Gaming commission discusses impact of casinos with Chinatown residents

BY JOANNE WONG

The impact of casinos was discussed at a community forum. (From left to right) Asian American Community Association Director Chau-Ming Lee, South Cove Manor Nursing Home President Emeritus Helen Chinh Schlichter, Massachusetts Gaming Commission Chair Stephen Crosby and Victor Ortiz, Intervention and Treatment Support Director for the Massachusetts Council on Compulsive Gambling.

Massachusetts Gaming Commission Chair Stephen Crosby spoke with community members about the new casino industry and its positive and negative impact at the Asian American Civic Association on Oct. 18.

“Casino gambling is controversial, but the law has been passed. We need to do it well, and we need to do it right to make sure that it is a participatory, transparent and fair process,” Crosby said.

Statistics show that $5 billion is gam- bled in Massachusetts. That amount is equivalent to $800 per capita, including all men, women and children.

Gaming legislation that was passed last November divides the state into three regions: West, East and Southeast. The Gaming Commission is authorized to license up to one casino per region, as well as one slots parlor anywhere in the state.

“Problem gambling is an unquestion– able phenomenon, where some people cannot control their participation,” Crosby said. He acknowledged the downside of establishing new casinos in the state.

According to Crosby, the laws offer support and resources to help gambling addicts. Approximately $6 million will be set aside for compulsive gambling prevention and assistance efforts. In addition, a research component will be built into the implementation of the new casinos. Baseline and longitudinal studies will be conducted to study the changes in demographics and effectiveness of inter– vention strategies. Best practice research from casinos in other states will be lever– aged to inform the Commonwealth about problem gambling.

Crosby encouraged clear communi– cation and participation from commu– nity leaders who will bring a cultural perspective and inform the Commission on actions to take to curb the issue of compulsive gambling. In addition, the Commission plans on placing as much pressure on casinos as they can so casino

Bilingual ballots increase voter access in Boston and Quincy

BY LING-MEI WONG

Voters who registered for bilingual ballots in Boston and Quincy can take them to the polls on Nov. 2. Voter registration closed Oct. 17. Bi– lingual ballots in English and Chinese are mailed with voter information, said Vincent Au, elections clerk for Quincy. This is the city’s first time to offer Chi– nese ballots.

Boston offers Chinese and Vietnamese bilingual ballots in specific precincts.

“We have ballots available for every citi– zen,” said Matt O’Malley, Boston City Councillor for District 6. “It’s an abso– lutely reasonable cost for all Bostonians to have a ballot.”

In Quincy, there may be Chinese speakers on-site, depending on the poll– ing station, Au said.

Asian presence

The Asian population in Boston grew 31.6 percent from 36,275 persons in 2000 to 47,733 persons in 2010, according to the 2010 census. Asians represent 9.3 percent of the Boston population and the fastest growing ethnicity in the state, increasing by 46.8 percent from 2000 to 2010.

However, Asian participation at the polls has been low. In Quincy, only 13.81 percent of the 6,680 Asians eligible to vote did so in November 2011, represent– ing 1.68 percent ofthe electorate. “Voter registration is low because most Chinese are not concerned,” Au said. “It’s the lan– guage. They don’t understand it and they don’t ask.”

Boston bilingual voting in Chinese

2012年波士頓亞裔電影節

從銀幕看世界

由亞裔美國人資源中心（AARW）主辦的2012年波士頓亞裔電影節（BAAFF），將於10月25日至28日，在Emerson大學Bright family Screening Room、Cambridge的Brattle Theatre和Somerville的Somerville Theatre進行展映。

今年是該電影節的第四個年頭，超過5部展映片子是波士頓或者其他英格蘭地區首映，而且每天都會有和導演等人的開門環節，以及豐富多彩的贊助商活動。

電影節主席Susan Chinsen 說道，今年選映的片子都是積極、引人深思的電影，深度的表達出當代亞裔電影的角度，我們對能持續把這些優秀的作品帶到

由亞裔美國人資源中心（AARW）主辦的2012年波士頓亞裔電影節（BAAFF），將於10月25日至28日，在Emerson大學Bright family Screening Room、Cambridge的Brattle Theatre和Somerville的Somerville Theatre進行展映。

