Teens who smoke are not only short of breath today, they may end up as adults with lungs that will never grow to full capacity. Such damage is permanent and increases the risk of chronic obstructive pulmonary disease.

Youth are sensitive to nicotine and can feel dependent earlier than adults. Because of nicotine addiction, about three out of four teen smokers end up smoking into adulthood, even if they intend to quit after a few years.
When it comes to finding a house, there are many options to consider. Identifying the ideal kind of house helps you find the right place more quickly.

For people who do not need a large house and do not want to bother with yard work, buying an apartment may be the best option. A condominium (condo), townhouse or row house is usually managed by a professional management company. Residents pay a monthly condo fee to the management company to take care of landscaping, trash collection and maintenance. Most condo fees cover water bills, master insurance and snow removal. Others may cover heat, hot water and more, depending on the agreement with the owner and trustees.

Condo living offers convenience, although communal living means rubbing shoulders with neighbors. A master deed covers the whole apartment complex, with each condo owner having the deed to their own unit. The deed unit will state the percentage of ownership. Mortgage loan applications will be affected if the owner occupancy for the condo complex is less than half or more, depending on the agreement.

Single-family homes

Single-family homes are designed for a couple with a few children, meaning no extended family such as aunts, uncles or grandparents. However, the number of bedrooms will determine how many people can live in the house.

The deed for a single-family house offers 100 percent ownership for complete control. Many Chinese homeowners plan to renovate their attic or basements for more room. This requires filing an application before construction takes place, with construction plans subject to city rules.

Architectural styles of building can be confusing. Most refer to when the house was built, which influences the home’s design. Below are several common houses in the Northeast:

Bungalow: Any simple, single-story house without a basement.

Cape Cod: A New England style of house from the 17th century. It is characterized by a low, broad frame building, generally a story and a half high, with a steep roof, large central chimney and little ornamentation.

Colonial: These homes typically include steep roofs, small leaded glass windows, rich ornamentation (in the more expensive houses) and a massive central chimney. To maximize natural light in northern climates, early houses faced southeast, regardless of a building’s alignment to the road.

Georgian: A house built in the architectural styles from 1720 to 1840, when four British monarchs named George ruled continuously. Georgian houses feature a central front door, decorative moldings and symmetrically laid-out rooms.

Ranch: A rambling single-story house, often containing a garage and sometimes constructed over a basement.

 Tudor: The Tudor architectural style is the final development of medieval architecture during the Tudor period (1485-1603) and beyond. Buildings have six distinctive features: Decorative half-timbering; steeply pitched roof; prominent cross gables; tall, narrow doors and windows; small window panes; and large chimneys, often topped with decorative chimney pots.

 Victorian: Any house built during the reign of Queen Victoria (1837-1901). Victorian-era homes in eastern American cities tend to be three stories.

Multifamily home

If you have more people in your home, a multifamily house offers more space. For example, a house could be divided into two halves with separate entrances, allowing more privacy for family members or an additional unit to rent out. For a Chinese family with several generations under one roof, a multifamily home provides greater flexibility and more room for everyone.

Rental income is an incentive to buy a multifamily home, as it can help offset mortgage payments. A large single-family home can be converted into a two- or three-family home, if there is land for parking spaces and it is in good enough condition. For example, a single-family home could be split into two condos and the owner can sell the condos separately. However, construction for more than four units would be classified as an investment property, which significantly affects the mortgage loan and down payment.

With reporting from Melody Tsang, Multi-Service Center coordinator at the Asian American Civic Association. This is part two of an affordable housing series.

The pork shrimp siu mai with roe at Bubor Cha Cha.

Bubor Cha Cha’s delicious dim sum hits the spot

BY ANNA ING, A FOOD AFINICIONADO

Bubor Cha Cha is in the heart of Boston’s Chinatown. The restaurant features a ceiling with swirling clouds and tropical décor. Bubor Cha Cha is named after a Malaysian dessert soup served either cold or hot, consisting of coconut milk, taro, yam, sweet potatoes and corn. The menu serves great Hong Kong style dim sum starting at $2.95 a dish. Service for yum cha starts at 8:30 a.m.

The chrysanthemum tea is made from the flow- er’s petals, making it a light and refreshing herbal tea. We were handed two menus, a smaller one list- ing different congee (rice porridge) options and a larger laminated photo menu that diners can mark. Though a smaller selection compared to the bigger tea houses, Bubor Cha Cha holds its own in flavor with seafood and meat options. We enjoyed No. 19, which was four steamed shrimp rice noodles in a light soy sauce. The shrimp pieces were big and fresh while the noodles had a nice soft consistency.

Next came No. 1, the pork shrimp “siu- mai” or open-faced pork and shrimp dumplings. Then the “har gao,” aka No. 2 shrimp dumplings were filled with gener- ous amounts of succulent shrimp encased in a glistening rice wrapper. The No. 4 chicken feet brised in black bean sauce is incredibly delicious and the best version around. Soft and tender chicken feet might look intimidating, but they are full of collagen and easy to eat. The three pan-fried chive dumplings for No. 36 were served with a thicker flour wrapper filled with plenti- ful shrimp and chives.