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電影節於25日晚7:30在Brattle Theater開幕，作為開幕影片 Quentin Lee的『White Frog』，一部有關成長的轉變的電影。由許多很有影響力且廣受讚譽的電視電影明星出演，包括 Booboo Stewart, Joan Chen, BD Wong以及Harry Shum, Jr.。『White Frog』深刻檢視了當代美國家庭，講述了一個低調妓女子

和社會上眾多面對的悲劇。家庭和友誼仍是人類的終極力量。

HIGHLIGHTS

New digital display planned for Theater District PAGE 3

2012 Boston Asian American Film Festival kicks off fourth year PAGE 4

Obama and Romney face off in spirited debates PAGE 5

How to cook pumpkin and kale PAGE 6

S. Leo Chiang導演的影片『Mr. Cao Goes to Washington』 講述了新當選的國會議員Joseph Cao該美國總統Barack Obama的相遇。（影片由BAAFF提供。）
Empty Bamboo Girl

The Mundane & Sublime Adventures of a Girl Named Ah-Lin!

by Lillian Chan

HAL-Low-Een
Noon
Observed especially by
dark-skinned children
Unleash their inner
Dirty girl by wearing as
Little fabrice as possible.

I GUESS IF THAT’S YOUR THING, THEN
GO FOR IT. BUT, IT CAN GET SUPER
COLD HERE IN THE NORTHEAST.

WHICH IS WHY I’D RATHER GO AS A LUMBERJACK.

10-23-12

Event Calendar

SAMPAN’s Real Estate Special Issue is publishing on Nov. 30!
Place Your Ad Here.
Contact: ads@sampan.org

Gongquan Chen
Ling-Mei Wong

Call Center Operators
Location: Boston – T Accessible
Immediate openings for bilingual operators with:
• Excellent Communication Skills
• Desire to help others
• Enthusiasm
Put your foreign languages & customer service skills to work!
Please contact: careerpost@email.com

Cultural China, Splendid Yunnan,” hosted by Asian Cultural
Development (ABCD) celebrates 50 years of providing
hope and opportunity to those in need! Eight-
time Grammy Award winner Natalie Cole will
be there to give a special performance. Bianca de la
Garza, morning co-anchor at WCVB-TV Channel
5, will emcees the grand event.
Tickets: $300
Tickets are available online at www.bostonac-
bc.org.

ACMES annual conference
Saturday, Nov. 3
9 a.m. – 10 p.m.
Hyatt Regency Cambridge
575 Memorial Drive
Boston, MA 02129

American Chinese Medical Exchange Society (ACMES) has invited
prominent speakers from diverse fields to its 2012
annual conference, and you are welcome to join!
Two featured sessions —
Primary Care and Integrative
Medicine. Speakers
will share medical break-
throughs and up-to-date
information on diabetes,
cancer, eye care, IBS,
and other important issues.
Reservation: $20 lunch
included, $50 lunch and
dinner included.
Tickets are available
online at http://ac-

Yi-Wen Club lecture
Sunday, Nov. 4
6:30-8:30 p.m.
437 Cherry Street
GBCCA, 2nd Floor
West Newton, MA 02465

Award-winning writer
Shaping Yo and au-
tor Speaker Hue Wu will
give speeches on their books
“He Comes from the East” and “Black Hawk”
at the Yi-Wen Club.
Contact: Jianghe Niu,
857-234-6696,
jianghe.niu@gmail.com

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CHINESE PROGRESSIVE ASSOCIATION JOB POSTINGS

Full-time Office Manager
Help Chinese immigrant workers and
community members learn about their
rights and take collective action.

Qualifications:
• Strong communication skills
• Organizing experience

Please submit resume & cover letter
to Mark Liu at mark@cpaboston.org

The Chinese Consolidated
Benevolent Association of New
England (CCBA) is cooperating with Brigham and Wom-
men’s Hospital to provide free
kidney function tests to the public.
There will be body mass index
(BMI) test, blood pressure
measure, glucose test and urine
test. Participants can get a
free flu shot after the tests.
Contact: (617) 542-2574

Free pumpkin carving
Saturday, Oct. 27
1 p.m. – 4 p.m.
CCBA
90 Tyler Street
Boston, MA 02111

Yunnan, home to 26
different ethnic groups,
is famous for its beauty
and rich culture. “Cultural
China, Splendid Yunnan,” hosted by Asian Cultural
Development Center Boston, will bring
you a performance of Chi-
nese folk songs and danc-
es as well as show you the
traditional costumes and
culture of Yunnan prov-
tince in southwest China.
Tickets: $15, $25, $50
Tickets are available
at the Boston Book Shop
(617) 451-1309, online
at www.asiancc.net or by
calling (617) 225-2888.

ABCD 50th anniversary gala
Friday, Nov. 2
Copley Marriott Boston
Grand Ballroom
110 Huntington Avenue
Boston, MA 02116

Don’t miss the party
of the year as Action for
Boston Community De-
velopment (ABCD) cele-
b rate 50 years of provid-
ing hope and opportunity
New digital display planned for Theater District

BY JOANNE WONG

There will be new bright lights in the Theater District.

The City of Boston is taking steps to add sever-

al electronic billboards that will use state-of-the-

art digital technology to show advertisements and

community information.

Three neighborhoods have been identified for sign place: Seaport Inno-

vation, Theater District and Fenway Landsdowne.

In the Theater Dis-

trict, the proposed loca-

tion of the sign will be at the W Hotel, at the corner of Tremont and Stuart

Streets.

“The digital façade-

like signs will be very

modern and artistic,” said Susan Tracey of the Strategy Group during a

Chinatown/South Cove

Neighborhood Council

meeting.

The sign will be a part of the building, and the content on the display will change throughout the day. At least 10 percent of the space must be dedi-
cated to community-based information, according to Massachusetts state law.

“Working with the community is important to us,” said Patrick McCa-

ryle of Orange Barrel Me-

dia. “Although the code said that at least 10 per-
cent of the space is dedicat-
ed to community infor-

mation, we want to blow this out of the water.”

The sign will be owned by the W Hotel, but managed by Orange Barrel Media, which installed a 80-foot-high video dis-

play outside the Boston Convention and Exhibi-

tion Center (BCEC). The community ad space for the BCEC marquee is close to 50 percent, and the display is expected to generate $350,000 in ad revenue this fiscal year.

Advertisements will be regulated by the city, meaning no political ads or distracting imagery. The marquee has the ca-

pability to display Amber and traffic alerts. In addi-
tion, the display will go into “sheet mode” in the early morning, or a lighter ambient setting so as not to distract drivers.

Orange Barrel has the capability to create the signs, or individuals and local artists in the China-
town community can cre-

ate their own and collec-

tively create to the community information, or the city will do so.

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Orange Barrel has the capability to create the signs, or individuals and local artists in the Chinatown community can create their own and collectively work on the display.

The traffic controller is a major concern, but traffic studies have been conducted as to how to minimize the display’s effect on drivers and traffic. Orange Barrel will draw upon its prior expe-
rience in similar projects in other cities.

The sign at the W Ho-

tel requires approval by the Boston Redevelop-

ment Authority. McCarthy expects the sign to be ap-

proved and operational by the beginning of 2013.

MassHousing an-

nounced Oct. 12 that it provided nearly $1 billion in finan-
ing for affordable housing in fiscal year 2012, setting a new one-

year lending record.

“Creating affordable

housing helps to gener-

ate jobs, grow local busi-

nesses and strengthen our communities,” said Governor Deval Patrick.

“Government’s role is to help people help them-

selves, and investing in affordable housing will build a better Common-

wealth for generations to come.”