Now popular they are. Next time you have a dim sum craving, give Bubor Cha Cha a try.

The Quincy Housing Authority, Quincy, Massachusetts is seeking candidates for the position of Executive Director. The Executive Director leads a staff of 66 administrators, 94 Section 8 voucher holders, and a small number of vouchers for the Commonwealth of Massachusetts’ Department of Housing and Economic Development (“DHCD”). QHA owns and manages 631 units which are subsidized by the U.S. Department of Housing and Urban Development (“HUD”) and 899 units which are subsidized by DHCD. QHA leases a total of four facilities to the Commonwealth of Massachusetts’ Department of Mental Health and/or the Department of Mental Retardation as group homes for disabled clients.

Requirement:

• A Bachelor’s degree is required and major coursework in public administration, business administration, or management is preferred.
• A minimum of eight years of management experience in public housing, non-profit affordable housing, or for-profit property management, preferably related field is required.
• A Bachelor’s degree may be substituted for up to two years of experience. One year’s supervisory experience of a staff of ten or more is also required.

Candidates must be bondable. Candidates must demonstrate exceptional knowledge, skills, and abilities in key areas that include, but are not limited to, the following:

• (2) Strategic leadership; (2) Management efficiency and effectiveness;
• (2) Business and finance acumen; (2) Human resources management;
• (2) Internal/external stakeholder relationships; (4) Program integrity, knowledge, and compliance;
• (2) Decision-making; (2) Entrepreneurism; (2) Written and verbal communication;
• (2) Asset management; (2) Maintenance planning.

This position will be in accordance with Massachusetts Housing and Community Development guidelines. Certification as a Public Housing Manager from a HUD approved organization is required, but may be substituted by certification as a property manager or similar classification for a closely related field is required.

Candidates must have at least achieved or commit to successfully achieving the designation of Massachusetts Certified Executive Director.

Candidates must also have achieved either the NAHRO Certified Management Executive designation or the DHCD-approved Massachusetts Public Housing Administrator Certification Program. Candidates must have at least achieved or commit to successfully achieving the designation of Massachusetts Certified Public Purchasing Officer as offered through the Massachusetts Office of the Inspector General.

The application must include a one-page cover letter, a maximum of a two-page resume (including salary history), a one-page summary of leadership/mgmt style, and a one-page listing of three professional references from sources such as board members, peers, or stakeholders.

An email or hard copy version of the application must be received by January 4, 2013 at 5:00 p.m. Central Time at this address:

Mr. Stan Quy, CCC, President/Principal
The Organizational Leadership Edge
147 Ginger Cove Road
Valley, ME 04884
Squy@cox.net

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QUINCY HOUSING AUTHORITY
EXECUTIVE DIRECTOR

NOW HIRING

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Now hiring
Boston Common Tree Lighting illuminates the night

SUBMITTED BY THE CITY OF BOSTON

The 71st annual lighting of Boston’s Official Christmas Tree, provided as a gift by Nova Scotia, took place Nov. 29. The heart of the city was illuminated with seasonal cheer at Boston’s Official Holiday Tree Lighting. The Skating Club of Boston presented a spectacular skating show prior to the lighting at the Frog Pond.

WCVB reporter Anthony Everett and JC Monahan hosted Channel 5’s live broadcast of the event, featuring Season Five “American Idol” finalist Elliott Yamin, “The Voice” contestant James Maslow, Nova Scotia band Squid, the Floor-lords dance group, the Boston Arts Academy and an appearance by the Grinch.

Mayor Thomas Menino was unable to attend the event. Guests onstage included Deputy Premier Corbett, members of the Royal Canadian Mounted Police and Santa Claus. The show closed with a pyrotechnic display by Pyrospectaculars.

The holiday decorations throughout Boston Common and the Public Garden were lit up in sequence. They included the City of Boston’s official Christmas tree from Halifax, a 45-foot white spruce donated by Paul and Jan Hicks of Jordan Bay, Nova Scotia.

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We are looking for translators, reporters and experienced columnists.

Reporters
• Cover news as assigned and ensure all deadlines are met.
• Commit to the highest level of accuracy
• Research and write engaging stories and contribute design graphics and sidebars for each story
• Attend community meetings, city council meetings and other community events to maintain a steady flow of news
• Shoot photographs for stories if needed
• This position is unpaid while college credit is available

Requirements
• Hours are flexible as long as 2 to 5 news items can be submitted every two weeks
• Proficiency in English as well as Chinese is preferred but not required.
• Ability to handle high stress situations
• Current college students preferred seeking a journalism/English degree or certification

Columnists
• Contribute biweekly/monthly to the newspaper
• Specialized in one/more of the following areas of interest: politics, health, personal finance, fashion, art/theater or personal advice
• Shoot photographs for stories if needed

If you are interested, please send your resume and writing samples to editor@sampan.org.

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