MassHousing’s lend-

ing for the 12-month peri-

od ending June 30 was up 21 percent over last year. The new record also ex-

ceeded the previous best lending year (FY 2010) by 15 percent.

In total, MassHousing provided $965.3 million: $570.6 million in loans was provided to more than 2,000 low and moderate

income borrowers for home purchases, refinanc-

ing or home improvement purposes. Massachusetts has

an estimated $183.7 million in loans was provided to

limited-dividend real estate developers or apartment owners to build 6 new de-

velopment projects and to preserve 22 exist-

ing affordable apartment communities with 2,698

units; $40.3 million from the Commonwealth’s Af-

fordable Housing Trust Fund was provided to

2,076 units of housing — both rental and home-

ownership — for the el-

derly, families and special

needs residents; $20 mil-

lion from the agency’s

mortgage insurance fund was provided to ensure an additional 93 affordable, non-MassHousing loans made through community banks.

MassHousing is a self-sustaining agency that does not use tax-
payer dollars. With the ex-

ception of the Afford-

able Housing Trust Fund, which the agency admin-

isters on behalf of the Commonwealth, most of MassHousing’s lend-

ing proceeds are re-

turned to the sale of

bonds on Wall Street. MassHousing has an Iss-

uer Credit Rating of A+ from Standard & Poor’s. A main driver of Mass-

Housing’s record lending year was a new loan pro-

gram for homebuyers that does not require mortgage insurance, even for bor-

rowers making down pay-

ments as low as 3 percent.

“The no-mortgage in-

surance loan is the most popular loan we’ve ever of-

ered, and has been a hit not only with homebuyers but also homeowners who can refinance at a lower rate, reduce their monthly payment and send addi-
tional money back into the economy,” said MassHousing Executive Direc-
tor Tom Gleason. “Since we first made it available in January, our weekly

loan applications have shown no sign of letting up.”

MassHousing also provided multimillion dollar loans for several high-profile apartment communities.

MassHousing provides nearly $1 billion for affordable housing

MassHousing

W Hotel. (Image courtesy of Orange Barrel Media.)
The Boston Asian American Film Festival (BAAFF), a production of the Asian American Resource Workshop, takes place from Oct. 25 to 28. Screenings will be at Emerson College’s Bright Family Screening Room in the Durfee Center, at the Brattle Theatre in Cambridge, and at the Somerville Theatre in Somerville.

This fourth edition of the festival features more than five Boston/New England premieres, exclusive Q&As with filmmakers and various cosponsored events around Boston.

“This year’s selection includes an energetic, thought-provoking range of contemporary films which speak to the breadth and depth of Asian American cinema as it stands today, and we are proud to continue to present these films to the Boston area,” said Festival Director Susan Chisense. “From romantic comedies to thought-provoking, serious dramas and innovative short films, the festival celebrates the power of cinema to inspire, provoke and educate our diverse audience.”

The festival opened on Oct. 25 at the Brattle Theatre in Cambridge with Quentin Lee’s “White Frog,” a twist on the coming-of-age genre film. Starring some of film and television’s most acclaimed and recognizable actors, including Booboo Stewart, Joan Chen, B.D. Wong and Harry Shum Jr. — “White Frog” is an incisive look at the modern American family centered on a young autistic boy coping with the death of his older brother, and ultimately a universal story of the power of family and friendship in the face of difference and tragedy.

This year, the festival will present two powerful personal stories in a community setting. “Pui Chan: Kung Fu Pioneer,” the debut documentary film by actress and martial artist Mimi Chan (best known as the model for Disney’s “Mulan”), is the ultimate tribute by the son of the men who brought Chinese martial arts to the United States. Grandmaster Pui Chon’s Wah Lum Kung Fu Academy and Athletic Association have become the most important and well-established martial arts system in the United States, and this film hopes to draw in enthusiasts, students and filmgoers alike to a celebration of shared cultural heritage.

The 2012 BAFF features two specially curated schools of short films. “Fear Buffet” is a set of six short films that offer different takes on things frightful. “Reel Food” offers eight family-friendly shorts on the lighter sides of life.

BAFF is a 501(c)(3) nonprofit organization that has been a leader in highlighting the great work that goes on in our city as a model for others to see,” said Minoo. “I’m constantly impressed by the innovative work that organizations of all sizes are able to accomplish, and this year’s winners champion that spirit of ingenuity. These awards strive to show that pre- vention is primary care. Whether it’s in the doc- tor’s office, the workplace or the community.”

Three of South Cove Community Health Center’s closest partners were honored for their work to develop culturally sensitive mental health screening tools for Asian American patients, as well as Health Care Without Harm and Dorchester House Multi-Services Center, which each undertook separate efforts to foster healthier food and workplace environments.

South Cove, the premiere Asian American health center of Massachusetts, provides services and programming for more than 26,000 clients in greater Boston. Understanding that Asian Americans experience different forms of depression compared to other groups but face greater barriers to receiving treatment due to cultural stigma, lack of resources, clinicians at South Cove set out to tackle this health inequity by improving upon their standard primary care delivery system. Over the course of a decade, the health center developed a pioneering framework that involves systems of care, psychiatric assessment, and care management with a focus on the patient’s unique cultural beliefs and mental health situation. In the years since it was first implemented, South Cove has seen a sevenfold increase in its Asian-American patients.

“The health center’s Primary Care Integration Program employs a systematic depression screening approach, active outreach to depressed patients, and a culturally competent inter- viewing approach. The program has been shown to improve diagnosis and treatment of depression among minority pa- tients,” said Albert Yeung, who oversees the program. Eugene Welch, Executive Director of South Cove Community Health Center, expressed his sincere gratitude for the award, saying “South Cove is honored and humbled to receive this recognition for being true to our mission of serving the underserved Asian American community with linguistically and culturally competent staff for the last 40 years. We thank Mayor Thomas Menino and the City of Boston for recognizing innovative work in primary care delivery.”

The event, held at the historic Boston Public Li- brary in Copley Square, featured Massachusetts Secretary of Health and Human Services JudyAnn Bigby as keynote speaker.
Obama and Romney face off in spirited debates

BY FAYE ZHENG


The three presidential debates closed with advice from Bob Schieffer’s (CBS News) mother: “Go vote, it’ll help you. Don’t vote for the big and strong.”

President Barack Obama and Governor Mitt Romney presented their domestic issues and foreign policy. Several key statements below show their differences as well as similarities.

Creating New Jobs

OBAMA: I think we’ve got to invest in education and training. I think it’s important for us to develop new sources of energy here in America, that we change our tax code to make sure that we’re helping small businesses and companies that are investing here in the United States, that we take some of the money that we’re saving as we wind down two wars to rebuild America and that we reduce our deficit in a balanced way that allows us to make these critical investments.

ROMNEY: My plan has five basic parts. One, get our energy independent, North American energy independent. That creates jobs. Two, no unfair trade, more trade, particularly in Latin America; crack down on China if and when they cheat. Three, make sure our people have the skills they need to succeed and the best schools in the world. We’re far away from that now. Four, get us to a balanced budget. And Five, champion small business.

OBAMA: No. 1, I want to build manufacturing jobs in this country again.

ROMNEY: No. 2, we’ve got to make sure that we have the best education system in the world.

Immigrants

OBAMA: First of all, this is a nation of immigrants. We welcome people coming to this country as immigrants.

Romney: Scott Brown.

China

OBAMA: America remains the one indispensable nation. And the world needs a strong America.

OBAMA: With respect to China, China is both an adversary, but also a potential partner in the international community if it’s following the rules. So my attitude coming into office was that we are going to insist that China plays by the rules as everybody else.

ROMNEY: China has an interest that’s very much like ours in one respect, and that is they want a stable world. They don’t want war. They don’t want free protectionism. They don’t want to see the world break out into various forms of chaos, because they have to manufacture goods and put people to work and they have about 20,000 — 20 million, rather, people coming out of the farms every year coming into the cities needing work.

Scott Brown

BY LING-MEI WONG

Party affiliation: Republican

Age: 53

Experience: Served since 2010, real estate attorney, town selectman and assessor.

Record in asbestos litigation. Warren has taken Brown to task for his voting record, which included votes against three jobs bills because they included tax increases.

Warren received an endorsement from Senator Barack Obama last week. While it is not surprising for a Democratic president to support his party’s candidate, few Senate candidates receive presidential approval.

Several issues highlight the differences between Warren and Brown.

Immigration

OBAMA: We’ve continued opposition to the DREAM Act at the second debate in Springfield. “I am in favor of it being a thing.”

ROMNEY: China has an interest that’s very much like ours in one respect, and that is they want a stable world. They don’t want war. They don’t want free protectionism. They don’t want to see the world break out into various forms of chaos, because they have to manufacture goods and put people to work and they have about 20,000,000, rather, people coming out of the farms every year coming into the cities needing work.

So they want the economy to work and the world to be free and open. And so we can be a partner with China. We don’t have to be an adversary in any way, shape or form.

We can work with them, we can collaborate with them, if they’re willing to be reasonable.

Now, look at them and say, Is it a good idea to be with America? How strong are we going to be? How strong is our economy? They look at the fact that over 100,000 people are unemployed, and we have $16 trillion in total income, including that. Our unemployment is 8.5%.

ROMNEY: America will be very strong.

We’ll also make sure that we have trade relations with China that work for us.

Senate race heats up between Brown and Warren

As the Massachusetts Senate race approaches on Nov. 6, it promises to be a close race between incumbent Sen. Scott Brown (R) and his Democratic challenger Elizabeth Warren.

Brown promises to be an “independent thinker,” while Warren champions the middle class and families. Two agreed on no third-party ads, but the tone of the race has gotten personal. Brown has disparaged Warren’s claims to Cherokee heritage and the DREAM Act,” she said. “We need comprehensive immigration reform.”

Jobs, Taxation

Brown’s voting record on employment was questioned by Warren.

“Sen. Brown last fall voted against three jobs bills in a row, jobs bills that would have put 22,000 people — support- ed 22,000 people — support- ed 22,000 people, in fact,” Warren said.

Commonwealth of Massachusetts — a jobs bill that would have prevented the layoffs of teachers, firefighters and other public of- ficers,” Warren said.

Brown defended himself for tax reasons. “Three jobs bills she ref- ers to, with all due re- spect, would have raised your taxes $450 billion.”

Brown staunchly opposes tax increases. “I’m not going to raise taxes. I’m going to protect the pocketbooks and wallets of everyday citizens.”

Warren favors taxing the rich and waiving tax write-offs for the middle class. Sen. Brown has voted to let taxes go up on hardwork- ing families, she said.

“He has said he will de- fend the top two percent and top three percent so that they don’t have to go back to the days of the Clinton years. And he will hold the other 98 percent of families hostage.

Women’s Rights

Warren has attacked Brown for not supporting women’s rights. “He’s had exactly one chance to vote for equal pay for equal work,” she said she in the second de- bate. “He had exactly one chance to vote for insurance coverage for birth control and other preventative services for women. He voted no. And he had exactly one chance to vote

for a pro-choice woman — from Massachusetts to the United States Supreme Court, and he voted no.”

Brown does not op- pose abortion, but did introduce an amendment that would have exempted medical workers from supplying the morning-after pill to women on religious grounds. The amendment did not pass.

Warren’s Background, Track Record

Elizabeth Warren

Party affiliation: Democrat

Age: 63


Brown maintains that Warren favors big business, due to her work for Travelers Insurance for asbestos-polluting vic- tims. Warren denies that she sought benefits from claiming benefits, but in fact sought to ensure they were fairly compensated.

The case went before the Supreme Court, with the insurance company re- quired to pay the victims millions of dollars. The ruling was later overturned in a lower court, when Warren was no longer on the case.

Brown has accused Warren for falsely claiming Native American heri- tion — and said she “got ahead” for being a minority. Warren has responded that she knew about her ancestry through family anecdotes and did not ask for docu- mentation.

Warren did mark her ancestry as Native Ameri- can, but said it did not advance her education or career.

Obama and Romney debate immigration on Oct. 26, 2012
Health

How to cook pumpkin and kale

BY ZHANGLIN KONG, MS, Registered Dietitian at Greater Boston Chinese Golden Age Center

Classic Fresh Pumpkin Pie Recipe

Filling
• 2 cups all-purpose flour
• 1 tsp salt
• 1 cup butter
• 1/2 cup cold water

Crust
• 2 cups pumpkin puree
• 1 1/2 cup packed brown sugar
• 1/2 tsp ground cinnamon
• 1/2 tsp ground ginger
• 1/2 tsp ground nutmeg
• 1/2 tsp salt

Heartwarming Winter Kale Soup
• 1 bunch kale, chopped
• 1/2 cup fresh onion, chopped
• 1/2 garlic clove, minced
• 1/2 cup pumpkin puree
• 1/2 cup canned chicken broth
1. Heat the olive oil in a large sauce pan; cook the onion and garlic until soft.
2. Stir in the kale and cook until wilted.
3. Stir in the water, chicken broth, and salt to taste.
4. Simmer soup on medium heat for 30 minutes, or until potatoes are cooked through.
5. Season with salt and pepper to taste.

DUXBURY AFFORDABLE HOUSING
Purchase Assistance Program

The Affordable Housing Purchase Assistance Program utilizes financial assistance to reduce sales prices of specific Duxbury homes currently available on the open market to affordable levels.

Applications for the program and lottery must be completed with all required income, asset, tax and pre-approval documentation and submitted by 2pm on December 11th, 2012.

Maximum Grant Amount Based on Size of Home Purchased

<table>
<thead>
<tr>
<th>1 BR</th>
<th>2 BR</th>
<th>3 BR</th>
<th>4 BR</th>
<th>5 BR</th>
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<td>$40,000</td>
<td>$75,000</td>
<td>$100,000</td>
<td>$100,000</td>
<td>$100,000</td>
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</tbody>
</table>

You can find examples of the types of homes in Duxbury that are eligible for this program here:
www.s-e-b.com/lottery/documents/TheInventory.pdf

Applications and information also available at the Duxbury Public Library at 77 Alden Street (hours M-Th 10-8, Fri 10-5) and the Town Planning Department in Town Hall.

Population tea beverage found to be free of harmful chemicals

BY JENNIFER YUE

A scrumptious beverage known as bubble tea may contain potential health risks in the tea’s tapioca pearls. However, the results were refuted by a consumer protection agency in a second study. The University Hospital of Aachen in Germany found the tapioca starch to be carcinogenic in an August study. Researchers from the Institute of Hygiene and Environmental Medicine at the University Hospital detected polychlorinated biphenyls or PCBs such as stirene, acetylphenone and brominate in the pearls. The bubble tea sampled was sold in an unnamed chain in northwest Germany, using bubbles from Taiwan. PCBs have been demonstrated to cause cancer, as well as a variety of other adverse health effects on the immune, reproductive, nervous and endocrine systems.

In response to the August study, a German consumer protection agency of Nordrhein-Westfalen tested 84 bubble tea samples and found no carcinogens. A Taiwanese manufacturer of tapioca pearls questioned the initial findings. Chun-Feng Wang, chairman of Possmecorp, denied that the company’s products contained carcinogens. He also questioned why there were no brand names or test procedures specified. The Taiwanese Food and Drug Administration said local tapioca pearls do not include PCBs. It also asked how the August test was done, as PCBs are present in water.
MYTH: Buy as much house as you can afford.

FACT: It is easy to overspend because you want the most your money can buy. However, it is not wise to max out your home budget. Generally, you can afford a house up to triple your gross annual income, or the money you make in a year before taxes. For example, if you earn $75,000 a year, you can afford up to $225,000 for a house. This is a starting point. For a complete picture, take into account other debts you may have, such as car payments, student loans, credit cards and other bills.

Tips for getting more comfortable with your surroundings

Want to know how to deal? Here are some tips to become more comfortable with your new surroundings.

1. Get out and explore! The more you become familiar with your environment the more quickly you will feel better.
2. Make some friends! Not only are you getting used to the people around you, they are getting used to you.
3. Find someone else like you! Maybe you can find someone who immi- grated just like you — or even someone who immigrated to the same country as you.
4. Find something familiar! Go to the grocery store and see if any of your favorite foods are still available. Play a game you re- member from your home country. Sing a song you remember.
5. Don’t rush yourself! Everyone adapts at their own pace. It’s OK if ad- justing takes you a relatively long time or short time.
6. Don’t base how comfortable you are on someone else’s timetable.

Want to try pluging in your own numbers? Here are two useful tools:


This calculator keeps a running tally of the month’s minimum common expenses of owning and renting, such as mortgage payments, property taxes, insurance, maintenance and utilities. It also accounts for “lost opportunity cost,” which is the return you could have earned investing your money instead of us- ing it on a down payment.


CALL TO READERS: Buying or selling and have questions? Call or email and your topic could be the next discussion. Mildred Wong is a Licensed Real Estate Agent at City Central Realty, LLC. She can be reached at 617-236-2020 or mildred@citycentralre. com. Follow her on Twitter: @GetRealMildred.
Boston faces off against New York in Food Truck Throwdown

BY JOANNE WONG

The inaugural Food Truck Throwdown pitted Boston and New York food trucks against each other at Dewey Square on Oct. 13. The 14 food trucks — seven from each city — offered a wide range of food choices, from Asian fusion to gourmet grilled cheese, and ice cream sandwiches to waffles.

“This is a great event because all the trucks are in a central location. I don’t have to track down the location of each truck and I can taste all this food in one evening,” said Huong Nguyen, a Dorchester resident. Boston’s Asian-inspired food trucks included Bon Me, which serves Vietnamese cuisine and Mei Mei Street Kitchen, a sibling-run food truck serving creative, sustainable and locally sourced Chinese-American street food.

New York’s contenders included Bian-dang, which serves Taiwanese food, and Big D’s Grub, which fuses Asian and Latin flavors in tacos. Foodies and customers who came out to the event found themselves waiting in long lines to purchase street food. To the dismay of latecomers, some menu items were sold out early.

“I budgeted $15, and ended up spending well over $30,” said Le Trinh, a West Roxbury resident. Awards were given out in nine categories. Judges included Boston City Councilor Michael Ross, Boston chef Lydia Shire and NECN personality Jenny Johnson.

Bon Me won the award for best Asian-inspired dish for its deviled tea eggs. Mei Mei Street Kitchen’s Sampan was a hit with diners, serving creative, sustainably sourced Chinese-American street food.

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A Food Aficionado

BY ANNA ING

Saus serves up Belgian street treats

Nestled on a bustling street, just steps from Union Oyster House and Faneuil Hall, is Saus. Opened during the 2008 recession by three locals ousted from their jobs, they shared a common love for Belgangian national treat of pommes frites, or French fries. Tables are squeezed together with cute Tin Tin decor in a brightly lit space, highlighting its menu of Belgian street food.

The pommes frites come in three sizes with several dipping sauces to choose from. Fries are served in a paper cone. Pommes frites are cut and fried to order, served with sauces made in-house. For our meal, we sampled the white truffle ketchup. For our meal, we sampled the white truffle ketchup.

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We tried the liege poutine, made with green beans, onion and bacon. More of the bacon flavor came through in the potato salad. The apple slaw was a refreshing blend of apples, cabbages and carrots. Saus features a good beer selection and tasty food for a good snack or small meal. The prices are middle of the road in a touristy area. Along with sandwich and salad options, the liege waffles are ideal for dessert cravings. Unfortunately, we were too full to try them. For pommes frites, Saus is the place to go.

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Our differences make us stronger.

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- Nursing
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- Radiology
- Administrative
- Laboratory
- Professional/Management

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